



## Computational Models for the Study of Protein Aggregation

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### Abstract

Protein aggregation has been studied by many groups around the world for many years because it can be the cause of a number of neurodegenerative diseases that have no effective treatment. Obtaining the structure of related fibrils and toxic oligomers, as well as describing the pathways and main factors that govern the self-organization process, is of paramount importance, but it is also very difficult. To solve this problem, experimental and computational methods are often combined to get the most out of each method. The effectiveness of the computational approach largely depends on the construction of a reasonable molecular model. Here we discussed different versions of the four most popular all-atom force fields AMBER, CHARMM, GROMOS, and OPLS, which have been developed for folded and intrinsically disordered proteins, or both. Continuous and discrete coarse-grained models, which were mainly used to study the kinetics of aggregation, are also summarized.

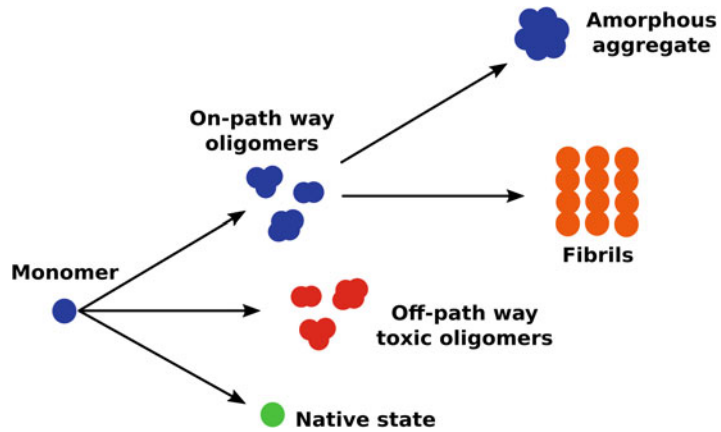
**Key words** Protein aggregation, Coarse-grained model, Lattice model, AMBER, CHARMM, GROMOS, OPLS

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### 1 Introduction

After synthesis in the ribosome, the protein can fold into a native state and is likely to become functional. However, under the influence of various factors, such as changes in the translation rate of codons, sequence, crowded environment, it can aggregate (Fig. 1), which can cause a number of neurodegenerative diseases [1]. Therefore, problem of protein aggregation has attracted the attention of many researchers in recent decades. Appearance of plaques from amyloid beta ( $A\beta$ ) peptides and tau-protein in the brain is considered as a hallmark of Alzheimer's disease [2], while accumulation of  $\alpha$ -synuclein is believed to cause Parkinson's disease [3]. In total, there are about 20 different neurodegenerative diseases associated with the self-assembly of various proteins, although fibrillar structures are applicable in some cases.

The study of protein aggregation includes the determination of the structure of aggregates and mechanisms of their formation. Depending on the conditions, the aggregate can be amorphous

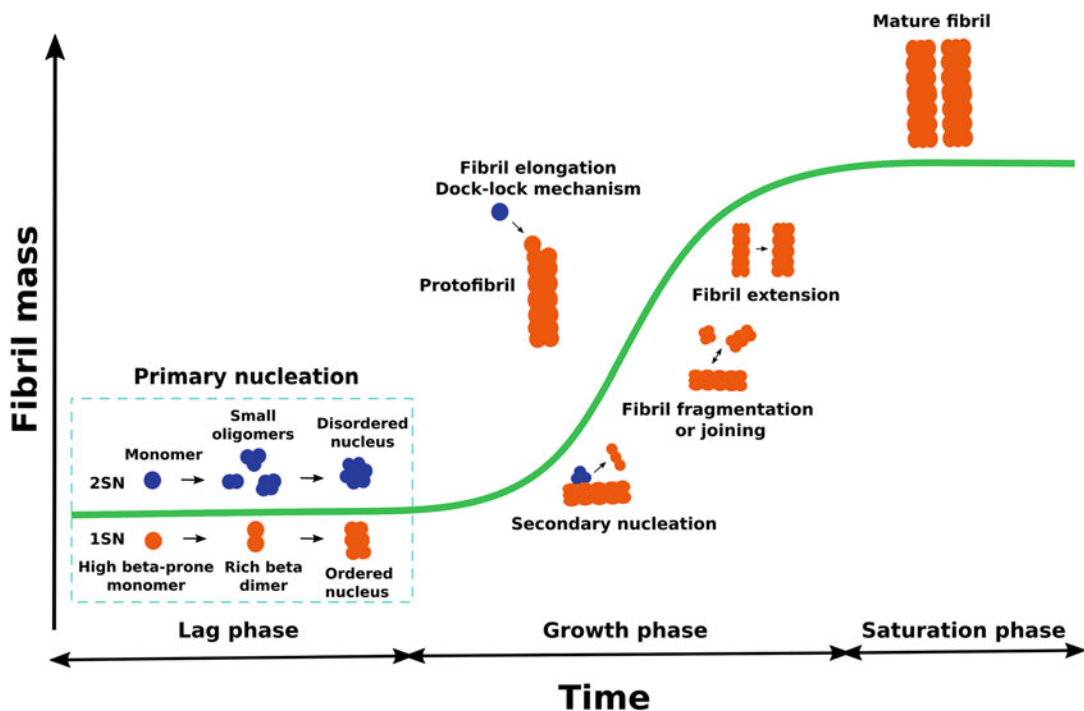


**Fig. 1** Schematic graph showing that a protein can either fold into its native state in order to be functional or misfold to aggregate. There are three possible scenarios for aggregation: the formation of toxic off-pathway oligomers, amorphous aggregate, and fibrillar structure through on-pathway oligomers

(e.g., at a high concentration of metal ions) or fibrillar with a cross-beta structure, as shown by experiment using solid state NMR, solution NM, and cryo-EM. It was previously thought that only fibrils are toxic to the nervous system, but recent experimental studies have revealed that off-pathway oligomers are also highly toxic [4] (Fig. 1). Therefore, it is necessary to determine the structure of oligomers, but because of their transient nature, experimental methods cannot solve this problem. In such a context, computational tools such as molecular dynamics simulations are helpful.

