



29 **1. Introduction**

30 Exchange phenomena are an essential ingredient of diffusion and spreading
31 phenomena, which are abundant in nature and govern the evolution of tangible and
32 intangible objects and goods (Bunde et al., 2018). Nuclear Magnetic Resonance
33 provides particularly powerful methodologies to investigate molecular exchange
34 processes (Ernst et al., 1987; Callaghan, 2011). Slow molecular exchange on the
35 millisecond time scale is studied by two-dimensional exchange NMR, i. e. by chemical
36 exchange spectroscopy for rotational motion (Jeener et al., 1979) and by exchange
37 relaxometry for translational motion (Lee et al., 1993). In equilibrium the nature of the
38 exchange processes is commonly understood to be random Brownian motion, and the
39 2D exchange maps are expected to be symmetric with respect to their diagonal. On
40 the other hand, exchange in non-equilibrium leads to asymmetry in 2D NMR maps.
41 This has been observed, for example, in 2D chemical exchange spectra for chemical
42 reactions involving different sites (Lacabanne et al., 2022), for the spread of
43 hyperpolarization by spin diffusion (Björgvinsdóttir et al., 2021), and for slow flow
44 across porous media in relaxation exchange maps (Olaru et al., 2012).

45 The kinetics of transitions or exchange between discrete states driven by random
46 processes are described by (van Kampen, 1992)

$$47 \quad \frac{dM_i(t)}{dt} = \sum_j \{k_{ij}M_j(t) - k_{ji}M_i(t)\}, \quad (1)$$

48 where M_i are populations or longitudinal magnetization components collected in the
49 vector \mathbf{M} , and k_{ij} are the exchange rates equivalent to the transition probabilities from
50 state j to state i , which are collected in the kinetic exchange matrix \mathbf{k} . In equilibrium

$$51 \quad \frac{dM_i(t)}{dt} = 0, \quad (2)$$

52 and the number of all particles arriving at site i from sites j is equal to the number of all
53 particles leaving from site i to sites j so that the total mass is conserved.

54 As a result of mass balance, two-site exchange between states or sites A and
55 B always leads to symmetric 2D NMR exchange maps in thermodynamic equilibrium
56 as the number $k_{BA}M_A$ of particles populating site B by leaving site A per unit time is
57 equal to the number of particles $k_{AB}M_B$ leaving site B and populating site A per unit of
58 time. This number is the product of the rate k_{BA} for transitions from site A to site B
59 times the population M_A of site A. The relationship $k_{BA}M_A = k_{AB}M_B$ is known as the
60 'principle of detailed balance'. It is usually taken to also apply to rate processes
61 involving more than two sites.



62 By example of mass-balanced equilibrium diffusion between three sites
63 (Sanstrom, 1983), eqn. (1) becomes

$$\begin{aligned} 64 \quad k_{21}M_1 + k_{31}M_1 &= k_{12}M_2 + k_{13}M_3, \\ 65 \quad k_{12}M_2 + k_{32}M_2 &= k_{21}M_1 + k_{23}M_3, \\ 66 \quad k_{13}M_3 + k_{23}M_3 &= k_{31}M_1 + k_{32}M_2, \end{aligned} \quad (3)$$

67 or equivalently, mass balance requires

$$68 \quad k_{12}M_2 - k_{21}M_1 = k_{31}M_1 - k_{13}M_3 = k_{23}M_3 - k_{32}M_2. \quad (4)$$

69 Normalization of this expression to the total number of exchanges per unit time defines
70 the asymmetry parameter a_{sy} to be used below,

$$71 \quad (k_{23}M_3 - k_{32}M_2) / [(1 \quad 1 \quad 1) \mathbf{k} \mathbf{M}] \stackrel{\text{def}}{=} a_{sy}. \quad (5)$$

72 While mass balance (4) is a necessary condition for dynamic equilibrium, detailed
73 balance, on the other hand, is a stronger condition and requires

