

March 2nd, 2009

Dear Coach:

Sincerely,

Warren High School will be hosting the 23rd Annual Scenic Hills Lions Club Cross Country Invitational on **Saturday, September 5th, 2009**. The high school invitational will begin at 10 AM with the junior high races to follow (see enclosed meet information for schedule). We will run the same course as in 2008 that is almost entirely on grass with a few very brief road crossings and combines open fields, trails, and 2 small creek crossings. Preliminary information has been included for your review.

For specific course information, a website with meet information including course maps, course photos, elevation charts, and other information is available. The URL is http://oak.cats.ohiou.edu/~hoffmar1/homemeet.html. Results from the past 2 years can be found at Baumspage.

If you would be interested in entering your team, or receiving further information as it becomes available, please detach and return the information sheet below to me. Once we receive your interest form below, we will make sure you receive all the necessary information you need to submit entries and other meet logistics.

Richard Woffma		
	es, we are interested in entering the lassic Cross Country Invitational on	following teams in the Warren High School Scenic Hills Lions Saturday, September 5 th , 2009.
HIGH SCHOOL BOYS TEAM		HIGH SCHOOL GIRLS TEAM
JUN	IOR HIGH SCHOOL BOYS TEAM	JUNIOR HIGH SCHOOL GIRLS TEAM
SCHOOL:		COACH:
SCHOOL ADDR	ESS:	
PHONE (W):		(H):
FAX:		EMAIL:
RETURN TO:	Cross Country Coach Warren High School	

OR email the above information to: hoffmar1@ohio.edu

Vincent OH 45784. FAX: 740-678-2378

23rd Annual Scenic Hills Lions Club Cross Country Invitational

Date: Saturday, September 5, 2009 Location: Warren High School, Vincent, OH.

Website: Meet and course information is available at http://oak.cats.ohiou.edu/~hoffmar1/homemeet.html

Schedule: 9:00 AM TOUR THE COURSE

10:00 AM HIGH SCHOOL GIRLS RACE 10:45 AM HIGH SCHOOL BOYS RACE 11:30 AM JUNIOR HIGH GIRLS RACE 12:00 PM JUNIOR HIGH BOYS RACE

Entry Fee: *High Schools*: \$50 per team – boys and girls teams are separate. If less than 5 runners on a team, entry fee will be \$4 per runner. *Junior High/Middle Schools*: \$10 per team - boys and girls teams are separate. If less than 5 runners, entry fee will be \$2 per runner.

Please make checks payable to **WARREN HIGH SCHOOL**. Checks can be mailed to the Cross Country Coach or Athletic Director at Warren High School or checks/cash can be brought the day of the race.

Entries: Unlimited entries per team. Entries and scoring will be done by computer. Please see attached information on instructions on how to enter your teams through www.Baumspage.com. There will be no race day entries. Entries will be sent back to you for review prior to race day so any changes that need to be made can be done in advance of race day.

changes that need to be made can be done in advance of race day.

Awards: Top 2 teams, top 20 individuals in varsity races. Top 2 teams and top 15 runners in junior high races. Awards and results will be distributed after the junior high races are complete at approximately 1:30 PM at the Warrior Pavilion adjacent to the stadium.

Scoring: Top 5 runners score, 6th and 7th runners displace. Individuals on incomplete teams and additional runners beyond seven per team excluded.

Course: The course will start and finish in front of Warren High School and consists of open fields and wood chip trails and is 99% on grass. There are seven very brief road crossings. There will be two small creek crossings. Spikes can be worn. Maps will be available race day and online.

Facilities: Restroom facilities will be available near the start/finish line and at the stadium. We ask that your athletes please refrain from entering the school buildings.

Trainers: Athletic trainers will be available throughout the day. Water and ice will be available.

Parking: Bus parking will be available adjacent to the starting area and in the lot next to the stadium. Spectator parking will be available in the same lot. The cost will be \$5 per car. Please announce to your parents and supporters.

Results: Complete results will be available as quickly as possible after the completion of the races and available at the awards presentation. Results will be emailed and can also be faxed upon request. Results will also be posted on www.baumspage.com.

T-shirts: T-shirts will be available the day of the race. More information on the cost will be sent along with the entry instructions and other updates.

Questions: Rich Hoffman 740-989-2650 (home); 740-593-2327 (work); email at hoffmar1@ohio.edu Athletic Director - Jim Pifer, 740-678-2393.

