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Empathy and mirroring: Husserl and Gallese Dan Zahavi (Center for Subjectivity Research, University of Copenhagen) dza@hum.ku.dk

Back in 1994 I defended my doctoral dissertation on Husserl und die tran- $\mathbf{5}$ szendentale Intersubjektivität with Bernet as my supervisor. One of the 6 central claims in this early work of mine was that Husserl's distinct con-7 tribution to a phenomenology of intersubjectivity - in particular when 8 compared to later phenomenologists - was to be found in his analysis of 9 the constitutive significance of intersubjectivity, and that Husserl's ma-10 ture phenomenology could consequently be seen as an explicit defence of 11 what might be called an intersubjective transformation of transcendental 12philosophy. By focusing on constitutive intersubjectivity I more or less 13stayed clear of a question that had preoccupied much of the secondary 14literature on Husserl's phenomenology of intersubjectivity up to then, 15namely the question of whether Husserl's concept of empathy implied a 16 direct or mediated access to others (cf. Zahavi 1996, 15). 17The focus of my current contribution will be on Husserl's theory of 18

18 The focus of my current contribution will be on Husserl's theory of 19 empathy. My reason for choosing this topic is not merely a wish to fill what 20 some might see as a lacuna in my earlier work, but is also and primarily 21 motivated by the fact that there in recent years has been a renewed interest 22 in the topic. Interestingly, and perhaps also slightly surprisingly, the impe-23 tus for this interest stems from empirical research, and from the discovery 24 of the so-called "mirror neurons", i.e., neurons which respond both when a particular motor action, say grasping an object with the hand, is performed
by the subject and when the subject observes the same goal-directed action performed by another individual. To illustrate, let me provide a few
examples:
The subject and meaning and fails "semicircle are formation," of the

• Though warning against any facile "empirical confirmation" of phenomenology Jean-Luc Petit, in an early article from 1999, claims that the discovery of the mirror neurons amply justifies Husserl's view "that our empathic experience of the other is an internal imitation of the movement accomplished by the other" (Petit 1999, 241).

In a 2001 paper Evan Thompson suggests that "the mirror neuron findings support Husserl's position that our empathic experience of another depends on one's 'coupling' or 'pairing' with the other" (Thompson 2001, 9), rather than on various inferential processes.

• In a paper entitled "Phenomenology, Neuroscience, and Intersub-14jectivity" published in 2006, Ratcliffe argues that interesting parallels can 15be drawn between the mirror system and claims found in Husserl (2006, 16 341). According to Ratcliffe, the core of Husserl's proposal is that empathy 17 involves a pre-reflective, non-inferential "analogizing apperception" which 18 is achieved through a passive "pairing" of certain aspects of self and other, 19and as he continues, work "on mirror neurons can lend some support to 20Husserl, by illustrating what such a relation might consist of and how it is 21possible" (Ratcliffe 2006, 348). 22

• Finally, to just mention one further example, in a 2008 paper, De 23Preester writes that it is easy to translate the core of the mirror neuron 24hypothesis - that we understand actions when the visual representation 25of the observed action is mapped onto our motor representation of that 26action - into a "Husserlian terminology: the visual perception of the body 27of the other is mapped onto our own kinaesthetic representation, or the 28Körper is mapped onto the Leib (and receives the latter's status). Thanks to 29this identification, an understanding of the other arises" (De Preester 2008, 30 139). 31

The aim of the following contribution will be to reconsider Husserl's account of empathy in order to assess whether this link to neurophysiology is warranted. Is it really true that "the neurological discovery of mirror 1 neurons is of eminent importance for the phenomenological theory of

2 intersubjectivity" (Lohmar 2006, 5).

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Before turning to Husserl, however, let us first take a look at the work
of Vittorio Gallese, one of the principal defenders of the mirror neuron
hypothesis.

1. Embodied simulation and mirroring

In order to survive and prosper in a complex society, we need to be able to 7 recognize, understand and respond to others. But how do we accomplish 8 that? The traditional answer in cognitive science has been that we employ a 9 Theory of Mind. According to one popular model, mental states attributed 10 to other people are conceived of as unobservable, theoretical posits, invoked 11 to explain and predict behavior in the same fashion that physicists appeal 12 to electrons and quarks to predict and explain observable phenomena. 13 According to Gallese, however, recent findings in neurobiology suggest that 14 our capacity to understand others as intentional agents might draw on other 15and more primitive sources than various linguistic and mentalistic abilities, 16namely those involving mirror neurons (Goldman & Gallese 1998, Gallese 172001, 34, 2009, 522). Empirical studies have shown that there are neurons in 18 the premotor cortex that are activated not only when the subject executes 19goal directed actions, but also when the subject observes similar actions 20performed by other individuals (Gallese 2001, 35). By contrast, neither 21the sight of the object alone or of the agent alone is effective in evoking 22the neuronal response. Why? The interpretation put forth by Gallese and 23colleagues is that action observation and in particular action understanding 24implies action simulation (Gallese 2001, 37). When we observe an action, 25our motor system becomes active as if we were executing the very same 26action that we are observing, that is, we simulate the action. And our 27ability to understand observed behavior as intentional, as mind-driven, is 28precisely dependent upon this link between observed agent and observer. 29In order to understand the action, the presence of the visual information 30 is deemed insufficient. Rather, the motor schema of the observer has to 31be involved. That is, the observer must rely on his or her own internal 32

motor knowledge (provided by the mirror neurons) in order to translate
the observed movement, "in principle, devoid of meaning for the observer
- into something that the observer is able to understand" (Gallese 2009,
520-521). I understand the action of the other because it is an action I could
perform myself. If the observed behavior of the other cannot be matched
onto the observer's own motor repertoire, the goal cannot be detected and
understood (Gallese 2001, 36).

Gallese isn't merely arguing that action understanding relies on mirror-8 resonance mechanisms. He ultimately claims that all kinds of interpersonal 9 relations including action understanding, the attribution of intentions, and 10 the recognition of emotions and sensations rely on automatic and uncon-11 scious embodied simulation routines (Gallese 2003a, 517). The very same 12neural substrate, which is activated when we execute actions or subjectively 13experience emotions and sensations, is also activated when we observe 14somebody else act or experience emotions and sensations. So, when we en-15counter somebody, and observe their actions, or their displayed emotions 16 or sensations, we don't just see them. In addition to the sensory informa-17 tion we receive from the other, internal representations of the body states 18 associated with the other's actions, emotions and sensations are evoked in 19us, and it is "as if" we were doing a similar action or experiencing a similar 20emotion or sensation. It is because of this automatic, non-predicative and 21non-inferential embodied simulation mechanism, it is because the activa-22 tion of these neural mechanisms allows us to share actions, intentions, 23feelings and emotions with others, that we are able to understand others 24(Gallese 2001, 44-45, 2009, 527). It is against this background that Gallese 25defines empathy as involving a form of simulation (Gallese 2003a, 519), and 26argues that it allows for a direct experiential understanding of others, one 27that doesn't rely on cognitive operations or conceptual reasoning (Gallese 28et al. 2004, 396). 29

Gallese has been interested in the early discussions of empathy, and he refers favorably, not only to Lipps' discussion of inner imitation (Gallese 2003a, 519), but also to Stein's account, and to Husserl's and Merleau-Ponty's understanding of intersubjectivity (Gallese 2001, 43-44). Indeed, Gallese is quite explicit in arguing that his own notion of embodied sim-

ulation is akin to and a further development of the phenomenological 1 proposal (Gallese et al. 2004, 397). More specifically, Gallese repeatedly 2 makes use of Merleau-Ponty's notion of "intercorporeity," which he takes 3 to refer to the mutual resonance of intentionally meaningful sensorimotor 4 behaviors (Gallese 2009, 523). He also, however, refers to Husserl's discus-5sion of empathy in Ideen II and Cartesianische Meditationen, where Husserl 6 claims that the lived body is the constitutive foundation of any perception, 7 the perception of others included, and argues that we on Husserl's account 8 don't have to employ anything like an inference from analogy in order 9 to understand that others are similar to us (Gallese 2005, 39, 2008, 774). 10 Likewise, Gallese mentions Husserl's notion of "Paarung" and sees that as 11 exemplifying the idea that "the self-other identity at the level of the body 12enables an intersubjective transfer of meaning to occur" (Gallese 2003b, 13 175). 14

According to the embodied simulation view defended by Gallese, min-15dreading typically involves an attempt to replicate, imitate or simulate the 16 mental life of the other. But in contrast to the standard account of simula-17 tion theory, as it has been developed by Goldman, Gallese primarily sees 18 the simulation as automatic, unconscious and prelinguistic, and he argues 19that intercorporeity is more fundamental than any explicit attribution of 20propositional attitudes to others and that it remains the main source of 21knowledge we directly gather about others (Gallese 2009, 524). 22

To sum up, and to quote another mirror neuron theorist, the discovery of the mirror neurons has not only for the first time in history provided a plausible neurophysiological explanation for complex forms of social cognition and interaction (Iacoboni 2009, 5). Mirror neurons also seem to explain why, "existential phenomenologists were correct all along" (Iacoboni 2009, 262).