$$74 \quad a_{sy} = 0. \quad (6)$$

75 Detailed balance had been introduced by Maxwell in 1867 based on ‘sufficient
76 reason’ in his derivation of the speed distribution of gas atoms considering the speed
77 exchange between colliding gas atoms in thermodynamic equilibrium (Maxwell, 1867).
78 An intriguing consequence of the exchange being balanced in detail between particles
79 A and B amounts to the impossibility of assigning positive time to either velocity
80 exchange from A to B or B to A on the particle scale of the exchange process, thus
81 admitting negative time or time reversal. In 1872 Boltzmann showed in an elaborate
82 treatment, that Maxwell’s speed distribution also applies to polyatomic gas molecules
83 (Boltzmann, 1872). Furthermore, in 1917 Einstein derived Planck’s law of black-body
84 radiation as a balanced energy exchange between quantized radiation and matter
85 underlining the striking similarity to Maxwell’s speed distribution of gas atoms (Einstein,
86 1917). He concludes “Indem Energie und Impuls aufs engste miteinander verknüpft
87 sind, deshalb eine Theorie erst dann als berechtigt angesehen werden, wenn
88 gezeigt ist, daß die nach ihr von der Strahlung auf die Materie übertragenen Impulse
89 zu solchen Bewegungen führen, wie sie die Wärmetheorie verlangt,” (Since energy
90 and momentum are intimately connected, a theory can only then be considered
91 justified, when it has been shown, that according to it the momenta of the radiation
92 transferred to the matter lead to such motions as demanded by the theory of heat.)

93 In his work extending Maxwell’s speed distribution to polyatomic gas molecules
94 Boltzmann considered molecules in a container whereby the walls reflect the
95 molecules like elastic balls: “Bezüglich der Gefäßwände, welche das Gas



96 umschließen, will ich jedoch voraussetzen, dass die Moleküle an denselben wie
97 elastische Kugeln reflektiert werden. ... Die Wände stören nicht, da an ihnen die
98 Moleküle wie elastische Kugeln reflektiert werden; also geradeso von ihnen
99 zurücktreten, als ob der Raum jenseits der Wände von gleich beschaffenem Gase
100 erfüllt wäre.“ (Concerning the container walls which enclose the gas, I want to presume
101 that the molecules are reflected from them like elastic balls. The walls do not
102 interfere, because the molecules are reflected from them like elastic balls; that is,
103 recede from them just like that, as if the space beyond the walls would be filled with
104 similarly conditioned gas.) Moreover, the interaction between gas molecules can be of
105 any type. While he claimed that any other interaction between walls and molecules
106 would lead to the same result albeit at loss of simplicity, the perfectly elastic reflections
107 of the gas molecules at the walls would eliminate the topological constraints of the box
108 on their motion. Boltzmann obtained the same speed distribution for polyatomic
109 molecules with internal degrees of freedom as Maxwell had for atoms based on
110 detailed balance of speed exchange. In the simulations reported below, the motion of
111 molecules is considered for which the interactions with the walls are the same as those
112 among the molecules. Understanding confined diffusion (Valiullin, 2017) is important
113 from a general point of view because the motion of molecules without topological
114 constraints is an ideal limit which cannot perfectly be realized in practice although it
115 may be realized within experimental uncertainty.

116 Two-site exchange processes will always be symmetric in thermodynamic
117 equilibrium. This situation has been evaluated analytically for NMR relaxation
118 exchange of fluids in porous media (McDonald, 2005). Yet multi-site relaxation-
119 exchange NMR maps (Van Landeghem, 2010) can from a mathematical point of view
120 be asymmetric. For example, the transverse magnetization $s(t_1, t_2)$ from a three-site
121 T_2 - T_2 relaxation exchange NMR experiment (Gao and Blümich, 2020),

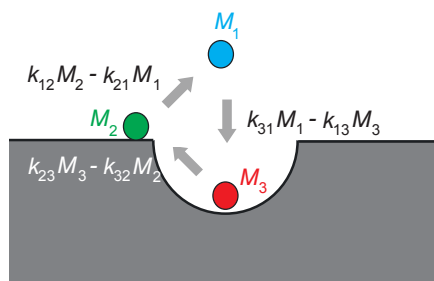
$$122 \quad s(t_1, t_2) = (1, 1, 1) e^{-(R_2+k)t_2} e^{-(R_1+k)t_m} e^{-(R_2+k)t_1} \mathbf{M}(t_0), \quad (7)$$

123 has been simulated to model an experimentally observed asymmetric three-site T_2 - T_2
124 NMR exchange map of water molecules saturating Al_2O_3 powder with the three
125 relaxation sites corresponding to bulk water, water molecules on the surface of the
126 powder particles and water molecules inside the surface pores (Fig. 1). Here $\mathbf{M}(t_0)$ is
127 the initial vector of transverse magnetization components from relaxation sites 1, 2 and
128 3 generated from longitudinal thermodynamic equilibrium magnetization with a 90°
129 pulse at the beginning of the experiment at time t_0 , and t_1 , t_m , t_2 are the evolution,



130 mixing, and detection time intervals of the 2D NMR experiment, respectively
131 (Callaghan, 2011; Lee et al., 1993). Apart from the relaxation-rate matrices \mathbf{R}_1 and \mathbf{R}_2 ,
132 and the kinetic matrix \mathbf{k} , the best match obtained by forward simulation returned the
133 peak integrals revealing an asymmetry parameter of $a_{sy} = -1.2\%$. This asymmetry of
134 the forward and backward particle jumps between two sites specifies the percentage
135 of circular exchange events per unit time between the three sites in thermodynamic
136 equilibrium (Fig. 1).

