Intestine

R2 Chayutra Intragumheang

Stomas of the Small and Large



History

stoma originates from the Greek stomoun (opening or mouth).

intestinal obstruction.

Colostomy



In 18th century. intestinal stomas considered as method of treating



History

 Understanding of stomal physiology and of specialized enteral and improving outcome.

parenteral nutrition, the diagnosis and management of stoma-related complications, have paralleled the advances in technique significantly



History

- earlier diagnosis, improved surgical approaches, and perioperative procedures,
- (ileostomies and colostomies).
- as lower intestinal access for antegrade enemas

care, pediatric surgeons were able to safely perform more single-stage

decreasing the need for preliminary decompressing enterostomies

 increasing number of children with a variety of complex pathologies, there has been a greater demand for upper gastro-intestinal access for long-term enteral feeding (gastrostomies and jejunostomies), as well (appendicostomies, tube cecostomies, and tube sigmoidostomies).



Child with a stoma

- An enterostoma in a child is a major disruption of normality and parents.
- group are temporary
- noncorrectable and crippling pathologic conditions of the lower improved quality of life.

frequently leads to substantial psychologic trauma for the child and

However, most decompressing intestinal stomas in the pediatric age

intestinal tract, a permanent, well-functioning stoma contributes to an



Child with a stoma

- carefully evaluating the child's pathologic condition
- health status
 - weighing the pros and cons of diversion
- planning ahead (for eventual closure)



Child with a stoma

- structures, growth, physical and emotional maturity, preoperative preparation

- more than 1/2 of all stomas are placed in the neonatal period
- 1/4 in infants younger than 1 year of age

pediatric factors : anatomic and physiologic differences, delicate

quality of life of a patient with a stoma is related to the quality of stoma.



Type of Enterostomas

Applications and Considerations for Enterostomas

Administration of Feedings, Medication

- Without entering the jejunal wall : nasojejunal tube, gastrostomy-jejunostomy tube
- Access through the jejunal wall : tunneled catheter, needle catheter, T-tube, button
- Isolated jejunal loop brought directly to abdominal wall : Roux-en-Y

Proximal Decompression and Distal Feedings

- Gastrostomy and distal feeding tube : same stoma or separately.
- Double-lumen tube in dilated proximal jejunum with feeding end across an anastomosis
 - two single-lumen tubes inserted separately into divided
 - closed loops of small intestines

Antegrade Irrigation

- Appendix or other intestinal conduit brought to abdominal wall for intermittent catheterization
- Catheter, T-tube, skin level device placed in intestinal lumen

Decompression, Diversion, or Evacuation

- End stoma, single opening
- Double-barrel stoma
- End stoma with an anastomosis below the abdominal wall Loop over a small rod or skin bridge
- Closed loop with catheter or open loop with occluding valve-type device allowing controlled egress
- Special stomas such as a catheterizable pouch



-Divided intestinal segments brought directly to skin level, with pouch applied to proximal stoma and feeding catheter inserted into distal.



Type of Enterostomas

Enterostoma Exit

Proximal Stoma Through celiotomy incision Through separate opening With proximal and distal limbs close to each other With proximal and distal openings apart Multiple stomas Variations of the above

Distal Stoma

Exteriorization as mucus fistula adjacent to or separate from proximal intestine Partial closure and placement next to the proximal stoma⁹² Closure and replacement into abdominal cavity Closure after placement of a catheter for subsequent access for irrigation or contrast studies



Type of Enterostomas









Indication

- Indirect access to the jejunum
 - naso-jejunal
 - gastro-jejunal
 - adequate for short or intermediate-length nutritional support.
- Direct access to the proximal small bowel - For long term enteral alimentation - as an alternative to a gastrostomy, which is the preferred route.





Indication

- neurologically impaired children
- acute surgical problems benefiting from early enteral nutrition
 - major trauma
 - burn
 - children needing long-term supplemental feedings



- complex medical problems associated with foregut dysmotility.



Indication

 use of a segment of intestine or drainage device interposed between the gallbladder and the abdominal wall for drainage of bile
 some types of genetic cholestatic syndromes.

 other segments of the intestine, exteriorization or tube decompression
 following bowel resection when a primary anastomosis is unsafe or impossible (e.g., necrotizing enterocolitis, midgut volvulus).





Technical Aspects



generally placed in the left upper abdomen, slightly above the umbilicus

 not so cephalic as to interfere with a possible gastrostomy and/or fundoplication.



