

## What Else Can I Do?

- Download the Anti-Filicide Toolkit at <u>autisticadvocacy.org/anti-filicide</u>. This toolkit is intended to provide advocates and allies with concrete tools and resources to use in their own communities, including in response to local incidents. The toolkit includes information about how to understand and respond to filicide, frequently asked questions about filicide, and a guidebook for Day of Mourning vigil site coordinators.
- **Connect with your local ASAN chapter.** To find out if there's a chapter near you, visit <u>autisticadvocacy.org/chapters</u>. You can also sign up for national action alert emails from the ASAN website.
- **Educate yourself and others** about abuse, domestic violence, hate crimes, and bias against people with disabilities.
- Challenge ableism (anti-disability bias and prejudice) everywhere you see
  it. Challenge the idea that it is better to be dead than disabled, that disabled
  people are a drain on society, that disability means suffering, and that disabled
  lives are not worth living. Promote inclusion, community integration, and
  acceptance.
- Familiarize yourself with crisis support numbers and resources for your region.