137



138

139 Figure 1. Asymmetry in three-site diffusion-mediated exchange indicates coherent
140 circular motion by example of water molecules in contact with porous Al_2O_3 grains.
141 Three water populations M_j are identified by different NMR relaxation times and color.
142 They are molecules in the bulk (1), molecules on the particle surface (2) and molecules
143 in the pores (3). The exchange rate constants are k_{ji} . The net particle flux between two
144 sites differs from zero. The net mass of all molecules participating in the exchange is
145 conserved. The figure illustrates positive a_{sy} .

146

147 While it can be argued that the experimental value of asymmetry lies within the
148 measurement uncertainty, molecular dynamics simulations are reported and
149 discussed below to investigate whether asymmetry in three-site exchange is just a
150 mathematical peculiarity or a realistic physical phenomenon. This study is thought
151 provoking in view of the fact, that asymmetric three-site exchange disagrees with
152 detailed balance of the exchange between any pair of sites and needs to be explained
153 by circular diffusion on the pore scale in thermodynamic equilibrium. Such motion
154 resembles that of a ratchet which Feynman has argued to disagree with the second law
155 of thermodynamics (Feynman et al., 1966).

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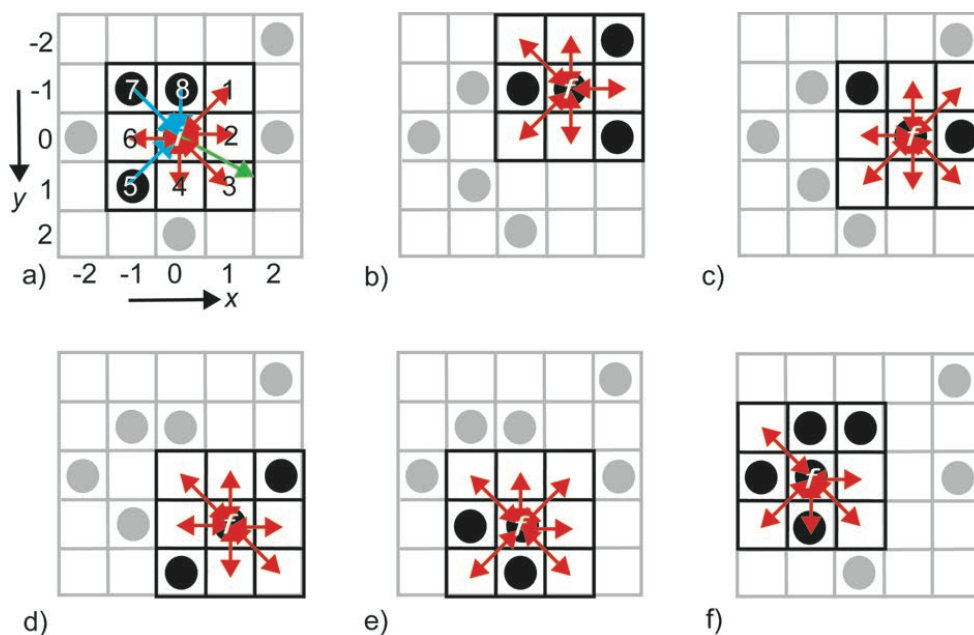
157 **2. Modelling confined diffusion**

158 **2.1 Vacancy diffusion: Random particle jumps on a 2D checkerboard**

159 Random jumps of particles from occupied sites to vacant sites were simulated with a
160 Monte-Carlo algorithm (Greibenkov, 2011; Hughes, 1995; Sabelfeld, 1991) in a