Technical Aspects

- 1. open technique
 - upper left quadrant incision.
 - ligament of Treitz is identified

 - A purse-string suture of absorbable material is place
 - The catheter or skin-level device is then brought out
 - A second purse-string suture

catheter in the abdominal wall.

to the parietal peritoneum in a watertight manner.

- the catheter or skin-level device is inserted in the antimesenteric 10 - 20 cm distal to the duodeno-jejunal junction.

- sutures alternating between the intestine and the exit site of the
- When tied, this second suture approximates the intestinal serosa



Technical Aspects





FEEDING JEJUNOSTOMY TECHNIQUE

patients but difficult in small children due to limitations by the endoscopic equipment.

- intraluminal bumper must be size appropriate.

increasing frequency in all age groups. - Bringing loop to the abdominal wall - placing a skin-level access device is simple and effective. hernias with intestinal obstruction.

- 2. Direct percutaneous endoscopic jejunostomy (PEJ) is applicable to older
- 3. Laparoscopic or laparoscopically assisted techniques are now used with

- Peristomal leakage is always a concern. An alternative intended to decrease
 - this problem is Roux-en-Y approach. But can lead to volvulus and internal



Access device choice

- depends on the type of stoma, child age.
- Non balloon, balloon

Non balloon

- because it does not obstruct the narrow lumen
- Because straight catheters can be difficult to immobilize or replace in conventional tunneled jejunostomies
- a good alternative is a T-tube for infants or other nonballoon skin-level device for older pediatric patients.









Non balloon type







Balloon-type devices are suitable for the devices are both replaceable.



FIGURE 98-2 Roux-en-Y feeding jejunostomy with a balloon-type skin-level access device.¹⁰⁸

Balloon-type devices are suitable for the Roux-en-Y loop As with a gastrostomy, these

Indication

- neonates with distal intestinal obstruction
 - long segment Hirschsprung disease
 - complex meconium ileus
 - gastroschisis with atresia.
- divert bowel contents when reestablishing bowel continuity is precluded by peritonitis, ischemia, or hemodynamic instability (e.g., neonatal necrotizing enterocolitis)

FIGU loss (nastc conti the ir supe

FIGURE 98-7 Same child as in Figure 98-6 in a sitting position. Notice the deep crease produced by the transverse supraumbilical incision. A stoma brought out through such an incision would have precluded proper use of the pouch, and a revision would have become necessary.

2. Indication for ILEOSTOMIES

 Ileal diversion used in colonic pathology ulcerative colitis, familial polyposis as temporary, protective, or, permanent stomas.

 Less common indications - other forms of inflammatory bowel disease - rare manifestations of colonic dysmotility - monitoring of the intestinal graft in patients with small bowel transplantation.

FIGURE 98-6 One-year-old boy with severe necrotizing enterocolitis with loss of distal ileum and colon down to the peritoneal reflection before reanastomosis. Liquid stools precluded earlier reestablishment of intestinal continuity. Notice the appliance mark and the appropriate distance from the incision, the umbilicus, the inguinoabdominal fold, and the right anterior superior iliac spine.

2. ILEOSTOMY

- After intestinal resection (such as necrotizing enterocolitis)
- Surgeon prefer : single-end stoma through a counter incision.
- alternative
 - -wound complications are more common.

FIGURE 98-4 Examples of options for the management of infants after intestinal resection. A, Exteriorization of proximal intestine through a counterincision and closure of distal intestine beneath the abdominal wall. B, Same procedures as in A with exteriorization of proximal end of distal intestine through the wound edge. C, Arrangement after resection of two intestinal segments.

: bring the proximal intestine through the end of the incision

• if the stoma must remain for a prolonged period of time and the child gains weight, the fold created by the laparotomy incision may interfere with fitting of the stoma appliance

2. ILEOSTOMY

Distal limb

- With a healthy distal intestine and downstream patency, the distal limb may be closed and placed intraabdominally adjacent to the proximal stoma.
- exteriorization as a mucus fistula is prudent
- use loop stoma rather than end stoma is an alternative in which the intact mesentery provides maximal perfusion.
- A double-barreled stoma is a time-honored.
- To save as much intestine as possible, the placement of multiple stomas may be necessary
- T-tube ileostomies have been useful for the instillation of liquefying solutions.

iorization of proximal intestine through a counterexteriorization of proximal end of distal intestine

2. ILEOSTOMY

- ulcerative colitis, familial polyposis Choices for a temporary protective diverting ileostomy - simple loop
 - end (distally closed) loop
 - end stoma, with the closed distal end under the fascia