29 2. Imitation and empathy: Lipps and Gurwitsch

A noteworthy feature of Gallese's reference to the tradition is his somewhat
indiscriminate reference to Lipps and the phenomenologists. As we shall
see in a moment, Lipps does indeed frequently talk of empathy in terms

1 of an inner imitation, but whether his account is in accord with the views 2 found in phenomenology is more controversial. Or to put it more bluntly,

3 his account was in fact one from which all the phenomenologists to varying

4 degrees distanced themselves.

Lipps' theory underwent several changes in the course of his writings. 5In the following I will only discuss the brief and concise account we find 6 in his 1907 article "Das Wissen von fremden Ichen."¹ In this article, Lipps 7 argues that our knowledge of others is a modality of knowledge sui generis, 8 something as irreducible and original as our perceptual experience of ob-9 jects or our memory of our past experiences. It is a novum that in no way 10 can be explained by or reduced to some kind of analogical inference (Lipps 11 1907, 697-698, 710). In fact, Lipps launches a comprehensive - and quite 12successful - attack against the argument from analogy. He emphasizes the 13role of expression and argues that gestures and expressions manifest our 14emotional states, and that the relation between the expression and what 15is expressed is special and unique, and quite different from, say, the way 16 smoke represents fire (Lipps 1907, 704-5). 17

So far, much of what Lipps has had to say found approval among 18 later phenomenologists - indeed many of his points against the argument 19from analogy reappear in various forms in Scheler's Wesen und Formen der 20Sympathie -, but the phenomenologists would be quite suspicious of his 21own positive account. Lipps argues that we have a tendency to reproduce 22 a foreign gesture of expression when we see it, and that this tendency 23also evokes the feeling normally associated with the expression. He talks 24of this process as being instinctual in character. He speaks of an instinct 25of empathy, and argues that it involves two components: a drive directed 26towards imitation and a drive directed towards expression (Lipps 1907, 27713). It is the feeling in myself evoked by the expression which is then 28attributed to the other through projection. It is projected into or onto 29the other's perceived gesture, thereby allowing for a form of interpersonal 30 understanding (Lipps 1907, 717-19). Why is projection involved? Because 31

¹For a detailed discussion of how the concept of empathy was employed by Lipps and contemporary psychologists and philosophers like Siebeck, Volkelt, Witasek and Groos, see Geiger 1911.

on Lipps' account, we only know of anger, joy etc. from our own case. Theonly mental states we have experiential access to are our own.

How did the phenomenologists receive this proposal? Gurwitsch ar-3 gued that Lipps' theory of empathy despite its explicit criticism of the 4 argument from analogy still belong to the same class of theories (Gur-5witsch 1979, 20). It still accepts the following basic assumption, that what 6 we strictly speaking can be said to perceive is physical qualities and their 7 changes, say, a distortion of facial muscles, and that this perceptual input is 8 psychologically meaningless. It is only by animating what is phenomenally 9 given with what we know from our own case that we come to know that 10 something mental is given at all. It is only by drawing on our own inner 11 experience that we are able to move from the input to the actual ascription 12of mental states, say, joy or happiness, to others. By contrast, for Gurwitsch 13 the phenomenological alternative is to insist that the phenomenally given, 14namely the expressive phenomena in question, already provides us with 15access to the mental life of others (Gurwitsch 1979, 32, 56).¹ Gurwitsch 16 also observes that Lipps' appeal to instinct is unsatisfactory in that it sets 17 aside the job of analysis (Gurwitsch 1979, 20). The most pervasive criticism, 18 however, is directed at Lipps' claim that (inner) imitation constitutes the 19basis of empathy. As Gurwitsch sees it, Lipps takes knowledge about the 20mental life of someone else to paradigmatically be a question of being 21infected by that life (Gurwitsch 1979, 24). But if someone is infected by 22 a certain feeling, he has that feeling, and for someone to have a feeling 23oneself and to know that another has it are two fundamentally different 24things (Gurwitsch 1979, 25). The former event does not per se entail either 25knowledge about the origin of the feeling, or knowledge about the simi-26larity between one's own feeling and that of the other, in fact, it doesn't 27lead to the mental life of the other at all. To put it differently, rather than 28explaining empathy, that is, empathy understood as an experience of the 29minded life of others, Lipps' account is better geared to handle something 30

¹It should be noted though, and this is an aspect of Gurwitsch's proposal that I will be unable to pursue further in this context, that Gurwitsch ultimately questions whether an understanding of expressive phenomena constitutes the most fundamental dimension of social cognition. In his view, such an understanding is founded on a more fundamental conviction about the existence of others (Gurwitsch 1979, 32-33).

1 like motor mimicry or emotional contagion.¹ There is consequently, as Stein

2 puts it, a discrepancy between the phenomenon to be explained and the

3 phenomenon actually explained (Stein 1989, 23).

3. Husserl

a. the preoccupation of a lifetime

6 It is now time to turn to Husserl in more detail. Before I can commence

the assessment of whether or not Gallese' proposal is in accordance with
Husserl's phenomenological account of empathy, I need to make a number

9 of preliminary remarks in order to set the stage properly.

First of all, Husserl's discussion of empathy is not restricted to a few 10 select publications of his, say Ideen II or Cartesianische Meditationen. Rather 11 the most thorough treatment is obviously to be found in the research 12 manuscripts contained in Husserliana XIII-XV, that is, in the three volumes 13 on phenomenology of intersubjectivity. The timespan of these manuscripts 14 covering the period from 1905 to 1937 makes it clear that empathy was a 15topic that Husserl worked on during most of his philosophical career. It is 16therefore also not surprising that many of his other works contain remarks 17and reflections on empathy. This includes not only works such as Die 18 Krisis, Formale und transzendentale Logik, Phänomenologische Psychologie, 19or more recently published Husserliana volumes such as Einleitung in 20die Philosophie, Einleitung in die Ethik, Transzendentaler Idealismus or Die 21 Lebenswelt, but also and perhaps slightly more surprisingly even works 22such as Logische Untersuchungen and Ideen I. 23That Husserl remained preoccupied with the issue and considered it to 24be of particular importance is indicated by the fact that he chose to dwell 25

on it in his very last lecture course, which he gave in the winter semester of
 1928/29, and which carried the title "Phänomenologie der Einfühlung in

28 Vorlesungen und Übungen." But of course, the fact that he kept returning

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¹Stein is also known for criticizing Lipps for conflating empathy (*Einfühlung*) with a feeling of oneness (*Einsfühlung*), i.e., of taking empathy to involve a complete identification of observer and observed. More recently, however, Stueber has argued that this specific criticism of Stein is based on a too uncharitable interpretation of Lipps' statements (Stueber 2006, 8).

1 to the issue also suggests that it continued to remain a problem for him, and

that he was unable to reach a definite and (to his own mind) fully satisfyingsolution.

For this very reason, the aim and scope of the following analysis will necessarily have to be limited. It will be impossible in a single article to give an exhaustive analysis of Husserl's theory of empathy. Indeed, there might not even be one single coherent theory, rather during the years Husserl pursued different directions. In the following, however, I will mainly focus on ideas and themes that I take to be particularly prominent and pervasive.

This is the first preliminary point I need to make. The second concerns 10 an additional restriction. Husserl's investigation of empathy is compli-11 cated by the fact that two different research agendas are frequently inter-12twined. As Kern points out in his introduction to Zur Phänomenologie 13der Intersubjektivität III apropos the specific presentation that Husserl 14offered in Cartesianische Meditationen: "Handelt es sich um die reflexiv-15philosophische Fundierung (Begründung) des transzendentalen Fremden 16 und das transzendentale Verhältnis von eigener und fremder Monade oder 17 um die konstitutive Analyse der Fundierung (Motivation) der "natürli-18 chen", "weltlichen" Einfühlung? [...] Die fünfte Meditation vermengt 19diese beiden Gedankenlinien" (Hua 15/xix-xx). That Husserl's main in-20terest in intersubjectivity was motivated by transcendental philosophical 21concerns is a claim I have defended in extenso elsewhere (Zahavi 1996). In 22 this context, it is merely important to remember that this transcendental 23interest also manifests itself in his analysis of empathy. This is why Husserl 24in § 62 of Cartesianische Meditationen criticizes Scheler for having over-25looked the truly transcendental dimension of the problem, namely the fact 26that intersubjectivity is involved in the very constitution of objectivity. Or 27as he puts it, only constitutive phenomenology will provide the problem of 28empathy with its true sense and proper method (Hua 1/173). A theory of 29empathy consequently has far greater implications than one would expect. 30 It has ramifications for a transcendental theory of the objective world (Hua 31 15/5). But important as this dimension of the problem might be, it is one 32l will by and large ignore in the following. My focus will squarely be on 33 the problem of how we experience others, since it is on this level that any 34

- 1 meaningful comparison with the proponents of embodied simulation must
- 2 be situated.