161 confined space on a checkerboard. The algorithm models vacancy diffusion (Seitz,
162 1948) encountered in metals and alloys but the particles perform the jumps rather than
163 the vacancies. To keep the simulation simple, it is limited to jumps on a 2D 3×3 Moore
164 lattice of range 1 (Wolf-Gladrow, 2000) following rules of the game of life (Wolf-
165 Gladrow, 2000; Bialnicki-Birula, 2004). Here the center particle can jump to any of its
166 8 neighbors. Different neighborhoods of range 1 were tested (Fig. S1) (Bialnicki-Birula,
167 2004), but only the Moore neighborhood having the highest symmetry of all
168 neighborhoods, produced data consistent with Eqn. (4). Topological constraints are
169 introduced which set boundaries to the jump space. Initially, the available cells inside
170 the jump space on the grid are populated randomly with particles up to a specified
171 particle density. Particles in the bulk are indexed 1, and two distinct boundary sections
172 are indexed 2 and 3, giving three environments between which randomly selected
173 particles can move. A particle jumping from environment j to i is counted by
174 incrementing the element ij of a 3×3 jump matrix by 1. If the particle environment does
175 not change with the jump, the respective diagonal element is incremented.
176



177 d) e) f)
178 Figure 2. Checkerboard randomly occupied by particles represented by filled circles.
179 a) The cells surrounding the initial particle position i are numbered clockwise from 1 to
180 8. Cells 5,7, and 8 are occupied, the others are empty. The force (green arrow) on the
181 center particle is calculated as the sum of forces exerted from all particles in the
182 occupied nearest neighbor cells (blue arrows). The entropy is estimated from the sum



183 of distances to all neighboring free cells (red double arrows). b-f) The center particle in
184 a) can jump to any of the free cells 1, 2, 3, 4, and 6, each of which has its own entropy.
185 The final position f of the jump is identified by evaluating the jump probability based on
186 a simple heuristic model of the free jump-energy difference.
187

188 A particle on a square grid has eight nearest neighbor cells to which it can jump.
189 (Fig. 2a). If more than one out of all neighbor cells are empty and thus available as
190 destination cells for the jump, the destination cell is identified by evaluating the jump
191 probability for each destination cell based on a simple heuristic model of the free jump-
192 energy difference (Fig. 2b-f). At constant temperature and constant volume, the particle
193 motion is governed by the Helmholtz free energy $A = U - T S$, where U is internal
194 energy, T is temperature, and S is entropy. In thermodynamic equilibrium, A is at its
195 minimum. The probability of a particle moving from one cell to another is given by the
196 Boltzmann distribution $p = \exp\left\{-\frac{\Delta A}{k_B T}\right\}$, where $\Delta A = \Delta U - T \Delta S$.

197 The free energy change $\Delta A = \Delta U - T \Delta S$ is determined from crude models of the
198 internal energy change $\Delta U = \mathbf{F} \Delta \mathbf{R}$ defined by the repulsive net force \mathbf{F} exerted from
199 all neighboring particles on the particle at stake and the length $|\Delta \mathbf{R}|$ of the jump to the
200 next cell, the temperature T , and the entropy change ΔS . The force \mathbf{F} between two
201 particles follows Newton's inverse square distance law. It is proportional to $\frac{1}{|\Delta \mathbf{R}|^2}$ in the
202 direction of $\frac{1}{|\Delta \mathbf{R}|} \Delta \mathbf{R}$ from an occupied cell j to the particle i under consideration. The total
203 force the particle i experiences is the vector sum of the forces exerted from the particles
204 j in all occupied neighbor cells (Fig. 2a),

$$205 \quad \mathbf{F}_i = \sum_j \frac{1}{|\Delta \mathbf{r}_{j,i}|^3} \Delta \mathbf{R}_{j,i}. \quad (8)$$

206 The internal energy change $\Delta U_{f,i}$ is computed for each potential jump from the initial
207 occupied cell i to the final empty cell f by the product of the net force \mathbf{F}_i with the vector
208 $\Delta \mathbf{R}_{f,i}$ connecting the centers of the initial cell i and the final cell f .

209 The entropy change $\Delta S = S_f - S_i$ is the difference between the entropies of the
210 particle with its eight nearest neighbors for the final state f and the initial state i . It is
211 estimated by the sum of the step lengths $R_{f,i} = |\Delta \mathbf{R}_{f,i}|$ of the particle i to its unoccupied
212 next nearest neighbor cells f ,

$$213 \quad S_i = \sum_f \Delta R_{f,i}. \quad (9)$$

214 In case a neighbor cell is occupied, $\Delta \mathbf{R}_{f,i} = 0$. Detailed examples are worked out in the
215 supplementary information (Fig. S2).