Decompressing ileostomies right lower quadrant The umbilicus is a possible site for a stoma excellent choice for the distended proximal intestine in gastroschisis with atresia

APPENDICOSTOMY tube cecostomy tube sigmoidostomies

APPENDICOSTOMY, tube cecostomy, tube sigmoidostomies

motility, anal sphincter problems, and myelodysplasia

long-term access sites for antegrade intestinal irrigation in children with colonic

APPENDICOSTOMY, tube cecostomy, tube sigmoidostomies

- antegrade colonic enema (ACE) depends on the type of colonic pathology
- If normal peristalsis, right or left colon may be chosen
- If normal colonic motility, access to left colon by means of a sigmoid irrigation tube.
- if dysmotility is a concern, access to the right colon is indicated.
- If the appendix is present, it is exteriorized with or without interposition of a "valve" If the appendix is no longer available, the wall of the cecum may be fashioned into a conduit
- Exteriorizing the appendix at the umbilicus has cosmetic advantages.
- skin-level device in the cecum, especially if there is no appendix

Indication

- Diversion of fecal stream is essential in the treatment of several congenital hindgut pathologies
 - high forms of imperforate anus - late diagnosis or complicated Hirschsprung disease - complex pelvic malformations

 - colonic atresia
 - severe colonic, anorectal or perineal trauma
 - perineal burns
 - complications of malignant

colostomies are rarely permanent in children

- Most colostomies fall into three categories:
 - right transverse
 - left transverse
 - sigmoid

Transverse colostòmy

Ascending

colostomy

Descending colostomy

Sigmoid colostomy

- For infants with high imperforate anus, the high (proximal) sigmoid is the preferred
- Advantage (+)
 - main advantages are firmer stools
 - less tendency for skin excoriation
 - less tendency for prolapse
- less surface for urine absorption, less contamination of the urinary tract in male children with rectovesical fistula.

- evacuation of meconium from the often dilated distal portion of the bowel during the initial procedure.

- site is easily identified using the pelvic peritoneal reflection as a guide.

- Disadvantage ()
 - if low or mid sigmoid is inadvertently exteriorized, there may be
 - interference with the blood supply,
 - insufficient bowel length for the future pull-through.

 Although high sigmoid loop colostomy is still used, contemporary preference is for separation of the stomas, particularly in boys

FIGURE 98-8 Five-month-old child with high imperforate anus. The proximal sigmoid loop colostomy is equidistant from the umbilicus, the anterior superior iliac spine, and the inguinal fold. The original incision is only slightly longer than the stoma. Notice the raised "spur" between the two lumina, essential for proper diversion of stool.

FIGURE 98-9 Neonate with high imperforate anus. A divided proximal sigmoid colostomy was placed. The separation of the bowel ends minimizes the incidence of stoma-related problems.⁶⁷ The proximal bowel is slightly everted, and the mucus fistula is flush with the skin. (Courtesy Dr. Mark Levitt.)

transverse colon colostomy

- Advantage (+)
 - always adequate bowel length for pull-through
 - easy to mobilize
 - smaller diameter
 - no meconium
- Disadvantages ()
 - sizeable
 - The stools are looser
 - skin maceration
 - dehydration are more common
 - greater prolapse rate
 - -increased urinary tract problems
 - adequate evacuation of meconium is nearly impossible.

- children with Hirschsprung disease
 - requiring a pre-liminary colostomy
 - the best site is the dilated segment that contains normal ganglion cells
- increased.

 - most transition zones are in the sigmoid colon
 - stoma is taken down at the time of the definitive corrective operation.

is used for takedown and pull-through procedures.

- A loop colostomy is usually chosen, although the tendency for prolapse is

- If separation of the stomas is chosen, the distal intestine should not be oversewn

FIGURE 98-5 Sigmoid colostomies. A, Separated stomas. The proximal intestine is at the upper end of the incision, and the mucus fistula is at the lower one. **B**, Loop colostomy. The intestine is exteriorized over a rod or skin bridge or with the help of sutures. The circumscribing comma-shaped incision

UROSTOMIES

Indication

- ileum or colon have been used as conduits of urinary tract pathologies
- seldom used today.
- mobilized appendix, interposed between the bladder and the abdominal wall surface,
 - urinary tract dysfunctions
 - provide a catheterizable conduit to the urinary bladder.

FIGURE 98-11 Ideal sites for stomas. A, Infant. The end stoma can be brought out through a counterincision in the lower right or left quadrants. The sites marked with an "X" are unsuitable because they are too close to the rib cage, the anterior superior iliac spine, the flank, or the groin. B, Older child or adolescent. The best site for the stoma is in the mid rectus abdominis muscle in the right lower quadrant. The opposite side is an alternative. Areas marked with an "X" are unsuitable. The same sites are used with minimally invasive procedures.