3

b. Empathy and perception

In Phänomenologische Psychologie Husserl wrote as follows: "Die Intentio-4 nalität im eigenen Ich, die in das fremde Ich hineinführt, ist die sogenannte $\mathbf{5}$ Einfühlung" (Hua 9/321). One of the recurrent questions that kept pre-6 occupying Husserl was how to understand the intentional structure of 7 empathy. On Husserl's standard model, we have to distinguish between 8 signitive, pictorial, and perceptual ways of intending an object: I can talk 9 about a blossoming peach tree which I have never seen, but which I have 10 heard is standing in the backyard, I can see a detailed drawing of the peach 11 tree; or I can perceive the peach tree myself. Similarly, I can talk about 12 how fantastic it must be to fly in helicopter, I can see a television program 13 about it; or I can experience it myself. For Husserl these different ways of 14 intending are not unrelated. On the contrary, there is a strict hierarchical 15relation between them, in the sense that the modes can be ranked according 16to their ability to give us the object as directly, originally and optimally 17as possible. The object can be experienced more or less directly, that is, 18it can be more or less present. The lowest and most empty way in which 19 the object can be intended is in the signitive act. These (linguistic) acts cer-20tainly have a reference, but apart from that, the object is not given in any 21fleshed out manner. The pictorial acts have a certain intuitive content, but 22like the signitive acts, they intend the object *indirectly*. Whereas signitive 23acts intend the object via a contingent representation (a linguistic sign), 24pictorial acts intend the object via a representation (picture) which bears 25a certain resemblance to the object as seen from a certain perspective. It 26is only the actual perception, however, which gives us the object directly. 27This is the only type of intention which presents us with the object itself 28in its bodily presence (leibhaftig), or, as Husserl says, in propria persona. 29The tricky question is where to place empathy within this classification. 30 The answer provided by Husserl is remarkably consistent throughout his 31career, though it is an answer that remains characterized by an important 32

vacillation. Already in Logische Untersuchungen Husserl wrote that com-1 mon speech credits us with percepts of other people's inner experiences, 2 we so to speak see their anger or pain. As he then goes on to say, such talk 3 is to some extent correct. When a hearer perceives a speaker give voice to 4 certain inner experiences, he also perceives these experiences themselves, 5but as Husserl then adds, the hearer doesn't have an inner but only an 6 outer perception of them (Hua 19/41). So on the one hand, Husserl argues 7 that my experience of others has a quasi-perceptual character in the sense 8 that it grasp the other him- or herself (Hua 13/24). On the other hand, 9 Husserl also says that although the body of the other is intuitively given 10 to me in propria persona, this is not the case with the other's experiences. 11 They can never be given to me in the same original fashion as my own 12experiences; they are not accessible to me through inner consciousness. 13Rather they are appresented through a special form of apperception, or to 14use a different terminology, they are co-intended and characterized by a 15certain co-presence (Hua 13/27). As Husserl puts it in Ideen II: 16

17 Und doch hat jeder seine ihm ausschließlich eigenen Erscheinungen, jeder die ihm ausschließlich eigenen Erlebnisse. Diese erfährt nur 18 19er in ihrer leibhaften Selbstheit, ganz originär. In gewisser Weise erfahre ich (und darin liegt Selbstgegebenheit) auch die Erlebnisse 20des Anderen: sofern die mit der originären Erfahrung des Leibes in 21eins vollzogene Einfühlung (comprehensio) zwar eine Art Vergegen-2223wärtigung ist, aber doch den Charakter des leibhaften Mitdaseins begründet. Insofern haben wir also Erfahrung, Wahrnehmung. Aber 2425dieses Mitdasein ("Appräsenz" in dem früher angegebenen Sinne) ist prinzipiell nicht zu verwandeln in unmittelbares originäres Dasein 26(Urpräsenz) (Hua 4/198). 27

In the lecture course *Einleitung in die Philosophie* from 1922/23, Husserl again writes that I in ordinary parlance can be said to see and hear another, can be said to see that he is sad or happy. In fact, however, what I actually see is his body and bodily expressions, and founded on this perception, I can be said to empathically co-perceive his happiness, sadness or anger. Thus, if we talk about the whole human being, we might say that I see him, if we talk narrowly about the purely psychical, it is better to say that it is

given to me in empathic representation (Vergegenwärtigung) (Hua 35/107). 1 What are the implications of this? Does empathy allow for a direct 2 experience of the other, or is empathy necessarily indirect and mediated? 3 These are the questions that Husserl kept struggling with. In some places, 4 Husserl is rather unequivocal. He writes that empathy is a distinct and 5direct kind of empirical experience, one that allows the empathizing ego to 6 experience the consciousness of the other (Hua 13/187). As it is formulated 7 in Ideen II: 8

9 Einfühlung ist nicht ein mittelbares Erfahren in dem Sinn, daß der
10 Andere als psychophysisch Abhängiges von seinem Leibkörper erfah11 ren würde, sondern eine unmittelbare Erfahrung vom Anderen (Hua
12 4/375).

13 Husserl also claims that empathy is what allows the other to be present to me, perceptually present (Hua 15/514), and that the other is given to me 14originally in empathy, for what I see is not a sign, not a mere analogue, but 15rather the other (Hua 14/385, 29/182, 1/153, 15/506). Similarly, Husserl 16speaks of how the other is given in his being-for-me (für-mich-sein) in 17empathy, and how that counts as a form of perception (Hua 15/641). If I 18 talk with another, if I look him in the eyes, I have the liveliest experience of 19his immediate presence. I am justified in saying that I "see him" qua person, 20and not merely qua body (Hua 4/375). Indeed, 21

Es wäre Widersinn zu sagen, dass sie nicht, wie wir sagen, erfahren in
der Weise dieser ursprünglichen Bekundung der Einfühlung, sondern
erschlossen sei. Denn jede Hypothese eines fremden Subjektes setzt
die "Wahrnehmung" dieses Subjektes als fremden schon voraus, und
diese Wahrnehmung ist eben die Einfühlung (Hua 14/352).

Empathy is what allows us to know the experiential life of other, or as Husserl puts it in a text from 1909: "Nun verschwindet alle Schwierigkeit, wenn eben die Einfühlung als Gegebenheitsbewusstsein für fremdes Bewusstsein gelten darf" (Hua 13/20). At the same time, however, Husserl also says that even the most perfect empathy is indirect and that the perception of the psychical life of another lacks the originality of self-perception and he denies that it can give us the empathized experience itself in its original

presence (Hua 13/347, 13/440, 17/389, 4/199-200, 1/139). As he writes, if 1 I proceed to carefully investigate the perceptual givenness of the other, I 2 will realize that only his body is given perceptually to me. The foreign I 3 and its experiences can never be perceived by me, but only be represented 4 in a special co-presence, though Husserl then proceeds to emphasize that 5this empathic representation is completely unlike any other kind of repre-6 sentation (Hua 15/354). A similar train of thought is articulated in a longer 7 passage from August 1930: 8

9 Wahrnehmend sehe ich den Menschen M und ihn sehend "verstehe" ich als Bestandstück dieser Wahrnehmung sein Gerichtetsein auf je-10 ne andere Seite, sein psychisches Hinsehen etc. Ich sehe nicht nur 11 seinen Körper, sondern ich erfahre dabei seine Körperlichkeit, seine 12Stellung, die seiner Augen, das Mienenspiel des Gesichts etc., ich er-13 fahre den körperlichen Ausdruck als Ausdruck von einem Seelischen, 14 ich erfahre das Körperliche als bedeutsam und in seiner psychischen 1516 Bedeutung.

Es ist also ebenso wie im Sprechen die gehörten Wortlaute ver-17standen werden in ihrem Sinn, und dann auch geschrieben nicht nur 18 als visuelle Zeichen etc. Dieses Verstehen, wie gesagt, ist hier nicht 19nur ein Annex meiner Wahrnehmung des M-Körpers, sondern meine 20 Wahrnehmung von M: Solange "Wahrnehmung" den normalen Sinn 21 behält, muss ich hier von Wahrnehmung sprechen. Ein Gegenstand, 22irgendein Reales heisst wahrgenommen, wenn ich ihn "unmittelbar" 23evident bewusst habe, als selbstgegenwärtig, im Original vor mir, mir 24gegeben. Ich nehme Menschen wahr, ich kann sie nicht erdenken 25als direkter erfahren, als ihrer in ihrer selbsteigenen Gegenwart mir 26bewusst, als wenn ich sie so erfahre, wie sie leiden und leben. Aber 27nun merke ich, dass das "Seelenleben" des Anderen, dass überhaupt 28das, was ihn zu einem Menschen und nicht einem blossen Körper 29für mich macht, bloss "bedeutungsmässig" gegeben ist - "bloss be-30 deutungsmässig", das ist, keineswegs "eigentlich" wahrgenommen. 3132Nichts vom Psychischen, weder das Psychische im ganzen, die fremde Person, das personale Leben in irgendwelchen Einzelgestalten, 33 34irgendein Leiden. und Tun, irgendein passives Erscheinendhaben nichts davon ist in Sonderheit wahrgenommen. Kann Psychisches 35 36 "wirklich" wahrgenommen werden? Natürlich sage ich, ja. Nur nie

das des Andern, vielmehr nur mein eigenes (Hua 15/83-84).