Amyloid fibril formation mechanism has been experimentally proven to follow the nucleation growth mechanism [5, 6], in which the augmentation of aggregation mass in time obeys the sigmoid curve (Fig. 2) and consists of three characteristic stages: the lag phase, elongation or growth phase, and equilibrium or saturation phase [1, 7]. The lag phase corresponds to the period, in which soluble monomers randomly form unstable oligomers, and its end is marked by the formation of a primary critical nucleus, which acts as a stable template into which other peptides are favorably incorporated and contribute to fibril elongation. In the elongation phase, formation of protofibrils from the template obeys the “dock-lock” mechanism [8]. The accumulation of fibril mass also benefits from the secondary nucleation, where available small fibrils catalyzes the formation of oligomers on their surface, resulting in the formation of  $\beta$ -sheet-rich species [9]. Finally, as soon as the balance between the attachment of monomers to mature fibrils and their detachment is reached, the system enters the saturation phase.

Protein folding has been known to be computationally challenging due to a rough free energy landscape, but the numerical



**Fig. 2** Sigmoid kinetics of fibril formation process typically observed in the fluorescent experiment. Blue and orange colors represent species favoring disordered and ordered configurations, respectively. 1SN refers to one-step nucleation kinetics, in which highly amyloidogenic peptides can associate to form  $\beta$ -rich oligomers and then a critical nucleus. 2SN stands for two-step nucleation kinetics, in which poorly amyloidogenic peptides are first formed small amorphous oligomers, and then they evolve into a disordered stable critical nucleus, which gradually transforms its structure into a rich  $\beta$ -structure template

study of fibril formation is even more difficult because the fibril formation time (hour-day) is about four orders of magnitude longer than the folding time ( $\mu$ s-s). Therefore, all-atom molecular simulations are usually limited to the fibril formation of short amyloid peptides or the early stage of aggregation of longer proteins [10]. Coarse-grained models have often been used to study aggregation kinetics, but not to obtain a fibrillar structure unless they are hybridized with all-atom models.

There are many good reviews of coarse-grained [11] and all-atom force fields (FFs) [12, 13] and their application to study self-assembly of proteins. Therefore, our goal is to provide a short survey of the latest developments in this area, with a focus on coarse-grained models and our own contributions. Our review begins with a description of the main all-atom FFs developed for proteins that have a native state and intrinsically disordered proteins or both. We restrict ourselves to the results obtained using these FFs for the aggregation of amyloid proteins and peptides. Most of the current off- and on-lattice models and their application to the study of the thermodynamics and kinetics of oligomerization and

fibrillation will be briefly discussed. Future directions in the development of computational models for the study of the aggregation of biomolecules will be outlined.

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## 2 Application of All-Atom Models to Study Protein Aggregation

All-atom FFs are the most natural choice to conduct theoretical studies of many biological phenomena involving proteins, nucleic acids, lipids, and sugars. Most of the FFs focusing on proteins are based on Anfinsen's dogma saying that at least for small globular proteins the native structure is determined only by the amino acid sequence [14]. However, the process of protein folding is so complicated that it is impossible to study all possible protein conformations [15]. Therefore, one should focus on a dominant folding pathway that leads to a native structure of proteins [16]. Although this is true for many proteins, it was found that protein aggregates and fibrils possess very stable and low-energy structures, which are kinetically preferable [17]. High stability of the fibrils is one of the reasons why diseases such as Alzheimer, Parkinson, or dementia with Lewy bodies are so difficult to treat [18, 19].

### **2.1 Typical FFs Used for Studies of Systems Involving Peptides or Proteins**

The four most popular all-atom FFs used to study proteins are probably Amber [20], CHARMM [21], GROMOS [22], and OPLS [23]. Although technically only GROMOS and OPLS-UA are unified atom FFs, due to the fact that some hydrogen atoms are implicitly included in heavy-atom parameters with which they are covalently bound, other FFs are also using some tricks to constrain motion of some or all hydrogen atoms in order to speed up simulations, such as SHAKE [24], RATTLE [25], and SETTLE for rigid water molecule [26] algorithms. All of the mentioned FFs are non-polarizable and belong to first-generation FFs sharing very similar energy equation [27]. Therefore, the most significant differences between them are mostly due to various parameterization methods used to obtain parameters [28].

All of the popular all-atom FFs exist in many versions and alterations developed by years of development, and although, in general, the accuracy of modern FFs is much better than of the old ones, not always new versions are universally better. For instance, they may overestimate the alpha [29] or beta [30] content. Thus, one should always be aware of possible bias of the method [31]. Some popular versions of FFs used to study protein systems are Amber ff99sb [32], ff14sb [33], and new ff19s [34], which is recommended to be used with more advance water model, e.g., 3-charge, 4-point rigid water model OPC [35] instead of regular three-site water model TIP3P [36]. CHARMM C22/CMAP (C27) [37, 38], C36 [39], and new C36m [40] designed with improvements for regular and disordered proteins, GROMOS

54A7 and 54B7, which improved the stability of proteins compared to 53A6 [41] and newer 54A8 [42] which fixed charge interactions [43], OPLS-AA [44], OPLS-AA-L [45], and other modifications, such as L-OPLS [46] and OPLS-AA/M [47, 48].

Additional issue is caused by peptides and proteins without stable secondary and tertiary structures, such as intrinsically disordered proteins (IDPs) [49], for which FFs often overestimate structure stability; therefore, some variants specially designed for these cases were developed [50], such as Amber ff14IDPs [51], and further improved versions ff14IDPSFF [52] and CHARMM36IDPSFF [53], significantly improving agreement of the simulations with the experimental observables [54]. As water models can significantly change the properties of disordered proteins [55, 56], due to strong interaction of such molecules with water [57, 58], Table 1 shows short summary of popular state-of-the-art FFs with recommended water models coupled with them.