- Laparotomy incisions in the lower quadrants should be avoided in patients who may eventually have long-standing or permanent stomas because uneven surface interferes with pouch adherence.

wall before any incision is made. both elective and emergency settings.

The exit site

- over convex midportion of the rectus muscle
- overweight children have deep creases of the abdominal wall.

site of the stoma and possible alternatives should marked on the abdominal

- away from the incision, umbilicus, bony prominences, and skin folds.

- opening should wide enough to allow passage of ileum without interfering blood supply.

- bowel is secured intraperitoneally to avoid torsion and internal hernias and then secured with fine absorbable sutures to the rectus sheath.

matured ileostomy must protrude 2 cm or more (proper pouch fixation) Stomas in neonates, particularly for NEC, should not be matured because this will interfere with the already tenuous blood supply.

- delicate sutures of a synthetic absorbable material.
- antibacterial ointment is applied, and dressings are avoided.
- In infants, the mucosa grows rapidly over the exteriorized serosal surface.
- Deep, full-thickness sutures in the bowel should be avoided tissue, which will interfere with stoma pouch adherence.

exteriorized end of the stoma is simply anchored to the skin with four

because they may cause a fistula from the lumen to the peristomal

- preferred colostomy, ileostomies is lower left quadrant.
- The most common site problem, particularly in newborns, is the folds.
- to leakage.

stoma is placed too caudally, close to the inguino-abdominal skin

When flexes hips, tend to lift the edges of the stoma appliance, leading

- To avoid excessive narrowing of the stoma, an appropriately sized Hegar dilator or catheter is inserted into the intestinal lumen at the time of wound closure.
- End colostomies should only protrude slightly. • With a loop stoma
- the incision is the length of that loop or only slightly longer. a temporary catheter is placed through the mesentery of the[®] selected segment which is then lifted above the level of the skin.
- Triangulating sutures approximate the two limbs to each other and to the peritoneum on both sides to prevent internal hernias.
- The full circumference of the intestine is then attached to the peritoneum and fascia.
- Sutures lift the posterior bowel wall above the skin level.
- The intestine is opened longitudinally, and the edges everted.

nies. **A,** Separated stomas. The proximal intestine is at the upper end of the incision, and

FIGURE 98-8 Five-month-old child with high imperforate anus. The proximal sigmoid loop colostomy is equidistant from the umbilicus, the anterior superior iliac spine, and the inguinal fold. The original incision is only slightly longer than the stoma. Notice the raised "spur" between the two lumina, essential for proper diversion of stool.

imperforate anus

flushed out at the time of colostomy placement. This is important to avoid formation of a fecaloma.

Hirschsprung disease

- construction of the loop stoma must be meticulous
- tightening of the distended intestine to decrease the prolapse.
- Rods or skin flaps placed under the loop are unnecessary if an appropriate "spur" between the two openings was created.

the distal, meconium-filled segment of intestine is evacuated and

To facilitate subsequent takedown

- without interfering with the pouch.
- metallic clip also helps with radiographic identification of the proximal end of the distal bowel and its patency when a barium children with necrotizing enterocolitis.

when exteriorizing both ends : should be kept as close as possible

 If the distal limb is placed underneath the abdominal wall: it is tagged with a nonabsorbable suture or a metallic clip and placed as close as possible to the exiting stoma to simplify identification at reanastomosis. enema is performed before reestablishment of bowel continuity in

the hospital and on subsequent follow-up visits.

stoma appliances

- disposable and reusable pouches for all ages and sizes, even the smallest premature infants.
- Skin barriers
- adhesives
- powders
- odor control solutions

Parents, older children, must be taught and reassured before leaving

- appliances should remain in situ for 3 days is a reasonable expectation.
- Two basic types of pediatric appliances:
 - one-piece pouching system
 - two-piece system
- The skin barrier is cut to the proper stoma size

Candidiasis

- common problem in the parastomal skin
- irritation.

skin excoriation

- skin expose to air
- synthetic barrier is applied.
- A hair dryer can be useful. **Mild stomal bleeding**
- usually self-limiting.
- Excision and/or application of silver nitrate may be necessary to control

- local antifungal medication should be used at the earliest sign of

granulation tissue around the mucosa-skin interface in the early stages.

