

## Neohaler™ Inhalers

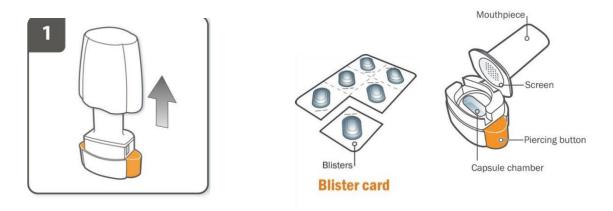


This guide will teach you to use a Neohaler™ Inhaler. Select your medication:

□ Arcapta <sup>™</sup> (Indacaterol 75 mcg)
□ Seebri™ (Glycopyrrolate 15.6 mcg)
☐ Utibron™ (Indacaterol/glycopyrrolate 27.5/15.6 mcg)

## Follow these steps before you use your inhaler for the first time:

- 1. Take the inhaler out of the box and identify all of the parts that are labeled in the picture below.
- 2. Remove the cover. Gently push back the mouthpiece to show the capsule chamber in the bottom of the inhaler. Notice the two buttons on either side of the capsule chamber. The color of the buttons will be different based on your Neohaler™. When you press these buttons, little "stabbers" will enter the chamber.
- 3. There are also medication capsules in a foil package included in the box. A capsule should only be removed from the foil right before you use it.



When you are ready to take a dose, please follow these instructions:



- 1. Open the inhaler completely to show the capsule chamber.
- 2. With clean, DRY hands, take one capsule out of the foil package and place it in the capsule chamber. Do NOT remove the capsule by pushing it through the foil.
- 3. Snap the mouthpiece back down into place.
- Holding the inhaler upright, press the buttons located on both sides of the Neohaler™ completely to stab the capsule, and then release.
  Only press once.
- 5. Breathe out releasing as much air from your lungs as you can. Never blow out into the inhaler.
- 6. Bring the inhaler to your mouth and hold it like a whistle. The two buttons should be on EITHER SIDE of the inhaler, and your fingers on the white bottom part of the inhaler. (See figure)
- 7. Place the mouthpiece in your mouth between your teeth and close your lips around it.
- 8. Breathe in through your mouth **quickly and deeply**. The capsule will make a rattling noise in the inhaler as you breathe. If you not hear this noise, the capsule is probably stuck. Tap the bottom of the inhaler and repeat steps 5 through 8.
- 9. Take the inhaler out of your mouth.
- 10. Hold your breath for 5-10 seconds.
- 11. Breathe out, away from the inhaler mouthpiece.
- 12. Now, check the chamber to make sure there is no powder left in the capsule. If there is, repeat steps 5 through 11 one more time.
- 13. You are done taking your dose. Open the chamber and remove the broken capsule. Throw the capsule away.

## **Important Notes:**

• Only the capsule that comes with this inhaler should be used. Do NOT use other medications in this inhaler. Do NOT swallow the capsule.



- You do not need to clean your inhaler. If you wish to clean it, wipe the outside of the mouthpiece with a dry tissue.
- Never get your inhaler wet. Store your inhaler in a cool, dry, and dark place, such as a drawer in your bedroom or kitchen; do NOT store your inhaler in the bathroom. Keep away from children and pets.