Whereas Husserl consequently denies that empathy provides me with 2 an inner perception of the other's experiences - i.e., although it doesn't 3 provide me with first-person access to the experiences in question, since 4 if that had happened, the other's experiences would have become the 5empathizer's own experiences, and no longer remained the experiences 6 of another (Hua 15/12, 1/139) -, he would claim that empathy involves 7 a perception of the other (Hua 13/343, 13/187), i.e., that it amounts to a 8 form of person perception, and that it furthermore would be a mistake to 9 measure empathy against the standards of either self-perception or external 10 object perception. Empathy has its own kind of originality, its own kind 11 of fulfillment and corroboration and its own criteria of success and failure 12 (Hua 6/189, 36/65, 36/122, 14/385, 13/225, 14/352). 13

To strengthen the claim concerning the perceptual character of empathy, 14 Husserl occasionally compares the kind of interplay between presentation 15and appresentation that we find in empathy with the mixture of presenta-16tion and appresentation that we find in ordinary object perception. When 17I perceive an object, say, a sofa, the object is never given in its totality but 18 always incompletely, in a certain restricted profile or adumbration. It is 19consequently never the entire sofa, including its front, backside, under-20side, and inside which is given intuitively, not even in the most perfect 21perception. Despite this, the object of my perception is exactly the sofa 22and not the visually appearing profile. Our perceptual consciousness is 23consequently characterized by the fact that we persistently transcend the in-24tuitively given profile in order to grasp the object itself. That is, perception 25furnishes us with a full object-consciousness, even though only part of the 26perceived object is intuitively given (Hua 16/49-50). Husserl's explanation 27for why we can be said to see more than what is given, for why perception 28involves a presence-in-absence, is well known. He argues that our intuitive 29consciousness of the present profile of the object is accompanied by an 30 intentional consciousness of the object's horizon of absent profiles. The 31meaning of the presented profile is, in short, dependent upon its relation to 32the absent profiles of the object, and no perceptual awareness of the object 33

1

1 would be possible if our awareness were restricted to the intuitively given.

Die uneigentlich erscheinenden gegenständlichen Bestimmtheiten
sind mit aufgefaßt, aber nicht "versinnlicht", nicht durch Sinnliches,
d.i. Empfindungsmaterial dargestellt. Daß sie mit aufgefaßt sind, ist
evident, denn sonst hätten wir gar keine Gegenstände vor Augen,
nicht einmal eine Seite, da diese ja nur durch den Gegenstand Seite
sein kann (Hua 16/55).

In other words: in order for a perception to be a perception-of-an-8 object, it must be permeated by a horizonal intentionality which intends 9 the absent profiles, bringing them to a certain appresentation (Hua 9/183). 10 Importantly, however, although object-perception involves such a mixture 11 of presentation and appresentation, we still say that it is the object itself 12and not merely the intuitively appearing front that we perceive (Hua 13/26, 131/151). Moreover, what is presented and what is appresented are not given 14 in separation and are not united by means of some inference. The same 15 arguably holds true for our experience of others (Hua 14/332). Of course, 16 this is not to say that there are not also important differences between 17empathy and object-perception. Not only do I, according to Husserl, in 18 the face-to-face encounter grasp the other and what he or she is living 19through much more vividly than the backside of an object, which I don't 20see (Hua 14/486). But more importantly, whereas the absent, and merely 21appresented, profiles of the object can in turn become intuitively given 22for me, namely if the requisite movements are carried out, this can never 23happen with the other's experiences (Hua 1/139). This is an important 24qualification that also points to the limits of any comparison of other-25perception and object-perception. But still, Husserl's main aim is just to 26stress that even the simplest form of perception involves appresentation, 27and that this doesn't jeopardize the existence of true perceptual experience. 28But let us return to the issue of directness and indirectness. As men-29

tioned, there is a certain tension, or uncertainty, in Husserl's account. I think, however, that it is possible to reconcile Husserl's different claims by means of some slight reformulations. Husserl's occasional insistence on the indirect nature of empathy is obviously motivated by his worry that any claim concerning a direct experiential understanding of others would

amount to the claim that we have the same kind of first-personal access to 1 other people's consciousness that we have to our own. But this worry is, I 2 think, ultimately misguided. It assumes that there is a single golden stan-3 dard of what directness amounts to, and that a direct access to one's own 4 mental life constitutes the standard against which everything else has to be 5measured. In other contexts, however, Husserl has been careful to point out 6 that it is unacceptable to transfer the demands we put on evidence in one 7 domain to other domains where these demands are in principle incapable 8 of being realized (Hua 3/321). Employing that insight, one could respect 9 the difference between first-person and third-person access to psychological 10 states without making the mistake of restricting and equating experiential 11 access with first-person access. To put it differently, why not argue that 12it is possible to experience minds in more than one way? Arguably, there 13 is no more direct way of knowing that *another* is in pain than seeing him 14writhe in pain. By contrast, noticing a bottle of pain-killers next to his 15bedside together with an empty glass of water and concluding that he is in 16 pain is an example of knowing indirectly or by way of inference (Bennett 17 & Hacker 2003, 89, 93). To put it differently, to experience (rather than 18 merely imagine, simulate or theorize about) another's psychological states 19is precisely to experience the intentional and expressive behavior of the 20other. 21

The fact that I can be mistaken and deceived is no argument against the experiential character of the access. ¹ Moreover, the fact that my experiential access to the minds of others differs from my experiential access to my own mind is not an imperfection or shortcoming. On the contrary, it is a difference that is constitutional. It is precisely because of this difference, precisely because of this asymmetry, that we can claim that the minds we

¹That we have an experience of others, and do not have to make do with mere inferences or imaginative projections is also not to say that everything is open to view. As Husserl points out, the perception of others is always partial and is always open for correction (Hua 13/225). In fact, there will always be an indeterminate horizon of not expressed interiority (Hua 20/70), and a complete knowledge of the other will forever remain impossible. Such knowledge would for one require me to possess full insight into the other's individual historicity and genetic self-constitution, and this is something I can only ever disclose in part. Just as I for that matter can only disclose part of my own, which is why my own self-knowledge will also always remain partial (Hua 15/631-632).

experience are other minds. As Husserl points out, had I had the same access 1 to the consciousness of the other as I have to my own, the other would 2 cease being an other and would instead become a part of me (Hua 1/139). 3 In addition, although I do not have access to the first-personal character of 4 the other's experience, the fact *that* the other's experience has this elusive 5surplus is indeed accessible to me, as Husserl repeatedly emphasizes (Hua 6 1/144, 15/631). To demand more, to claim that I would only have a real 7 experience of the other if I experienced her feelings or thoughts in the 8 same way as she herself does, is nonsensical, and fails to respect what is 9 distinct and unique about the givenness of the other. It would imply that I 10 would only experience an other if I experienced her in the same way that 11 I experience myself, i.e., it would lead to an abolition of the difference 12between self and other, to a negation of that which makes the other other. 13To quote Lévinas, the absence of the other is exactly his presence as other 14(Lévinas 1979, 89). 15

As already mentioned, Husserl struggled with these issues throughout the years. What he wrote early on in *Ideen I* remains pretty representative:

Originäre Erfahrung haben wir von den physischen Dingen in der 18 "äußeren Wahrnehmung", aber nicht mehr in der Erinnerung oder 19vorblickenden Erwartung; originäre Erfahrung haben wir von uns 20 selbst und unseren Bewußtseinszuständen in der sog. inneren oder 21Selbstwahrnehmung, nicht aber von Anderen und von deren Erlebnis-22sen in der "Einfühlung". Wir "sehen den anderen ihre Erlebnisse an" 23auf Grund der Wahrnehmung ihrer leiblichen Äußerungen. Dieses 24Ansehen der Einfühlung ist zwar ein anschauender, gebender, jedoch 25nicht mehr originär gebender Akt. Der andere und sein Seelenleben 26ist zwar bewußt als "selbst da" und in eins mit seinem Leibe da, aber 27nicht wie dieser bewußt als originär gegeben (Hua 3/11). 28

My only concern about this phrasing is that it might ultimately have been more consistent if Husserl instead of trying to combine the view that empathy does provide us with access to the experiences of others, but not originarily, had instead said that empathy gives us the experiences of others themselves originarily, but then simply made it clear that empathic understanding (and correlatively the empathic givenness of others) has its own distinct optimality, and shouldn't be measured against the originary
 givenness of self. This would, I think, have been the natural step to take.