- Remaining sutures should be removed.
- **Routine dilatation** of stomas is not recommended. Malfunctioning stomas often require early takedown or revision before more serious complications occur.
- Occasional irrigation of the distal intestine can be useful and help eliminate malodorous mucus plugs.
- Dietary and select pharmacologic manipulations are helpful in producing firmer stools.
- Children with high ileostomies must be carefully monitored to prevent electrolyte imbalance and insufficient nutrient absorption.

Timing of closure

- depending on the underlying condition, health status
- presence / absence of stoma-related complications.
 The more proximal the stoma, the earlier it should be closed to decrease metabolic complications.
- Children who previously underwent resection because of ischemic intestine must have a preoperative contrast study of the distal segment to rule out strictures or complete luminal obstruction.
- Reestablishment of small bowel continuity does not require intestinal preparation.

Takedown of a colostomy

- preceded by antegrade intestinal irrigation, supplemented by conventional enemas.
- perioperative IV ATB are routinely administered
- Good exposure with full mobilization of the intestinal ends is important.
 Although extraperitoneal closure has been used in children, it is not
- Although extraperitoneal closure recommended for routine use.

Intestinal anastomoses

- a single-layer technique
- fine interrupted sutures
- absorbable suture material
- Primary wound closure is generally safe
- Early post-operative feeding after colostomy closure is encouraged.

- Complication rates that often reach and sometimes exceed 50%
- the patient's underlying disease, particularly in malnourished, neurologically impaired children.
- than colostomies (fluid, electrolyte, and absorption losses.)
- stomas
- colostomies

Complications of enterostomas used for feeding are often accentuated by

Stomas used for evacuation of the small intestine have higher morbidity

Transverse colostomies are more prone to complications than are sigmoid

in several series, divided colostomies have been preferred over loop

TABLE 98-3

Common Complications of Enterostomas

Prolapse Stricture Retraction Wound separation, dehiscence Wound infection, postoperative sepsis Parastomal hernia Intestinal wall separation or perforation with catheter change Exteriorization of wrong intestinal segment or end Intestinal obstruction (adhesion, internal hernia) Intestinal torsion with ischemia **Fistula formation** Perforation by feeding or irrigating catheter Poor appliance fitting and leakage Psychological trauma Skin excoriation, candidiasis, dermatitis Mucosal excoriation and bleeding Granulation tissue of mucosa-skin interface Variceal bleeding with portal hypertension Electrolyte imbalance Acidosis (caused by urine absorption in the distal loop of intestine) Fecal impaction (in the distal loop of intestine)

Prolapse

- The incidence > 20%
- more common if the distal loop is exteriorized.

- Minor prolapse : still functional.
 - apply of table sugar
 - ionized salt crystals
 - hyaluronidase
- hypertonic saline injections effectively diminish bowel edema osmotically.
- <u>Major prolapse</u> : cyanotic, dusky, may totally occlude the stomal orifice.
 - requires prompt attention, for intestinal reduction.
 - external devices
 - modified purse-string suture techniques

- placement of U-shaped stitches from the lumen of the reduced intestine through the abdominal wall over pledget, prevent the suture from cutting through.

Stricture

- mild, may respond to dilatation.
 - if proximal intestine begins to dilate, revision is advisable.

 - If more complex / parastomal hernia is present Use a counterincision or laparoscopic repair.

- incising all layers around the strictured stoma and bringing out healthy bowel.

Retraction

- may lead to skin-level stricture and obstruction
- retraction of a loop stoma
 - interferes with proper evacuation - filling of the distal intestinal loop with stool.

Stomal bleeding

- rare
- portal and systemic circulations at the level of the stoma are vulnerable
- may result in drops in hemoglobin levels.
- correction of a coagulopathy,
- direct pressure
- suture ligation

- application of hemostatic substances. - Tranexamic acid, antifibrinolytic amino acid, has been reported to stabilize formed clots and reduce rebleeding.

serious in children on long-term parenteral nutrition with liver dysfunction leading to portal hypertension. The varices developing between the

Intestinal obstruction from adhesions or internal hernias

occur at any time, even in the immediate postoperative period.

as mediate postoperative period.

Intestinal reanastomosis

- high rate of complications,
 - mostly wound infection
 - dehiscence
 - fistula formation
 - intestinal obstruction.
- of intestinal continuity is contemplated.
 - poor timing
 - inadequate bowel preparation
 - technical errors
 - improper choice of suture material
 - excessive use of the electrocautery
 - Malnourished, anemia
 - on corticosteroids are at greatest risk for complications.

factors contributing to morbidity, should be corrected before reestablishment