Directions: FROM ROUTE 7 NORTH: Take the Exit off Route 7 marked Beverly/Rt. 339. Turn LEFT onto 339. You will see a Park &Ride lot just past the underpass. Travel on 339 for approximately 10 miles. When you are close to the school, you will see a Napolis restaurant on the left. Continue on 339 for approximately another 1/2 mile. The school will be on the right across from the Silver Moon Diner/Subway on the left and the Post Office on the right. TURN RIGHT. This is County Road 804, also marked as Warrior Drive. You will also see Barlow-Vincent Elementary on your right.

FROM ROUTE 60 SOUTH: At Beverly, turn Right onto State Route 339. Travel on 339 for approximately 10 miles. When you get to Barlow, you will come to an intersection with a blinking light. Go through this light approximately 1 mile. You will see the Silver Moon Diner/Subway on the right and the Post Office on the left. This is County Road 804, also marked as Warrior Drive. You will also see Barlow-Vincent Elementary on your left. TURN LEFT.

FROM I-77 South, EXIT 6 AT MARIETTA: *The trip from Exit 6 will take 20-30 minutes, depending on traffic.* Turn RIGHT when coming off the interstate at Exit 6. This exit is marked as SR 821/Lower Salem. Follow this road until it dead-ends at a stoplight at Muskingum Drive/Rt. 60 and the Muskingum River. Turn LEFT onto Rt. 60 and follow through town to Washington St. There will be 4 stoplights. The 4th one is at Washington St. You will see signs for Rt. 7 South there. Turn RIGHT. Follow Washington St across the bridge over the Muskingum River. Continue on this road (now called Ft. Harmar Drive) until you come to the intersection of Rt. 7 & 550. This is just past a "flea market" called Rinky Dink's on the right. Turn RIGHT onto Rt. 550 and stay on it for approximately 11.5 miles. When you get to Barlow, you will come to an intersection just before you see a blinking light. This intersection will have a church and Seaman's Store to your right and an insurance agency to your left. Turn LEFT onto Warrior Drive. Drive approximately 1 mile and you should see Warren High School to your left. Proceed to the second school drive (at the bottom of the hill) and turn LEFT.

Online Entry Form Instructions 2009 Scenic Hills Lions Club Cross Country Invitational hosted by Warren High School September 5th, 2009

As we did last year, we are going to utilize online registration through Baumspage this year so please submit your rosters according to the instructions on the attached page no later than August 31st by 7:00 PM.

Entry window opens: 8:00 AM, Monday, August 17th

Entry Window will close precisely at 7:00 PM on Monday, August 31st

- 1. Rosters must be submitted through Baum's Page Online Entry System before the entry deadline.
 - a. Late entries will not be accepted! Or if accepted, they will be subject to a Late Entry Penalty.
 - b. Race entries will not be accepted race morning make sure you enter EVERYONE who might possibly run.
 - c. You will receive a confirmation email please review to ensure that everyone who may run is listed.
- 2. Go to www.baumspage.com, browse to Cross Country, then Scenic Hills Lions Club Invitational, and the Online Entry Form.
 - a. Click the **Help** link and print **Online Entry Instructions for CC** if you need detailed instructions.
 - b. All User Accounts are deleted every summer so everyone will need to Apply/Re-Apply for an account for the current school year.
 - c. Use Apply to create your account. Select School and one Sport from the drop-down menus.
 - d. Use **Add/Drop Teams** after login to add additional teams to the same account.
- 3. Use Add/Modify Athletes to enter your athletes and Submit Event Rosters to enter them in a meet.
 - a. Include everybody that could possibly compete! Submit a complete roster before entry deadline!!
 - b. If an athlete on your roster is definitely going to miss the meet, check the **Not Participating** box before you submit.
 - c. Click **Save/Submit and Print Roster** to save entries and **Printable Roster and Confirmation Form** button to print a copy for you records. *Only the athletes listed are entered in the event!
- 4. If there are any problems with the Online Form, click the Help link and submit a Help Request.
 - a. Please allow up to 24 hours for a response! * Most responses will be in less than 8 hours.
 - b. Send e-mail to help@baumspage.com or call Gary Baumgartner at 513-424-6201or Terry Young at 740-753-0561 if you need immediate help.

Create your account early and submit a complete roster online before the entry deadline!

Include everyone that could possibly compete!