Some might consider this a mere terminological fix to a serious philo-3 sophical challenge. By simply stipulating that we in the domain of social 4 cognition ought to operate with a deflated notion of experiential access, 5one that entitles one to say that one is directly acquainted with another's 6 psychological state simply by perceiving it in the other's intentional and 7 expressive behavior, phenomenologists mistakenly think they can avoid 8 the threat of solipsism and circumvent the problem of other minds. I don't 9 think this objection is justified, but my main concern for now is merely to 10 emphasize that any phenomenological claim concerning a direct experien-11 tial access to another's psychological state is not in any tension with the 12important point that we do not have access to other people's states "as if 13they were our own". We must respect the difference between self-ascription 14and other-ascription, between a first-person perspective and a third-person 15perspective, but we should also conceive of it in a manner that avoids giving 16 rise to the mistaken view that only my own experiences are given to me 17 and that the behavior of the other shields his experiences from me and 18 makes their very existence hypothetical (Avramides 2001, 187).¹ 19

c. Pairing and analogical transference

Claiming that we in empathy enjoy a direct, experiential, understanding 21of others is not to say that we should take empathy as a primitive and 22unanalyzable factum brutum, as Husserl accused Scheler of doing (Hua 2314/335). It is no coincidence that Husserl labeled Lipps' appeal to funda-24mental instincts a "refuge of phenomenological ignorance" and considered 25it a poor substitute for a proper analysis of the phenomenon in question 26(Hua 13/24). To put it differently, and to paraphrase A.D. Smith, Husserl is 27not trying to explain our awareness of others by appeal to empathy, rather 28the term is a label for an accomplishment, and the task Husserl sets himself 29

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¹For further reflections on how the phenomenological analysis of empathy complements and challenges core assumptions in contemporary discussions of social cognition, see Zahavi 2008, 2010b.

is to explain how empathy is possible as an intentional achievement (Smith2003, 213).

One of Husserl's recurrent ideas is that our empathic understanding of foreign subjectivity involves an element of apperception or interpretation, though he is also adamant that the apperception in question is neither an act of thinking, nor some kind of inference (Hua 15/15, 1/141). Occasionally he speaks of the process as involving what he calls analogical transference, and it is in this context that the central notion of *pairing* is introduced (Hua 15/15).

What is pairing? According to Husserl's general account of intentional-10 ity, patterns of understanding are gradually established through a process of 11 sedimentation and they thereby come to influence subsequent experiences 12(Hua 11/186). What I have learnt in the past doesn't leave me untouched. 13It shapes my understanding and interpretation of any new objects, by 14reminding me (in a completely tacit manner) of what I have experienced 15before. My current understanding of x will in short be aided by my pre-16 vious experience of something analogous (Hua 13/345), and ultimately 17 all apperceptive connections, all interpretations, might be said to rely on 18 such analogical links to past experiences (Hua 1/141). To exemplify, after 19first having learned the function of a scissor, the next time a child sees a 20scissor, the child will immediately apprehend its functionality. It will do so, 21without performing any inference and without explicitly having to think 22of or recall the first scissor. According to Husserl, the apprehension of the 23new scissor as a scissor contains an associative reference to the original 24scissor, which is established passively (Hua 1/141). Similarly, assume that 25you for the first time have seen and touched a guava. Next time you see one, 26your prior familiarity with its tactile qualities will infuse your experience 27of the new fruit. If you then happen to also taste the new exemplar this new 28experience will in turn affect your apprehension of the first fruit. Now, 29the relevance of these examples for empathy is seemingly straightforward. 30 When I encounter another, my prior self-experience will serve as a reservoir 31of meaning that is transferred onto the other in a purely passive manner. 32As a result of this, a phenomenal unity is established. As Husserl writes, 33

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Mit der ersteren Eigentümlichkeit hängt nahe zusammen, daß ego

und alter ego immerzu und notwendig in ursprünglicher Paarung ge-1 2 geben sind. [...] Erläutern, wir zunächst das Wesentliche der Paarung (bzw. Mehrheitsbildung) überhaupt. Sie ist eine Urform derjenigen 3 passiven Synthesis, die wir gegenüber der passiven Synthesis der Iden-4 tifikation als Assoziation bezeichnen. In einer paarenden Assoziation 5ist das Charakteristische, daß im primitivsten Falle zwei Daten in 6 der Einheit eines Bewußtseins in Abgehobenheit anschaulich gegeben 7 sind und auf Grund dessen wesensmäßig schon in purer Passivität, 8 also gleichgültig ob beachtet oder nicht, als unterschieden Erscheinen-9 10 de phänomenologisch eine Einheit der Ähnlichkeit begründen, also eben stets als Paar konstituiert sind (Hua 1/142). 11

Alter ego refers to ego - and vice-versa (Hua 14/530). The latter point is 12crucial. The transfer of meaning occurring through the process of pairing 13is not unidirectional. We are dealing with a reciprocal transference (Hua 1415/252), or as Husserl puts it in Cartesianische Meditationen, there is a 15"mutual transfer of sense" (Hua 1/142, cf. Merleau-Ponty 1964, 118).¹ In 16coming to understand the other, I draw on what I know from my own 17 case, but through my encounter with the other, my own self-experience is 18 also modified. In fact, not only that but Husserl even speaks of "a mutual 19awakening" where both are overlaid with the "sense of the other" (Hua 201/142) thereby suggesting that the reciprocal transfer happens simultane-21ously. The fact that the transfer of meaning is bidirectional speaks against 22the suggestion that we should be dealing with a simple form of projection, 23where I ultimately only find in the other, what I have put there myself. 24The latter implication would also go against Husserl's repeated insistence 25that empathy allows us to encounter true transcendence, and that our 26consciousness in empathy transcends itself and is confronted with, as he 27puts it, otherness of a completely new kind (Hua 14/8-9, 14/442). Indeed, 28throughout his writings on this topic, Husserl insists again and again on 29the absolute otherness of the other. As he writes in a text from 1908, your 30 consciousness is for my consciousness absolute "Aussensein" and so is my 31consciousness for you (Hua 13/6). 32

¹See by comparison Theunissen's more critical reading (1977, 62), as well as Yamaguchi's reply (1982, 87).

Husserl's insistence on this latter point occasionally makes him ques-1 tion whether analogy really plays as fundamental a role as he is wont to 2 claim. After all, as he admits, a process of analogizing doesn't lead to the 3 apprehension of anything truly new (Hua 4/168). As he even writes in a 4 text from 1914-15, "es findet [...] keine Analogisierung statt, keine Analo-5gieschluss, keine Übertragung durch Analogie [...]. Es wird ohne weiteres 6 die "Apperzeption" des fremden Seelenlebes vollzogen" (Hua 13/338-339). 7 Criticizing what might count as a version of simulation theory, Husserl 8 also insists that it is nonsense to claim that I in order to understand that the 9 other is angry must experience anger myself, and that my own anger should 10 somehow function as analog for the other's anger. Empathy is precisely not 11 a kind of reproduction or reduplication of oneself (Hua 13/188, 14/525). 12As Husserl also points out, to experience the other is not like experiencing 13a transformation of oneself, like what might take place in imagination. 14Such imaginative transformation only provides me with myself as different 15(Hua 15/314). It doesn't provide me with the other. Furthermore, although 16 it is true that we sometimes imagine what it must be like for the other, 17 what the other must be going through, it is simply unconvincing to claim 18 that every act of empathy involves such imagination. When we empathi-19cally understand the other we do so immediately and often without any 20imaginative depiction, and in those circumstances where we do depict the 21other's experience imaginatively, we precisely consider that an exception 22 (Hua 13/188). 23

Despite these occasional misgivings, Husserl does, however, normally 24stress the importance of analogy. When I, for instance, apperceive a foreign 25body as a lived body, we are, on his account, dealing with an analogical 26apperception that draws on and involves a re-presentation of my own self-27experience (Hua 13/251). Indeed, insofar as the apprehension of the other 28involves re-presentation, the latter necessarily points back to a proper pre-29sentation, which is constituted by my own immediate self-experience (Hua 30 13/288). As Husserl puts it in various texts, "subjectivity" is primordially 31present to me in virtue of my self-experience and is only then appercep-32tively carried over to the other (Hua 9/242, 1/140, 8/62, 14/295). To that 33 extent bodily self-experience constitutes a foundation for the perception of 34

embodied others, which is why I first have to have a perception of my own 1 body, before any experience of other subjects can arise (13/333), though 2 Husserl also points out that we are not dealing with a temporal genesis, 3 and that the self-experience in question doesn't have to be temporally an-4 tecedent (Hua 1/150). Moreover, the self-experience that needs to be in 5play is a "Durchgangserfahrung" and not a terminating experience (Hua 6 14/468). It is not a question of actively comparing the two of us, nor does 7 my body first have to be an object of attention, but there must be some 8 form of self-givenness, otherwise no transfer of meaning could occur (Hua 9 13/336). 10