## **2.2 Applications of All-Atom Models**

Due to computational limitations, for many years most of the applications of all-atom FFs focused on single peptide or protein systems [69]. Klimov and Thirumalai [70] were the first to apply an all-atom model to study the aggregation of three short peptides  $A\beta_{16-22}$  (KLVFFAE), which stimulated a lot of works in this area. Interesting approach to overcome the problem of too short computational time to study aggregation effect in large systems was to study the addition of the monomeric chain to oligomers and fibrils, which showed the two-stage dock-and-lock mechanism of such process if oligomer is big enough [8]. Sometimes the aggregation can be studied by using even only two chains or many chains but heavily truncated, if a good description of this process can be provided [71]. A good example is studies in which possibility of the aggregation was investigated by measurement of fibril-prone structure population [72], as in the works of Viet and Li, who demonstrated that addition of  $A\beta_{40}$  inhibits  $A\beta_{42}$  aggregation [73]. Thanks to the truncation, it is possible to investigate aggregation of dimers, trimers, and bigger oligomers [74] using enhanced sampling methods, such as replica exchange molecular dynamics [75–77], which allows to overcome energy barriers and, therefore, study the conformational space more thoroughly. On the other hand, we found that in case of monomeric IDPs with the use of modern FFs, it may be enough to use conventional MD simulations, which can be speed-up by using GP-GPU calculations [78, 79], due to small energy barriers between various conformations [58]. It is especially useful because studies of monomers' beta content may be enough to predict their aggregation rates [80]; however, it is important to remember that aggregation rate alone does not provide any information about conformation and toxicity of aggregates, and some small changes in the sequence may, e.g., induce the formation of nontoxic ellipse-like aggregates

**Table 1**

**Summary of the modern all-atom FF for studying structured proteins and IDPs. Official distributions of the FF versions are highlighted by gray background. In “Systems” column, letters S and D indicate that FF is suitable for structured or/and disordered proteins, respectively**

| FF            | Parameters     | Systems | Notes  | Ref. | Recommended water model                          | Ref.    |
|---------------|----------------|---------|--|------|--|---------|
| <b>AMBER</b>  | ff99sb         | S       | Old and very popular FF                                | [32] | TIP3P  | [36]    |
|               | a99SB-disp     | S + D   | Optimized a99SB-ILDN FF                                | [59] | TIP4P-D  | [55]    |
|               | ff99SBnmr2     | S + D   | Improved ff99SBnmr1 FF                                 | [60] | TIP3P for folded and TIP4P-D for IDPs            | [36,55] |
|               | ff03CMAP       | S + D   | Correction maps [CMAP]-optimized ff03sb FF.            | [61] | TIP4P-Ew for folded and TIP4P-D for IDPs         | [55,62] |
|               | ff14sb         | S       | Improved ff99sb by tuning dihedral potentials          | [33] | TIP3P  | [36]    |
|               | ff14IDPs       | D       | ff14sb FF with modifications for 8 residues.           | [51] | TIP3P  | [36]    |
|               | ff14IDPSFF     | D       | ff14sb FF with modifications for 8 residues.           | [52] | TIP3P  | [36]    |
|               | ESFF1          | S + D   | Extended ff14sb FF with 71 backbone CMAP energy terms  | [63] | TIP4P-D  | [55]    |
|               | ff19sb         | S + D   | Improved backbone profiles from ff14sb.                | [34] | OPC  | [35]    |
| <b>CHARMM</b> | C22            | S       | Very old and popular version of the FF                 | [37] | TIP3P  | [36]    |
|               | C22/CMAP       | S       | C22 with inclusion of an energy correction map [CMAPs] | [38] | Modified TIP3P                                   | [64]    |
|               | C36            | S       | Recent version of the FF for regular proteins          | [39] | Modified TIP3P [ $\epsilon_h = -0.046$ kcal/mol] | [39]    |
|               | C36m           | S + D   | Optimized C36 FF with emphasis on disordered proteins  | [40] | Modified TIP3P [ $\epsilon_h = -0.100$ kcal/mol] | [40]    |
|               | CHARMM36IDPSFF | D       | C36m with modified CMAP parameters for 20 residues.    | [53] | Modified TIP3P [ $\epsilon_h = -0.100$ kcal/mol] | [40]    |

(continued)

**Table 1**  
**(continued)**

|               |            |       |   |         |           |      |
|---------------|------------|-------|---|---------|-----------|------|
| <b>GROMOS</b> | 54A7       | S     | Popular FF version  | [41]    | SPC       | [65] |
|               | 54A7_β     | S     | Optimization of beta-structures in 54A7 FF                                    | [66]    | SPC       | [65] |
|               | 54A8       | S     | 54a7 with recalibrated nonbonded interactions of charged residues             | [42]    | SPC       | [65] |
| <b>OPLS</b>   | OPLS-AA    | S     | All-atom version of OPLS FF   | [44]    |           |      |
|               | OPLS-AA-L  | S     | OPLS-AA with optimized key Fourier torsional coefficients                     | [45]    |           |      |
|               | OPLSIDPSFF | S     | Residue-specific variant of OPLS-AA-L FF                                      | [67]    | TIP4P-D   | [55] |
|               | L-OPLS     | S     | Improved treatment of long hydrocarbons [e.g. lipid bilayers]                 | [46]    | TIP3P-MOD | [68] |
|               | OPLS-AA/M  | S + D | Improved OPLS-AA FF for proteins with additional parameters for nucleic acids | [47,48] | TIP3P     | [36] |