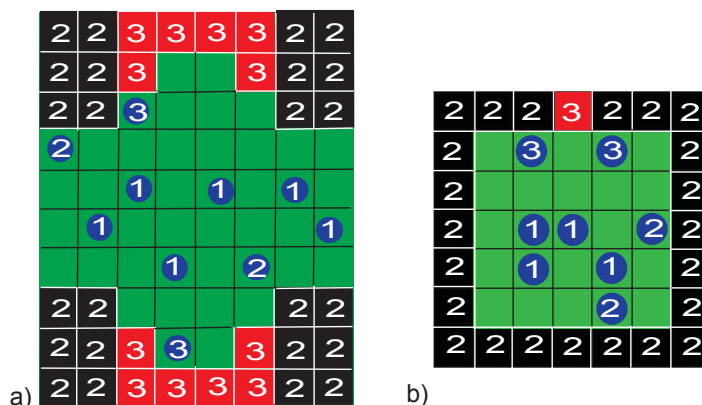


216 With these definitions jump probabilities $p = \exp\left\{-\frac{\Delta A}{k_B T}\right\}$ can be calculated. In
217 each jump step, an initially occupied cell i is selected at random and p is evaluated for
218 all possible jumps to neighboring empty cells as potential final cells f . If for one or more
219 jumps $p \geq 1$, the destination cell of the jump is picked at random from this subset of all
220 potential jumps. If all neighbor cells are occupied, $p = 0$, and no jump is possible. If
221 $0 < p < 1$ the destination cell is chosen at random from all those with the same largest
222 jump probability $p < 1$.

223 In the simulations reported below, the Boltzmann constant k_B has been set to 1
224 and so has the shortest distance between neighboring cells. Depending on the type of
225 cell, periodic boundary conditions (Fig. 3a) or rigid boundaries (Fig. 3b) were
226 employed. A cell boundary has been treated just like an occupied cell with the same
227 definition of the free energy in the calculation of the jump probability.

228 The simulations were carried out with a program written in Matlab R2020a by The
229 MathWorks Inc. on an Apple MacBook Pro 2.4 GHz having an Intel Quad-Core i5
230 processor. Typically, 10^7 jumps were simulated in one run taking 75 seconds.

231



232

233 Figure 3. Examples of pore models for two-dimensional three-site exchange based on
234 a checkerboard grid. Particles can occupy one cell and jump to a neighboring empty
235 one based on the free-energy difference of the jump. a) Porous solid. The boundaries
236 right and left are periodic. The boundaries top and bottom are rigid. Depending on their
237 next neighbors in the first coordination shell, the particle-relaxation environments are
238 identified as bulk (1), surface (2) or pore (3). b) Small square pore with an active site.
239 The bulk (1), the walls (2), and the active site (3) have different relaxation properties.
240 If a particle cell contacts two different relaxation sites, the higher number overrides the
241 lower number when identifying its relaxation environment.

242



243 **2.2 Gas diffusion**

244 The gas diffusion calculations explore similar pore size and occupancy. Here the
245 motion of circular particles with diameter equal to the cell size was accomplished by
246 propagating an initial Maxwell–Boltzmann distribution of particle speeds for random
247 initial positions in a Monte Carlo fashion based on instantaneous collisional forces. The
248 collisions change both the direction and velocity of the particles at each of the 10^9
249 constant time increments used here. These elastic collisions with other particles and
250 the wall are mediated by the particle size, which is set to be a fraction of the pore side
251 length of one. This means that a square pore with a five-particle diameter side length
252 is populated with particles having a diameter of $1/5$. To compare the continuous
253 positional output of this model to vacancy diffusion, a two-dimensional square grid with
254 cell size set by the particle diameter is imposed on the entire pore. The quasi-
255 continuous positional output is then binned into these cells and compared to the binned
256 positions from the previous observation to determine if particles translated between
257 the main pore volume, pore wall, and active site. The translational information is used
258 to assign estimates of the jump-matrix elements and thus the asymmetry parameter
259 a_{sy} . The distribution of particles in the pore is recorded at constant time intervals,
260 whereas for vacancy diffusion it is recorded after each jump.

261

262 **3. Results**

263 Two different pore geometries were analyzed. Initially the simulation was executed for
264 a pore geometry (Fig. 3a) which approximates the pore structure of Fig. 1 and which
265 is hypothesized to explain the observed asymmetry of water diffusing in a porous Al_2O_3
266 grain pack (Gao and Blümich, 2020). It is mirrored vertically to double the probability
267 of particles entering the dent (relaxation site 3) in the otherwise straight surface
268 (relaxation site 2). The bulk of the particles defines relaxation site 1. This complex pore
269 structure was studied first, and the simulations revealed the existence of asymmetric
270 exchange. To understand the essence of the asymmetry a simple square pore with an
271 active site was studied in detail modelling confined diffusion in a small pore. The bulk,
272 the walls and the active site have different relaxation properties (Fig. 3b). For both
273 structures, the asymmetry parameter a_{sy} was evaluated for vacancy diffusion as a
274 function of temperature and pressure. The results for the complex pore are reported in
275 the supplementary material, whereas those for the simple square pore are reported in
276 the main text here. Pressure was varied in terms of the population density measured