At this stage, however, Husserl does voice a concern. Even if it is true 11 that I always enjoy a bodily self-experience, the only thing that could 12motivate an analogizing apprehension or apperceptive transfer of sense 13would presumably be a perceived similarity between the body over there 14and my own body (Hua 1/140). But it is hardly true that I originally 15observe my own body in the same way I perceive the body of others. 16 Originally, I don't perceive my own lived boy as a spatial object. But isn't 17 this what is required (Hua 13/344, 15/661)? Moreover, occasionally Husserl 18 seems to claim that I only learn of the identity between my own lived body 19and my externally appearing body through the other, i.e., by adopting the 20other's perspective on my own body (Hua 13/420). As he puts it in a text 21dating from 1921, the apprehension of my own body as an object and as 22a physical thing is a mediated and secondary experience. It is one I only 23acquire through the other (Hua 14/61, 14/63, 14/238, 14/322). But if this 24is correct, his argumentation would seem to involve a vicious circle and 25consequently fail. 26

Husserl does, however, suggest a few possible ways out. First of all, although he considers a thorough objectification of the body to be something intersubjectively mediated, he also speaks of the lived body as a continuously externalizing interiority, and claims that this exteriority is co-given as part of self-experience (Hua 14/491). Consider for instance the following intriguing consideration, where Husserl faults his original account of empathy for having failed to consider the

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grundwesentliche Rolle der Verlautbarung in der eigenen selbster-

zeugten, zu den eigenen, ursprünglich gegebenen Kinaesthesen der 1 Stimmuskeln gehörigen Stimme. [...] Es scheint, nach meiner Beob-2 achtung, im Kinde die selbsterzeugte und dann analogisch gehörte 3 Stimme zuerst die Brücke für die Ichobjektivierung, bzw. die Bildung 4 des "alter" abzugeben, bevor das Kind schon eine sinnliche Analo-5gie seines visuellen Leibes mit dem des "Anderen" hat und haben 6 kann, und erst recht: dem Anderen einen taktuellen Leib und einen 7 Willensleib zuordnen kann (Hua 4/96). 8

To put it differently, one of the issues frequently emphasized in Hus-9 serl's phenomenological analysis of the body is its peculiar two-sidedness. 10 My body is given to me as interiority, as a volitional structure, and as a di-11 mension of sensing, but it is also given as a visually and tactually appearing 12 exteriority. And the latter experience, according to Husserl, is precisely 13what is needed for empathy to be possible (Hua 4/165-166, 15/652). One 14 reason why I am able to recognize other embodied subjects is that my 15 own bodily self-experience is characterized by this remarkable interplay 16 between *ipseity* and *alterity* (Hua 8/62, 14/457, 13/263). This might be 17what Husserl was referring to when he wrote that the possibility of so-18 ciality presupposes a certain intersubjectivity of the body (Hua 4/297). 19Secondly, when speaking of the resemblance between own body and the 20body of others, we shouldn't only focus on the presence of similar visual 21 appearances. As Husserl writes, the other body also behaves similarly, it 22moves and acts in similar ways (Hua 14/280, 13/289), and my continuous 23experience of it as a foreign subjective body is precisely conditional upon 24my experience of its continuous and harmonious behavior (Hua 1/144). 25More important for the pairing might consequently be the resemblance of 26intentional behavior and expressive movements, a resemblance arguably 27detected by some form of cross-modal perception.¹ In fact, Husserl even 28writes, and this does sound remarkably like formulations found in Gallese, 29

¹If this is correct, it would qualify a recent claim by De Preester. In her 2008 paper, she argues for the following significant difference between Merleau-Ponty and Husserl's account of pairing: Whereas the mediating term between ego and alter ego for Husserl is bodily similarity, it is for Merleau-Ponty the intended object of action to which ego and alter ego are equally directed. De Preester consequently claims that only Merleau-Ponty holds the view that it is by having the same intentional object and by trying to accomplish the same goal that I come to understand the other's actions (De Preester 2008, 136-137).

when I perceive the movement of the foreign body, it is as if I were over 1 there, as if I were moving my limbs (Hua 15/642, 4/164). When I see 2 the foreign hand, I feel my own hand. If I see the other hand move, I am 3 inclined to move my own hand. My own kinesthetic system is affected by 4 my perception of his moving body and by my anticipation of his future 5movements (Hua 14/527, 15/642). But as Husserl is then careful to add. 6 this doesn't entail that I project what I experience in myself into the other 7 (Hua 13/311). 8

How should we reconcile Husserl's various statements? On the one
hand, he emphasizes the involved transfer of sense and the role of analogy,
on the other he questions its relevance, outright rejects the centrality of
projection and repeatedly accentuates the transcendence of the other.

One way to reconcile Husserl's thoughts on this issue, at least to some 13 extent, is as follows. When Husserl insists that the original givenness of 14my own lived body, the Urleib or primal body, constitutes the reference-15and anchor point for any experience of other bodies, and when he claims 16 that every apperception has an origin which prescribes a certain norm of 17 meaning, and that this necessary Urnorm or primal norm is the foundation 18 of every experience of others, which necessarily involve an intentional 19modification of the norm (Hua 13/57, 14/125-6), one might understand 20the notion of Urnorm in two different ways. Either one can understand 21it as a kind of matrix that I rely and draw on when understanding others. 22 On this reading, Husserl would claim that the subject interprets others 23in terms of a sense of mentality that it has first grasped in foro interno 24and which it then projects more or less successfully onto others. Another 25possibility, however, is to see the self-experience in question as a necessary 26contrast foil on the basis of which others can be experienced as others. 27To put it differently, the other might be a self in his/her own right, but 28the other can only appear as another for me in relation to and contrast 29to my own self-experience. But in this case, my self-experience doesn't 30 constitute the model; rather it is that against which the other's difference 31can reveal itself. To put it differently, although Husserl would insist that 32(bodily) self-experience is a precondition for other-experience, there is a 33 decisive difference between arguing that the former is a necessary condition 34

(and that there would be no other-experience in its absence) and claiming
that self-experience somehow serves as a model for other-experience, as if
interpersonal understanding is basically a question of projecting oneself
into the other. As already pointed out, I am not convinced that Husserl
defended the latter view.

d. The object of empathy

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So far, the discussion has suggested that empathy for Husserl is a unitary 7 concept and that its object is the other. Both assumptions must be modified. 8 An important and often overlooked aspect of Husserl's account of em-9 pathy is precisely his careful distinction between various levels of empathy. 10 As Husserl points out in his criticism of Lipps, one of the problems with 11 Lipps' account was that he exclusively linked empathy to the understand-12ing of expressions (Hua 13/70). Not only was Lipps' analysis, according 13to Husserl, too coarse grained in that it failed to distinguish sufficiently 14between different types of expressions, say, the expression of temperament, 15character, resolution or anger. That is, Lipps didn't observe the difference 16 between, say, the way temperament is expressed in the timing of bodily 17gestures and the way intentions are expressed in bodily movements, or 18 between the facial expression of specific emotions, such as anger or fear, 19 and the linguistic expression of thoughts. In all cases, we are dealing with 20expressions, but of quite different kinds (Hua 13/76). But even more impor-21tantly, according to Husserl, in order to even apprehend something as an 22expression, let alone apprehend that which is expressed in the expression, 23one must first have apprehended the perceptually given body as a lived 24body, i.e., most fundamentally as a sensing body (Hua 13/70, 13/66). 25

Das persönliche Sein, Leben, sich Verhalten, persönlich Tätigsein und 26Leiden etc. hat seine Expression, seinen Ausdruck. Aber die phäno-27menale Umwelt des Anderen und seine Innenleiblichkeit hat keinen 28Ausdruck, sondern eine fundamentale und eigentümliche Weise der 29Anzeige, welche die Voraussetzung (Fundierung) "des Ausdrucks" ist. 30 Erst muss der fremde Leib, und als Zentrum der fremden orientierten 31Umwelt, für mich da sein, damit sich in ihm etwas ausdrücken kann 32 (Hua 13/435-6) 33

This is why Husserl argues that the perception of the other presupposes 1 an understanding of the other's body (Hua 13/74), and why he claims that 2 the most fundamental form of empathy is one that targets this somato-3 logical level (Hua 13/440, 1/148). It is a process that happens passively 4 and associatively, and which might also be called a form of animal apper-5ception or experience of animality (Hua 13/455, 13/476). Husserl then 6 contrasts this kind of empathy with a more active form that targets the 7 understanding of that which is expressed in bodily expressions, namely 8 beliefs, decisions, attitudes (Hua 13/435). In a manuscript from 1931-32, 9 he operates with even more levels. The first level of empathy is the appre-10 sentation of the foreign lived body as sensing and perceiving. The second 11 level is the appresentation of the other as physically acting, say, moving, 12pushing, or carrying something. The third level goes beyond this and sees, 13say, the running of the other in the forest as flight, the hiding behind a 14stone as a protection from missiles, etc. (Hua 15/435). On a few occasions, 15Husserl goes even further and also speaks of the kinds of empathy involved 16 in apprehending the unity of a normal community and in appropriating 17 foreign traditions (Hua 15/436, HuaM 8/372-373). 18

In other words, although Husserl would claim that a first level of empathy is constituted by pairing, by a passive and involuntary associative bonding of self and other on the basis of their bodily similarity, he would maintain that this is only the first primitive level and would never agree with the claim that it amounts to the full range of interpersonal understanding.