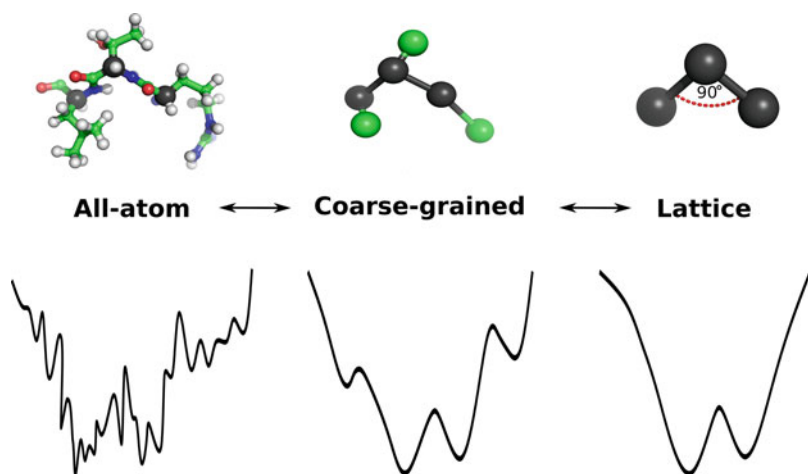
[81]. Another important note is that one should be careful when studying truncated systems, because lack of even one or two amino acid residues can significantly change their properties, such as aggregation rate, which is especially true for IDPs [82]. Influence of lipid bilayer on the amyloid peptide aggregation and peptide on bilayer stability was also investigated for monomers [83], dimers [84], and tetramers [85] including the structures manually inserted into the membrane forming beta-barrel structures [86], which were found also experimentally [87]. In case of amyloid beta, it is equally important to study aggregation of the chains as the inhibition of this process, due to the presence of different compounds, such as fullerenes [88] and their derivatives [89], curcumin [90], or small peptides [91]. Such attempts are conducted by many groups in order to provide theoretical background for fibril-related disease [10]. Computational studies of aggregates of amyloidogenic polypeptides such as Aβ, α-synuclein, islet amyloid polypeptide, tau protein, and prion protein have been recently reviewed by Ilie and Caflisch [92].

### 3 Coarse-Grained Models

In general, idea of coarse-graining is based on the assumption that reduction of the interacting centers decreases the computational time required for every MC or MD step and that conformational space can be searched more thoroughly due to smoother energy landscape (Fig. 3) and better sampling. Simplification of the system representation always bears a risk that some important details will be missing, negatively impacting accuracy of the method [93, 94]; therefore, users should be even more careful to check if a given approach provides satisfactory results for the investigated phenomenon [95, 96]. On the more positive side, coarse-grained FF can provide much wider view than all-atom methods, due to ability to study system or phenomenon much more extensively, using higher number of longer trajectories, providing better statistics and average properties than single-trajectory studies and discover secondary pathways of some processes [97]. All types of coarse-grained FFs, including structure-based, knowledge-based, and dynamics-based model, are currently very intensively developed to allow reliable simulations of macromolecular complexes [98]. Additionally, there are approaches to develop and use multiscale coarse-grained simulations to study biological systems [99, 100], or to include polarization [101] and reactivity [102]; there are not yet advanced enough to use for complex biomacromolecular systems.

#### 3.1 Typical FFs Used for Studies of Systems Involving Peptides or Proteins

Although there are many in-house coarse-grained FFs dedicated for studies of very limited number of systems, or even single cases [103, 104], there are also general-purpose coarse-grained FFs, such as AWSEM [105], CABS [106], MARTINI [107, 108],



**Fig. 3** Schematic representation of the all-atom, coarse-grained, and lattice representations and respective energy landscapes



OPEP [109, 110], PaLaCe [111], PRIMO [112], SIRAH [113, 114], and UNRES [115–117]. Contrary to the all-atom FFs, coarse-grained ones differ significantly not only in parameters of interacting centers, but also in system representation (level of reduction) and energy functions [93, 118]. Although such universal FFs allow in principle to study a plethora of phenomena, such as protein folding, conformational changes, and aggregation, due to complexity of these processes, performance of every method should be verified before application. One good example is the MARTINI FF, which was found to cause excessive, irreversible, and non-selective aggregation of membrane proteins [119], which is one of the problems assigned to be fixed in the next version of the FF [120]. Another issue comes from the unstructured character of IDPs, which are poorly described by most of the FFs, mostly due to overestimation of secondary structure stability. In some cases, it can be simply fixed by tuning energy potential terms responsible for secondary structure, like in ASWEN-IDP [121] or increasing strength of protein–water interactions [122]; however, sometimes design of the completely new method instead of modifying existing one is more convenient, like in case of FRAGFOLD-IDP [123], being redesigned CABSFlex [124]. One should have in mind that although design of IDP-specific version of the method should improve performance for these proteins, it may corrupt results for regular systems. Another problem may come from the fact that majority of coarse-grained FFs use knowledge-based potentials to describe studied systems. Their usage to study aggregation of IDPs, such as A $\beta$ 42, may be problematic, due to the fact that they are strongly biased by the structures deposited in the Protein Data Bank [125], used for parametrization, which are available only for fibrils, not for monomeric or oligomeric forms in water.

### **3.2 Applications of General-Purpose Coarse-Grained FFs**

Despite the limitations, at some point every popular coarse-grained FF was successfully used to study aggregation or oligomerization-related effects. It is unavoidable, as it is predicted that more than 80% of proteins stay not alone in the cell, but in complexes [126]. A few examples are presented below. The AWSEM Amylometer is a useful and powerful tool for prediction of amyloidogenic segments from the sequence providing additional information of thermodynamic and kinetic roles of these segments in folding and aggregation based on AWSEM FF [127]. Very recently, the same FF was used to study nucleation of two fibrils derived from patients with Pick's and Alzheimer's diseases showing importance of oligomeric structure on the fibrilization: oligomers with parallel in-register  $\beta$ -strands lead to fibril formation, while not ordered  $\beta$ -strand stacking lead to amorphous structures [128]. Even though in the

MARTINI model, secondary structure is fixed during simulation, there are still some attempts, in which it can be successfully used for structural studies of aggregation dynamics of self-assembling systems, such as self-assembling peptides [129], dipeptides [130] and other short peptides [131], and even effect of lipid bilayer on A $\beta$  peptide [132]. Newer FFs, like PRIMO and PaLaCe, were not extensively used yet, but even for them they are examples of association studies [133].

Various coarse-grained FFs are used to study also aggregation process of other molecules, such as  $\alpha$ -synuclein, for which it was found that formation of  $\beta$ -hairpin in region 38–53 is necessary for the aggregation [134] and that non-amyloid- $\beta$  component (NAC) mutations can disturb aggregation [135]. Influence of some molecules, like trehalose, which promote alternate aggregation pathway leading to the formation of amorphous aggregates was also studied as a possible way to treat Parkinson disease [136]. Another molecule, which is commonly studied for aggregations effect, is tau protein, for which nucleation kinetics of hexapeptide fragments involved in fibril formation was extensively studied by a coarse-grained FF [137], as well as effect of the temperature on fibril formation [138].