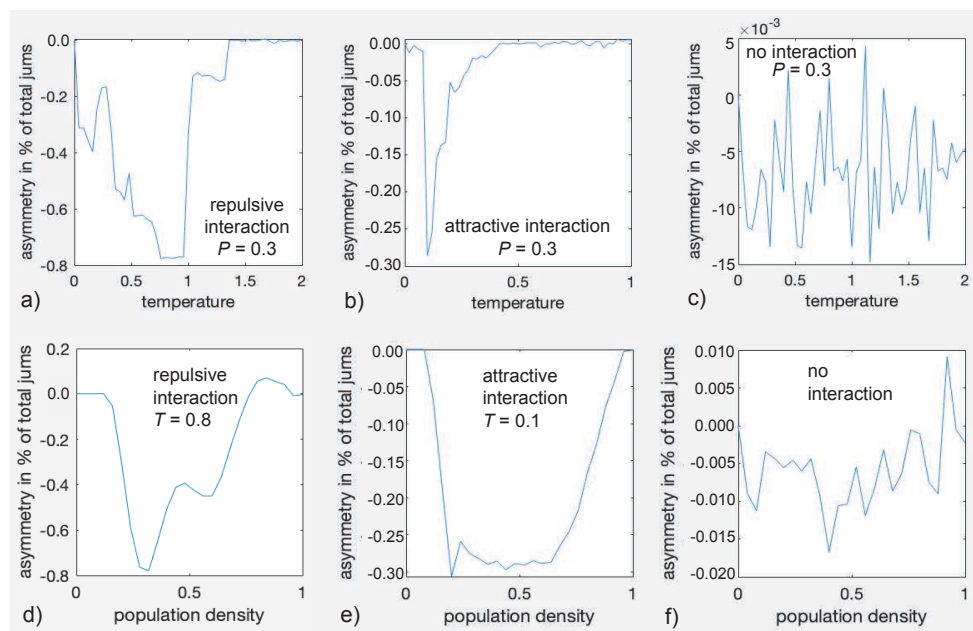


277 as the fraction of cells occupied in the pore. At certain temperatures and pressures
278 also the autocorrelation function of the occupation-time track of a particular cell and its
279 Fourier transform were determined. Striking features observed in vacancy diffusion
280 were subsequently modelled for gas diffusion in the square pore.

281 Relevant results for the square pore (Fig. 3b) are summarized in six graphs in
282 Fig. 4. The asymmetry parameter varies strongly with temperature T (Figs. 4a,b) and
283 pressure corresponding to population density P (Figs. 4e,f). All parameters are relative
284 quantities without units. The top three graphs a), b) and c) show the variation of a_{sy}
285 with temperature for a population fraction of 0.3 corresponding that of a gas. The
286 asymmetry parameter assumes only negative values in an abrupt but reproducible
287 manner in the range of $-0.8\% < a_{sy} < 0.0\%$ for repulsive interaction (Fig. 4a), i. e. for
288 the definition of the force between particles as illustrated in Fig. 2a. With reference to
289 Fig. 1, negative a_{sy} reports that the straight exit route from the active site towards the
290 center of the pore is preferred over the detour via the pore wall. When the interaction
291 is changed from repulsive to attractive by inverting the sign of ΔU in the expression for
292 the free energy, the asymmetry parameter varies as well, however, only between -
293 $0.3\% < a_{sy} < 0.0\%$ (Fig. 4b). In either case, the asymmetry parameter varies with the
294 thermodynamic conditions. It is concluded, that for this small pore, up to about 1% of
295 all jumps on the checkerboard can proceed in an ordered circular fashion between the
296 three sites. Similar behavior is observed for the complex pore of Fig. 3a as illustrated
297 in Fig. S3 in the supplement.

298 At the extrema of the $a_{sy}(T)$ curves in Figs. 4a,b the dependence of the
299 asymmetry parameters on population density was investigated (Figs. 4d-f). The
300 variations with population density are smoother than those with temperature.
301 Significant negative asymmetry results at intermediate pressure, while at low and high
302 pressure, the asymmetry is small (Fig. 4d,e). At higher temperature and high pressure,
303 small positive a_{sy} is observed (Fig. 4d, $T = 0.8$, $P = 0.8$). If the interaction between
304 particles and walls is turned off, i. e. $\Delta A = 0$, essentially noise more than two orders of
305 magnitude smaller than with particle interaction is observed for the exchange
306 asymmetry determined from 10^6 jumps when varying T and P , however, with a small
307 bias towards negative a_{sy} (Figs. 4c,f). This suggests that the non-zero values for a_{sy}
308 reported in Figs. 4a,b,d,e are trustworthy.