Being next to one another and being for one another, understanding the other and even understanding each other reciprocally is all something empathy can accomplish. But something very different is achieved the moment I turn towards and start to address the other (Hua 15/471).

In einem Akte, in dem ein Ich sich an das andere richtet, ist vor allem
zugrundeliegend: I₁ erfasst einfühlend I₂, und I₂ einfühlend I₁, aber
nicht nur das: I₁ erfährt (versteht) I₂ als I₁ verstehend Erfahrenden,
und umgekehrt. Ich sehe den Anderen als mich Sehenden und Verstehenden, und es liegt weiter darin, dass ich "weiss", dass der Andere
auch seinerseits sich als von mir gesehen weiss. Wir verstehen uns

und sind im Wechselverständnis geistig beieinander, in Berührung.
 Sich wechselseitig in die Augen sehen, sich wechselseitig im wahr nehmenden Bewusstsein auf einanderbezogen vorfinden, füreinander
 originär dasein und erfassend, aufmerkend, sich wechselseitig geistig
 berührend aufeinander gerichtet sein (Hua 14/211).

6 When I seek to influence the other spiritually and not merely as a 7 physical object, and when the other is aware that he is being addressed and 8 when he reciprocates, we are dealing with communicative acts through 9 which a higher conscious interpersonal unity, a we, is established, and 10 through which the world acquires the character of a truly social world 11 (Hua 15/472, 13/498, 4/192-194).¹

As for the question regarding the proper object of empathy, Husserl 12 actually denies that I normally thematize the other as an object when 13 empathizing.² Rather, when empathically understanding the other, I so to 14 speak go along with his or her experiences, and attend to their object (Hua 1536/617, 15/427, 15/513). It is consequently important to emphasize that 16 the other, rather than being given to me simply as a nucleus of experiences, 17is given as a center of orientation, as a perspective on the world. To put 18 it differently, the other is not given in isolation or purity for me, rather 19 the other is given as intentional, as directed at the same world as I, and the 20other's world, and the objects that are there for him, is given along with 21the other (Hua 14/140, 14/287, 13/411, 4/168, 1/154). This is of course, 22one reason why our perception of others is unlike our ordinary perception 23

¹As Husserl remarks in a well-known passage: "Leibniz sagte, Monaden haben keine Fenster. Ich aber meine, jede Seelenmonade hat unendlich viele Fenster, nämlich jede verständnisvolle Wahrnehmung eines fremden Leibes ist solch ein Fenster, und jedesmal, wenn ich sage, bitte, lieber Freund, und er antwortet mir verständnisvoll , ist aus unseren offenen Fenstern ein Ichakt meines Ich in das Freundes-Ich übergegangen und umgekehrt, eine wechselseitige Motivation hat zwischen uns eine reale Einheit, ja wirklich eine reale Einheit hergestellt" (Hua 13/473).

²By contrast, Husserl seems to think that our primary object in sympathy, care and pity (*Mitleid*) is the other him- or herself and not the object of, say, his or her distress. To use Husserl's own example, if the other is sad over the fact that his mother had died, I am also sad about this, and sad about the fact that he is sad. But it is his sadness which is my primary object, it only subsequently and conditional upon that that the death of his mother is something that saddens me (Hua 14/189-190, 37/194). More generally speaking, Husserl emphasizes the distinction between empathy and sympathy (just as he distinguishes both of these from emotional contagion). Whereas empathy is an epistemic attitude that doesn't have to involve love, sympathy involves care and concern (Hua 37/194).

of objects. As soon as the other appears on the scene my relation to the world will change, since the other will always be given to me in a situation or meaningful context that points back to the other as a new center of reference. The meaning the world has for the other affects the meaning it has for me. As Husserl puts it in *Zur Phänomenologie der Intersubjektivität II*:

Denn in der Geltung der Fremderfahrung, durch die ich die Anderen 7 8 als für mich seiende habe, liegt schon beschlossen die Mitgeltung ihrer Erfahrung für mich. Schon dass ihr Leib nicht nur Körper ist, als wel-9 cher er für mich direkt wahrgenommen ist, sondern Leib, das schliesst 10 in sich die Mitgeltung der Wahrnehmung, die der Andere von seinem 11 Leibe hat als demselben, den ich wahrnehme, und das geht so weiter 12für seine Umwelt als sachlich dieselbe, als welche ich erfahre. Ich kann 13 nicht Andere setzen, ohne mit ihrem erfahrenden Leben auch ihr Er-14fahrenes mitzusetzen, d.i., ohne dieses vergegenwärtigte Erfahrene in 15Mitgeltung zu setzen so wie mein eigenes ursprünglicheres Erfahrene 16(Hua 14/388). 17

Husserl consequently wants to emphasize the interrelation between 18 the experience of others and the constitution of a shared world. As he 19points out, the experience of experiencing others necessarily presupposes 20accepting the validity of some of the others' experiences. If nothing else, 21 my experience of the lived body of another necessarily presupposes that 22the very same body I perceive externally is also sensed by the other (Hua 2315/158-159, 13/252, 14/83), which is why he characterized the body of the 24other as the first intersubjective datum, as the first object that is accessed 25by a plurality of subjects (Hua 14/110). This is obviously an idea Husserl 26draws on in his account of the constitution of objectivity, since he also 27defends the view that my experience of the significance and validity of 28objects changes the moment I realize that others experience the same 29objects as I (cf. Zahavi 1996). At the same time, however, and this is of 30 particularly importance in this context, Husserl also notes that I am part of 31what the other intends. So again, when I experience others, I do not merely 32experience them as psychophysical objects in the world, rather I experience 33 them as subjects who experience worldly objects, myself included (Hua 34

15/4-5, 4/169, 1/158). To put it differently, through my experience of 1 others, I also come to attain a new experience of myself. Occasionally, 2 Husserl refers to such cases, where my self-experience and my experience 3 of an empathized subject who empathize with me coincide, as a case of 4 higher-order empathy (Hua 14/315). He claims that it is through this 5process of mediated self-experience, by indirectly experiencing myself as 6 the one viewed by others, that I come to experience myself as human (Hua 7 4/167-9, 15/13, 15/665). 8

Why is this important? Because, as Husserl proceeds to point out, I 9 am not what I am for myself, independently of the other, nor is the other 10 independent of me. Everybody is for himself and at the same time for the 11 other in an inseparable being-for-one-another. On occasion, Husserl does 12speak of empathy as involving a situation where one ego mirrors itself 13directly in the other (Hua 15/7, 14/300), and of the other as a reflection 14(Spiegelung) of myself, though as he then immediately adds, the other is not 15really a reflection (15/7). But on the basis of further analysis – and this is 16 of course also in line with his account of pairing - he ultimately concludes, 17 in a passage from the thirties, that we are not dealing with an ineffective 18 mirroring (kraftlose Spiegelung), but that the being of self and other are 19constitutively intertwined (Hua 15/191). 20

4. Conclusion

21

Let me now turn to the question of whether Gallese's notion of embodied simulation is in line with Husserl's account of empathy. Can his proposal be said to constitute a further development and perhaps even a scientific vindication of Husserl's phenomenological account? Unfortunately, the question is too complex to really allow for a simple yes or no answer.