### **3.3 OPEP Coarse-Grained FF**

The most extensively used coarse-grained FF for studies of peptide and protein aggregation is OPEP (Optimized Potential for Efficient Protein Structure Prediction), developed by the group of Philippe Derreumaux for more than 20 years [109]. In OPEP, protein chain representation is reduced this way that the backbone consists of all atoms (N, C $\alpha$ , C, O, and H), while side chain is simplified to coarse-grained form (one bead, except for proline, which is described by all heavy atoms) to find good compromise between accuracy and speed-up [139]. Authors not only carefully designed the FF and model, but extensively tested it for protein folding capabilities [140], pH dependence [141], and investigated influence of simulation temperature [142] and thermostat on the obtained results [143].

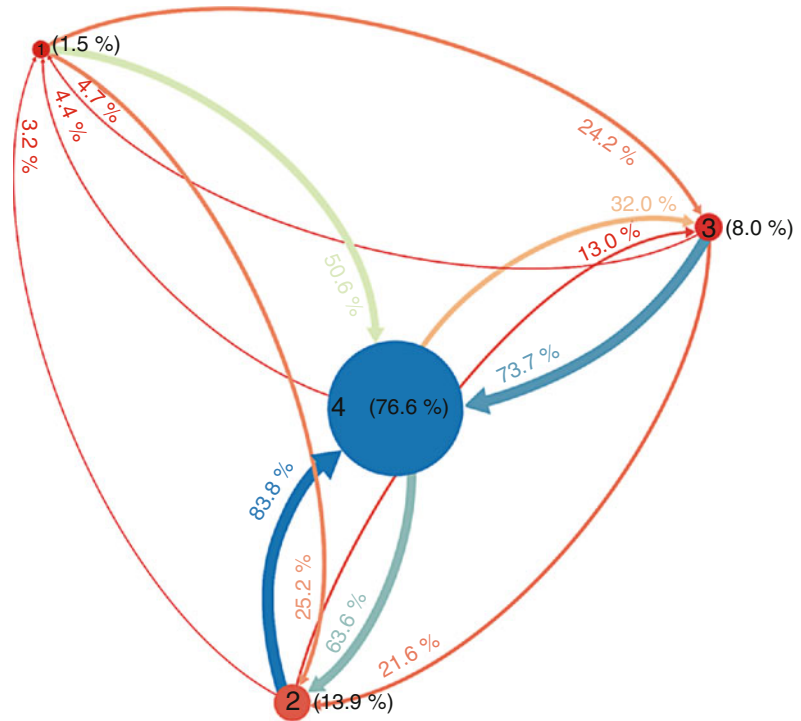
Using ART-OPEP simulations, it was demonstrated that the formation of oligomeric metastable structures is an important step in fibrilization process and provided possible explanation of dependency of  $\beta$ -sheet formation on pH conditions [144]. Later, using OPEP and all-atom FF, it was presented that the formation of stable  $\beta$ -barrel structures of NHVTLSQ oligomers [145] may be an important early aggregation step in fibril formation process [146]. Very recently, the same group demonstrated using all-atom methods that similar structures may be obtained by truncated A $\beta$ <sub>11–40</sub> in dipalmitoylphosphatidylcholine membrane models [147]. In other recent studies, OPEP was used to study 1000

chains of very truncated  $A\beta_{16-22}$  to show prefibril elongation mechanism, including pore and branch formation during aggregation process [148]. Thanks to the addition of the hydrodynamical effects to the OPEP FF, it can better capture kinetics of aggregation and association processes, speeding-up the collapse of molecules by about 40% [149].

### 3.4 UNRES Coarse-Grained FF

UNRES (UNited RESidue) is a coarse-grained physics-based FF, in which polypeptide chain representation is reduced to two interaction centers: peptide and side chain. It has been developed for more than 20 years by Liwo, Scheraga, and coworkers to allow realistic studies of peptides and proteins. It allows to study ab initio folding processes of many single-chain [95, 150, 151] and multi-chain proteins [152] including their aggregation for two [153], four [154, 155], and more chains with a good accuracy, if the satisfactory simulation time can be reached. UNRES can work purely as an ab initio method, without any information from databases, or to utilize in simulations some information, like predicted contacts between residues [156], SAXS data [157] or domain [158], and protein fragment [159] structures.

In the past, UNRES was used to study the growth mechanism of  $A\beta$  fibrils by adding monomer to the existing fibril template without any additional bias, which allowed to confirm the dock-lock mechanism with two distinct locking stages and importance of hydrophobic contacts between chains [160]. These studies were recently extended to determine most probable pathways of fibril elongation and residues necessary for the process to occur [161]. Also the importance of  $\alpha$ -to- $\beta$  transition of 17–21 residue fragment was found by the molecular dynamics simulation in UNRES FF to allow propagation along the 28-residue amino-terminal fragment of  $A\beta$  chains [162]. It was demonstrated that in the presence of extended 16–21 residue fragment of  $A\beta$  (such as in fibrils, but not in monomers),  $A\beta$  can bind to repeat domain of tau forming  $A\beta$ 40 fibril-tau aggregates [163]. In the most recent studies, we showed using multi-scale simulations that tetrameric structures of  $A\beta$  significantly differ from  $A\beta$  fibrils [155] and that  $A\beta$ -water interactions are key for stabilization of monomers [58] and small oligomers. We also showed that the formation of the tetramer is mostly due to interaction between two dimers, rather than trimer and monomer (Fig. 4) what was suggested also by other studies using OPLS/AA FF [164].



**Fig. 4** Transition network from UNRES REMD simulation showing oligomer size (label on each node) and transitions between different forms (arrows) [155]

## 4 Other Off-Lattice Coarse-Grained FFs

In the following paragraphs, some off-lattice coarse-grained models designed and applied for the study of peptide aggregation are briefly described. Since there are many models of these types, for convenience we call them after the name of the authors who have developed them. Representation of amino acids in most of the models described below is more simplified than in general-purpose coarse-grained FFs.