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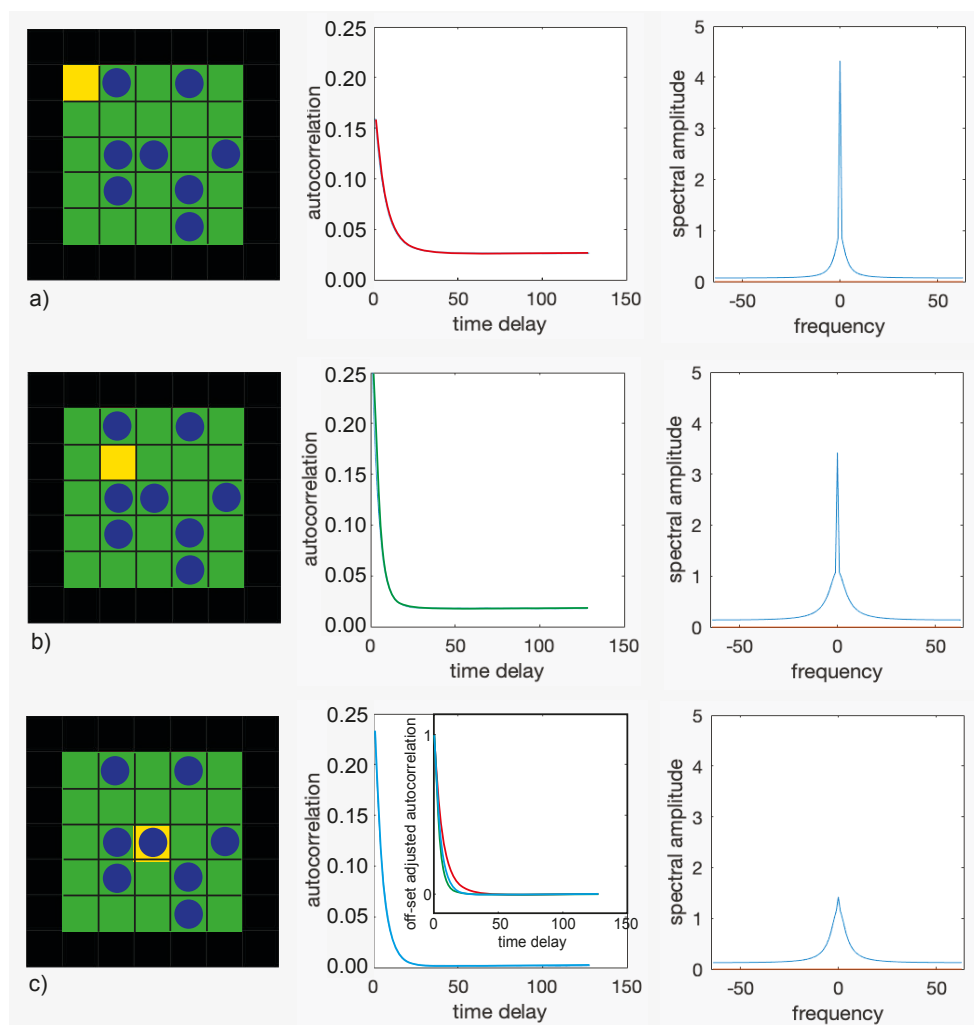
311 Figure 4. Asymmetry parameters a_{sy} for diffusion inside the small rectangular pore
312 depicted in Fig. 3b as a function of temperature T (a-c) and pressure P (d-f). a) $a_{sy}(T)$
313 for repulsive interaction at $P = 0.3$. b) $a_{sy}(T)$ for attractive interaction at $P = 0.3$.
314 c) $a_{sy}(T)$ without interaction. d) $a_{sy}(P)$ for attractive interaction at $T = 0.8$. e) $a_{sy}(P)$ for
315 attractive interaction at $T = 0.1$. f) $a_{sy}(P)$ without interaction.