On the one hand, there does indeed seem to be some striking similarities. For Husserl, the most basic form of empathy is one involving the pairing of self and other. The pairing in question takes place between acting and expressive bodies, it draws on a capacity for cross-modal matching, and it is passive in the sense of not being initiated voluntarily or as a result of deliberation or reflection. And as Thompson points out, this "pheno-

menological conception of the bodily basis of empathy can be linked to 1 the growing body of psychological and neurophysiological evidence for 2 coupling mechanisms linking self and other at sensorimotor and affective 3 levels" (Thompson 2007, 393). More specifically, and here I am quoting 4 Ratcliffe, "neuroscientific findings can provide support for Husserl and can 5also be integrated into the interpretation of phenomenological descriptions, 6 by clarifying the kind of relation described and showing how it need not 7 be something mysterious or even impossible" (Ratcliffe 2006, 348). 8

On the other hand, however, one shouldn't overlook what might be 9 some important differences. First of all, as we have seen Husserl is very 10 explicit about the need for distinguishing various levels of empathy (and 11 interpersonal understanding). And although he would claim that the first 12level is constituted by a passive and involuntary associative bonding of self 13and other on the basis of their bodily similarity, he would never agree to the 14claim that this amounts to the full range of interpersonal understanding. 15If we turn to the defenders of embodied simulation, we will, however, 16 find slightly conflicting views regarding its explanatory scope. How much 17 can mirror-resonance mechanisms explain? Do they merely target the 18 foundations of interpersonal understanding, or can they more or less 19explain every aspect of social cognition, from an understanding of the 20movements and actions of others, to an understanding of their emotions, 21sensations and intentions? It is here informative to consider a criticism 22 that Borg (2007) and Jacob (2008) have directed against what they take to 23be the inflated claims made by some proponents of embodied simulation. 24Borg and Jacob both claim that although mirror neurons might help us 25decode another agent's motor intentions, they cannot help us determine 26his or her prior intentions. Or to put it differently, although they might 27help us understand that the perceived movement is a goal-directed act of, 28say, grasping, they can't tell us why it happened. In response, Gallese has 29defended a deflationary take on what it means to determine the intention 30 of others, and argued that determining why a given act is executed can be 31 equivalent to detecting the goal of the still not executed and impending 32subsequent act (Gallese 2007a, 661-662). But even if one accepts this, and 33 a fortiori the claim that mirror neurons are involved in the detection of 34

intentions, there is obviously much more that needs to be in place before we 1 can be said to fully understand the actions of others, their whys, meanings 2 and motives, i.e., what others are up to, why others are doing what they 3 are doing, and what that means to them (cf. Schutz 1967, 23-24). And it 4 is by no means clear that mirror neurons are capable of providing that 5information. I cannot at this point assess Gallese's claims regarding the role 6 of mirror neurons in emotion understanding, but the point I want to make 7 is merely that the plausibility of the mirror neuron hypothesis increases in 8 reverse proportion to its alleged explanatory scope. It might not only be 9 wiser to opt for a quite modest claim - and in fact, in some places Gallese 10 does concede that an emphasis on the importance of embodied simulation 11 in no way rules out that more sophisticated cognitive mentalizing skills 12might also be needed, and that the two are not mutually exclusive (Gallese 132007b, 10) - but doing so might also increase the compatibility between 14his proposal and Husserl's account. 15

Secondly, Gallese is quite explicit in arguing that the mirror neuron 16 system allows for a direct experiential understanding of others (Gallese 17 2007b, 9). At the same time, however, he explicitly and repeatedly aligns 18 himself with simulation theory and, like Lipps, considers empathy a form 19of inner imitation (Gallese 2003a, 519). But isn't there a tension here? 20Isn't the reliance on and reference to inner imitation precisely premised 21on the assumption that we do not enjoy a direct experiential access to 22others? Isn't it precisely because other people's mental states are taken 23to be unobservable and inherently invisible that some have insisted that 24we must rely on internal simulations in order to make the leap from the 25perceptual input which is taken to be psychologically meaningless to the 26output, which is the ascription of mental states to the other. In short, 27isn't the assumption precisely that we need internal simulation in order to 28supplement the input with information coming from elsewhere in order 29to generate the required output? This certainly seems to be Gallese's view 30 for as he writes the observer must rely on his or her own internal motor 31 knowledge (provided by the mirror neurons) in order to translate the 32observed movement, "in principle, devoid of meaning for the observer 33 - into something that the observer is able to understand" (Gallese 2009, 34

520-521). But if this is correct, it does seem to commit embodied simulation
to a form of projectivism – where I ultimately only find in the other, what I
have put there myself –, and as I have already indicated, I very much doubt
this is in line with Husserl's view.

Thirdly, and in direct continuation of this, what we find in Husserl 5is a recurrent emphasis on and respect for the otherness and alterity of 6 the other.¹ This is also partly why Husserl distances himself from the idea 7 that the best way to conceive of the relation between self and other is 8 in terms of a mirroring. Though, as we have also seen, another reason is 9 that he takes mirroring to be too static a concept. It doesn't capture the 10 dvnamic and dialectical intertwinement between self and other. Husserl's 11 view on this seems in obvious tension with the persistent emphasis by 12mirror neuron theorists on the importance of mirroring. However, it is 13 again important not to overlook that Gallese himself does recognize that 14there are limits to what the mirror neuron model can explain. He even 15concedes that imitation and self-other identity doesn't really do the trick 16 of accounting for interpersonal understanding, since there - in contrast to 17 what is required in the case of emotional contagion -, has to be difference 18 as well, that is, the other must preserve his or her character of otherness 19 (Gallese 2007b, 11, 2009, 527). Furthermore, in a recent publication Gallese 20has even gone so far as to admit that the very mirror metaphor might 21be misleading, since it suggests the presence of an exact match between 22 object and observer thereby disregarding individual differences (Gallese 232009, 531). 24

Fourthly, and most importantly, any comparison of Husserl's phenomenological account of empathy with the attempt to explain empathy in terms of mirror-resonance mechanisms shouldn't forget that we are dealing with accounts targeting a personal and a subpersonal level respectively,² and

¹For more on this topic, see Derrida 1967, Waldenfels 1989, Zahavi 1999.

²Though it must also be noted that this distinction is one that is not always sufficiently respected by mirror neuron theorists. They describe embodied simulation as unconscious and automatic, but also as pre-reflective and experience-based (cf. Gallese 2003a, 521, 2007b, 10). Compare also, for instance, Iacoboni's claim that Lipps' work in retrospect points directly at a role for mirror neurons (Iacoboni 2009, 108). Iacoboni refers to Lipps' famous example with the tightrope walker. On Lipps' account, when people watch the acrobat on the wire, they feel themselves inside the acrobat. And as Iacoboni then continues, Lipps' "phenomenological"

as long as one is not so naïve as to believe in straightforward isomorphism 1 it is not at all obvious that such accounts can be compared in any direct 2 fashion. For the very same reason, it might be best to avoid the claim that 3 the discovery of the mirror neurons has confirmed Husserl's phenomeno-4 logical account or that the latter supports the mirror neuron hypothesis. A 5more prudent and far more cautious claim would be that work on mirror 6 neurons as well as other neuroscientific findings can complement the phe-7 nomenological description by clarifying the empathic relation described 8 and showing "how it need not be something mysterious or even impossible" 9 (Ratcliffe 2006, 336). 10

A final observation: Even if one went further than I have done and 11 ultimately concluded that there are in fact some substantial and perhaps 12even remarkable similarities between the phenomenological proposal and 13 the mirror resonance hypothesis, this would still leave various questions 14unanswered. First of all, are the proposals ultimately sound? To put it dif-15ferently, the presence of similarities is, of course, quite compatible with the 16 possibility that both accounts might be severely deficient or even outright 17 wrong. Secondly, would the presence of such similarities demonstrate that 18 Husserl's phenomenological account - contrary to the claim made by some 19 of his defenders - is really a version of simulation theory, or would the right 20conclusion to draw be the opposite, namely to question whether Gallese's 21proposal of embodied simulation is really a form of simulationism at all. 22 Let me emphasize that this isn't simply a dispute about terminology. What 23is at stake here is the question of whether a simulationist interpretation of 24mirror neurons is the best and most coherent interpretation, or whether 25Husserl's phenomenological account might constitute a more adequate 26framework for the conceptualization and interpretation of the role of these 27resonance phenomena. Is it for instance better to talk of such resonance in 28terms of a perceptual elicitation than in terms of a simulation (Gallagher 292007)? 30

31

As this last comment ought to remind us, our theoretical models and

description of watching the acrobat is eerily predictive of the pattern of activity displayed by mirror neurons that fire both when we grasp and when we see someone else grasping, as if we were inside that person" (Iacoboni 2009, 108-109).

1 the way we conceive of, say, intersubjectivity obviously influence our

- 2 interpretation of the empirical findings. This is something we should not
- 3 forget when discussing the relation between empathy and mirror neurons,
- and between phenomenology and neuroscience, and when we assess the
 question that has been lurking in the background of this entire discussion,
- 6 namely the feasibility and desirability of a naturalized phenomenology (cf.
- 7 Gallagher 1997, Zahavi 2004, Ratcliffe 2006, Gallagher and Zahavi 2008,
- 8 Zahavi 2010a).

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