### 4.1 The Vacha–Frenkel Model

Vacha and Frenkel constructed a generic CG model, in which the peptides had patchy spherocylinder's (PSC) shape with a stripe on its side representing their binding ability. Using Monte Carlo simulations, the authors proved that this model can successfully predict the existence of oligomeric states capturing a two-filament amyloid-like structure [165]. Then, in the two-state modified model, specifically designed to describe A $\beta$  peptides, the patchy particles can switch between  $\alpha$ - or  $\beta$ -states corresponding to the soluble peptide or extended peptide conformation in A $\beta$ -amyloid structure, respectively. By performing 2 $\mu$ s of Dynamic Monte Carlo (DMC) simulation for a system of 600 PSCs, the authors were able to observe

fibrillar species with a morphology similar to experimental observations. The kinetics of patchy self-assembly is consistent with Oosawa's theory and the critical nucleation size was estimated to be about 3.8 chains [166]. Based on the PSC model, properties of the fibrillar nucleation-dependence kinetics were further studied [167–169], and the effect of various surfaces on the rate of amyloid formation was systematically investigated [170].

#### **4.2 The Barz–Urbanc Model**

Barz and Urbanc defined the unit of their minimal self-assembly model as a tetrahedron of two attractive (hydrophobic) and two repulsive (hydrophilic) beads located at its vertices [171]. The model employed a discrete MD algorithm combined with periodic boundary condition and an implicit solvent. By modulating the values of the hydrophatic parameter  $\eta$ , the ratio between repulsive and attractive interaction, the authors obtained various morphologies of aggregates such as quasi-spherical oligomers, curved tubules, curvilinear protofibrils, and multi-domain aggregates. The mechanism of monomer addition, assembly fusion, and breakdown has also been reported [171].

#### **4.3 The Hoang–Trovato–Seno–Banavar–Maritan Model**

Auer et al. extended Hoang-Trovato-Seno-Banavar-Maritan tube model [172], in which each residue is simplified to  $C\alpha$  atom, represented as a flexible tube, in order to study the nucleation and growth mechanism of peptide fibrillation [173] and to shed light on the kinetics of conversion from disordered oligomer species into protofilaments [174]. Hoang et al. applied the model to study the sequence dependence of the aggregation process, stating that the fibril template created by highly fibril-prone sequences can assist the formation of poorly amyloidogenic sequences into a fibril-like structure [175].

#### **4.4 The Mioduszewski–Cieplak Model**

Cieplak and Mioduszewski developed one-bead-per-residue  $C\alpha$  model to investigate intrinsic disorder proteins using unique design in which contacts between beads can form and disappear during MD simulation [176]. Using their model, the authors successfully constructed the polyglutamine and polyalanine phase diagrams which not only confirmed the existence of liquid–gas coexistence curve at room temperature but also revealed a novel amyloid-glass phase corresponding to the fibril-liked structures of the proteins at low temperatures [177]. Recently, the model was updated with the introduction of nonradial multibody pseudo-improper-dihedral potentials which allowed to more accurately capture protein and protein assembly properties during MD simulations [178].

#### **4.5 The Ilie–den Otter–Briels Model**

Ilie and coworkers developed a highly CG polymorph patchy particle model [179] to study  $\alpha$ -synuclein and its self-assembly. In their model, the protein is treated as a particle, and a changeable internal state was assigned to characterize the structural adaptability of this intrinsically disordered protein.

The disordered state and  $\beta$ -sheets are described as a solid spherocylinder with a long attractive stripe and soft spheres, respectively. The probability of shifting between the two states was set to favor the ordered state for bound particles. The authors matched the particle parameters to the experimental data of  $\alpha$ -synuclein and performed Brownian dynamics simulations. They found that the kinetics of fibril formation confronted to either the nucleation and growth mechanism or a two-step mechanism. Furthermore, the preformed fibrils promoted the conversion of oligomers to fibrils. The authors also introduced a higher resolution version of  $\alpha$ -synuclein as a mixture connecting polymorph particles and examined the kinetics of peptides incorporation at the fibril end [180].

#### **4.6 The Pellarin–Cafilish Model**

Pellarin and Cafilish developed a two-state CG phenomenological model of a simple amphipathic peptide consisting of ten beads, of which six beads described the peptide side chain and the remaining four served as its backbone [181]. The peptide can rotate around its internal dihedral, which is a unique freedom degree of the system, to switch between amyloid-competent ( $\beta$ ) and amyloid-protected states ( $\pi$ ), and the energy barrier between the two states modulates the degree of amyloidogenicity of the peptide. For highly amyloid-prone chains (HAPs), aggregation events occurred even at concentrations lower than the critical concentration of micelle (CMC), and the fibril mass was accumulated directly through a single pathway of a small nucleus without micelles, as well as intermediate protofibrils with the growth rate strongly dependent on the peptide concentration. Poorly amyloid-prone (PAPs) proteins nucleated through multiple pathways with a large nucleus at concentrations above CMC and fibril formation proceeded slowly through different metastable intermediates. It was found that the concentration of molecules has little impact on the fibril growth rate [181, 182]. Their simulation results also indicated that HAPs favorably formed the fibril morphology with the highest stability, while for PAPs, the formation of the fibril shape was regulated by kinetics [183]. Additionally, self-assembly of PAPs was accelerated by the crowding effect, retarded by membranes as well as surfactants, but does not play a clear role in membrane leakage. Whereas, the process of fibril formation of HAPs promoted membrane leakage is lightly enhanced by membranes, but is not sensitive to crowders and marginally influenced by surfactants [184–186].

#### **4.7 The Bellesia–Shea Model**

Each amino acid residue in the Bellesia–Shea model [187] is represented by three beads, two beads for the backbone and one for the sidechain. The authors introduced four different types of side chains: hydrophobic, polar, positively and negatively charged, and end group capped at both termini of the peptide to prevent edge-to-edge aggregation. The dihedral potential of the backbone was used to alter the  $\beta$ -sheet propensity of peptides. The model shared a

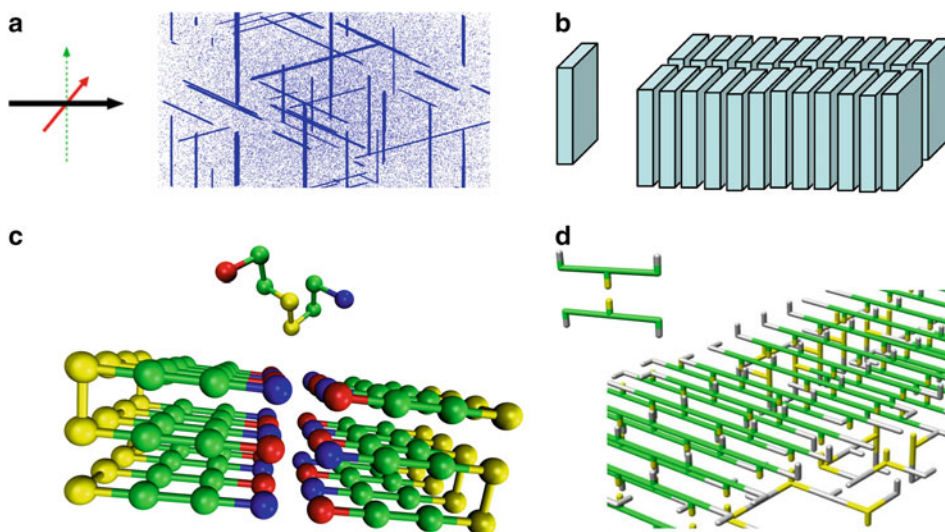
similar self-assembly kinetics with the Pellarin–Caflich CG model [188], for HAPs the aggregation pathway included a small ordered  $\beta$ -strand forming nucleus, which subsequently acted as a template for fibril growth, while for PAPs, initially formed amorphous clusters gradually transforming into ordered structures. Bellesia–Shea model can capture diverse structures such as disordered oligomers, beta barrels, and multilayer fibrils. Simulations in the presence of absorbing solid foreign surfaces and lipid bilayers membranes showed that both environments promote the formation of the  $\beta$ -sheet motif near the surfaces [189].

## 5 On-Lattice Models for the Study of Protein Aggregation

This part discusses the most simplified on-lattice coarse-grained models used to study protein aggregation. Such models are usually designed to solve a specific problem and focus on general physical principles, rather than on biology. In particular, we pay more attention to the lattice model, originally constructed by Li, Klimov, and Thirumalai [190], and then developed and extended by Li and Co [191–195] to various systems.

### 5.1 The Irback–Jónsson–Linnemann–Linse–Wallin model

Irback et al. designed a model [196], in which the peptides are represented by unit-length sticks located on lattice sites. Each peptide consists of three vectors characterizing the backbone, hydrogen bond, and side chain orientation (Fig. 5a). The movement of sticks is enabled through a MC algorithm. MC simulations



**Fig. 5** Monomers and fibril-like structures in several lattice models. (a) Stick model [196], (b) cuboid model [197], (c) one-bead lattice model, (d) multi-bead lattice model [198] (the small part represents a fragment of peptide)

of more than 105 monomers allowed to capture the sigmoid kinetics of fibrillar growth. In addition, the interplay between length and width during the fibril nucleation indicated that the longitudinal growth of fibril-like structures occurs only after their width reaches a threshold value [196].

### **5.2 The Zhang–Muthukumar Model**

To study the nucleation and elongation of amyloid fibrils, Zhang and Muthukumar developed a lattice model, in which monomers are represented by cuboid unit cells in a cuboidal simulation box (Fig. 5b) [197]. A unit cell can reflect an extended peptide, a folded peptide, and a pair of peptides, and its random movements are allowed by MC random walks. The simulation result showed that the aggregation of monomers followed nucleation-dependent behavior, in which the lag phase and elongation stage follow the Ostwald ripening mechanism [197].

### **5.3 The Abeln–Vendruscolo–Dobson–Frenkel Model**

Abeln et al. have developed a multi-bead lattice model allowing to study the interplay between fibrillization and folding processes (Fig. 5d) [198, 199]. In this model, each residue comprises one bead located at a lattice site and a vector representing the directionality of the side chain. Vacant lattice sites describe the surrounding solvent and possibly interact with both the backbone and side chains. The classical MC simulation showed that a predefined folding structure can be achieved by careful design of the peptide sequence. The authors also obtained the  $\beta$ -strand motif in both folded structure and fibrillar species. In addition, Tran and coworkers implemented the OPEP FF to the Abeln–Vendruscolo–Dobson–Frenkel model and performed simulations of aggregation of truncated A $\beta$  peptides to estimate their critical nucleus size [200].

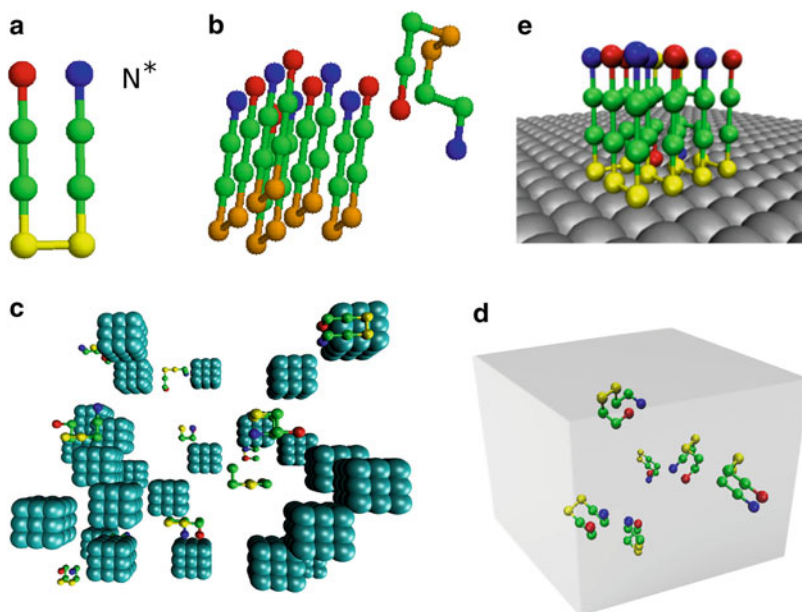
### **5.4 The Li–Klimov–Straub–Thirumalai Model**

Inspired by the oligomerization of the A $\beta_{16-22}$  fragments, Li et al. developed a simple on-lattice model, where a polypeptide chain has eight beads +HHPPHH-. Here + and - stand for positively and negatively charged beads, respectively, while P and H refer to polar and hydrophobic residues (Fig. 5c) [190]. The interactions between the pairs of residues were chosen so that they roughly mimic the real properties. In Monte Carlo simulations, the peptides changed their configuration through random local and global moves in combination with the classical Metropolis algorithm. The fibrillar structure (Fig. 5c) corresponds to the lowest energy. The model can describe the typical sigmoidal dependence of the fibril mass on the simulation time involving the lag, growth, and saturation phases (Fig. 2). Furthermore, three popular types of kinetics have been observed at various stages in the fibril formation process, including nucleation and growth, templated assembly, as well as nucleated conformational conversion [190].



The Li–Klimov–Straub–Thirumalai model has been used to systematically study the factors that govern the kinetics of protein aggregation. It was found [191] that the stronger attractive electrostatic and hydrophobic interactions between the polypeptide chains, the faster fibril formation, which is consistent with the experiment [201, 202]. Interestingly, the fibril formation time  $\tau_{\text{fib}}$  exponentially depends on the population of the fibril-prone monomeric state  $N^*$  (Fig. 6a),  $P_{N^*}: \tau_{\text{fib}} = \tau_{\text{fib}}^0 \exp(-cP_{N^*}^{\text{max}})$ , where  $\tau_{\text{fib}}^0$  and  $c$  are fitting constants. Our studies using all-atom models supported this conclusion [80].

Similar to the experimental [203] and simulation results obtained using the Pellarin–Cafish models [181], for HAPs, we observed a direct association of peptides to form rich  $\beta$ -strand clusters during an early stage of aggregation. The fibril growth phase appears only after the formation of a critical nucleus, from which monomers favor to incorporate into the template. Based on this argument, we designed various systems, including a rich  $\beta$  preformed template and one separate peptide (Fig. 6b) and measured adding time  $\tau_{\text{add}}$  (the time required for a peptide to assemble into its template). Simulations showed that  $\tau_{\text{add}}$  increased until the size of the preformed template reaches the critical nucleus size ( $N_c$ ), above which  $\tau_{\text{add}}$  becomes independent of the template size. The obtained  $N_c$  value agreed well with the critical nucleus size estimated by the



**Fig. 6** The factors governing the self-assembly rate uncovered by using Li–Klimov–Straub–Thirumalai lattice model: (a) Fibril-prone state  $N^*$ , (b) preformed template and adding monomer, (c) snapshot of polypeptide chains surrounded by cubic crowders, (d) six peptides in a confined box, (e) fibril structure of six chains on a hydrophilic smooth surface

free energy scaling method [193, 204]. In addition, using all-atom simulations, we proved that the pathways of fibril formation from the immobilized template (monomers in the template were kept fixed) must cross more intermediate states than paths starting from the fluctuating template. Consequently, the fluctuating template assisted the fibril formation better than the immobile template. As a result, the template fluctuation can be considered as a factor controlling the aggregation process, and the slow formation of mature fibril structures during the saturation phase is probably due to the rigidity of their preformed template [194].

To study the impact of the environment on the fibril growth kinetics, cube crowders were added to the Li–Klimov–Straub–Thirumalai model (Fig. 5c). They can make self-avoiding random walks and do not interact with each other, nor with peptides. Having carried out simulations with various concentrations and sizes of crowders, we captured the excluded volume effect of crowding particles [205, 206]. For a given crowder size, the presence of the milieu restricted the space for peptides resulting in accelerated self-assembly of the chains. This observation well matched with the previous theoretical [207] and experimental works [185, 208]. However, when the size of crowders was sufficient small, they hindered the aggregation process, and this dual effect is consistent with the experiment of Cabaleiro-Lago et al. [209]. Besides, the study of protein fibrils in a confinement space was performed by switching periodic boundary conditions and changing the size of the simulation box (Fig. 6d). The compromise between energetic terms and entropy resulted in a U-shape dependence of  $\tau_{\text{fib}}$  on the size of the confining box [192].

Combing the Li–Klimov–Straub–Thirumalai model with all-atom models, we were able to show that the higher the mechanical stability of the fibril state, the faster the fibril formation [195] which is partly consistent with the experiment. However, this hypothesis requires further computational and theoretical support.

Finally, we also used our simplified model as a guide tool to develop a phenomenological theory to explain the mechanism of heat-induced degradation of fibrils and to explore the effect of different surfaces on peptide assembly [210]. We have shown that the time dependence of the fibril content, which can be measured by the ThT fluorescence assay, obeys a bi-exponential function. However, the number of unbounded chains, which can be probed by tryptophan fluorescence, follows the logistic kinetics.

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## 6 Conclusions

In conclusion, we highlight future directions in the development of computational models to study protein folding and aggregation.

A good example of use of the all-atom FF to study enormous systems was done by Sugita, Feig and coauthors, who studied bacterial cytoplasm with more than 100 million atoms in a nano-second timescale [211]. These simulations showed possible problems with the FF, which were not possible to be identified in simulations of smaller systems and presented view of proteins and other biomacromolecules in crowding environment, whose behavior can be significantly different than in bulk water [211] mostly due to confined space and presence of nonspecific interactions between molecules, which can affect protein stability [212], folding, and aggregation [213]. Although limited timescale of the simulations did not allow study protein aggregation explicitly, obtained results strongly suggest that this phenomenon should be studied including other molecules, which are competing in interactions, destabilizing the structure and promoting association [214]. Due to the constant improvement and development of both computational resources and methods [215, 216], in near future such large-scale studies should become more affordable and may even allow to use polarizable FFs [217, 218] to better capture effects related to charge distribution. It is well known that the presence of metal ions can change not only the aggregation rate but the morphology of the aggregate [219]. For example, at high concentrations of  $\text{Cu}^{2+}$ , the aggregate of A $\beta$  peptides becomes amorphous. The development of FFs that adequately describe free transition metal ions and their interaction with fibril-prone proteins remains a challenge. Finally, machine learning is emerging as a useful tool for constructing coarse-grained FFs from large ab initio databases [220], and important advances in this direction can be expected.

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