316

317 To shed further light on the origin of the asymmetry, autocorrelation functions of
318 the occupation-time tracks of selected cells in the pore were computed and Fourier
319 transformed (Fig. 5). The occupation-time track was calibrated to zero mean for purely
320 random occupation, i. e. it contained the negative population density when it was empty
321 and the complement of the population density to one when the cell was occupied. The
322 faster the autocorrelation function decays, the less coherent the cell population
323 fluctuates and the broader is its Fourier transform, i. e. the transfer function (Fig. 5b,c).
324 A constant offset of the autocorrelation function shows that the time-average
325 population in the cell differs from the mean population of the pore (Fig. 5a,b). This
326 offset produces a spike at zero frequency in the transfer functions. Subtracting the
327 offsets from the autocorrelation functions and scaling the resulting functions to the
328 same amplitude reveals different decays in different cells and thus variations in particle
329 dynamics across the pore (inset in Fig. 5c, middle). These dynamics cannot readily be
330 measured for a single cell in the pore, although an average over all cells and pores in
331 the measurement volume would be amenable to experiment by probing the particle



332 dynamics with CPMG measurements in magnetic field gradients at variable echo time.
333 Such measurements provide the frequency-dependent diffusion coefficient as the
334 Fourier transform of the velocity autocorrelation function (Stepišnik et al., 2014,
335 Callaghan and Stepišnik, 1995; Parsons et al., 2006).
336



337
338 Figure 5. Autocorrelation functions (center) of the occupancy of the yellow cells (left)
339 and the real parts of their Fourier transforms (right) for repulsive interaction at $T = 0.1$
340 and $P = 0.3$. a) Corner cell. b) Off-center cell. c) Center cell. The inset in the middle
341 compares the decays of all three autocorrelation functions after subtraction of the
342 offsets.
343

344 While the autocorrelation function is difficult to probe experimentally, the
345 asymmetry parameter a_{sy} , on the other hand, also probes the particle dynamics and



346 could be investigated experimentally in a straight-forward manner by relaxation-
347 exchange NMR experiments provided the signal-to-noise ratio is good enough. The
348 parameter depends on the location of the relaxation center in the pore wall (Fig. 6).
349 This dependence has been verified to be identical for all walls of the square pore.
350 Moreover, it exhibits mirror symmetry about the center position (Fig. 6e). For vacancy
351 diffusion in a 5×5 square pore with walls 7 cells wide (Fig. 6a,b), a_{sy} varies consistently
352 with position irrespective of the particle interaction being positive, negative or zero but
353 differs strongly in magnitude. It is highest at the corner positions and lowest at the
354 center position. For zero particle interaction, a_{sy} is more than an order of magnitude
355 smaller than for repulsive interaction, so that the number of particle jumps had to be
356 increased to 10^9 resulting in 3 h computation time for each data point in the
357 corresponding trace (black) Fig. 6e. Interestingly, a_{sy} for gas diffusion without particle
358 interaction (green, Fig. 6e) varies in a fashion similar to that for vacancy diffusion, is of
359 magnitude comparable to that of vacancy diffusion (black, Fig. 6e), but does not
360 change sign with position of the active site in the pore wall. In all cases the precision
361 of the asymmetry parameter a_{sy} obtained in the simulations exceeds the second
362 relevant digit.

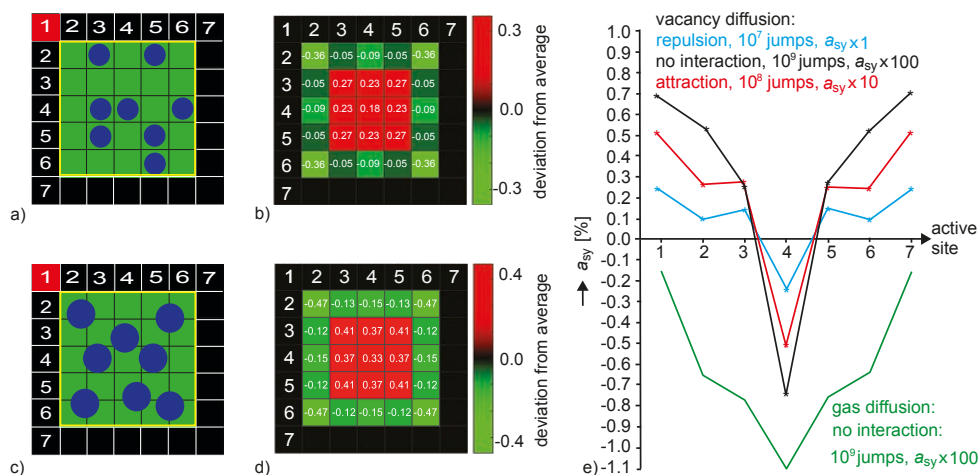
363 The particle dynamics manifested in a_{sy} are accompanied by variations of the
364 average population density across the pore which is depleted in the first particle layer
365 at the pore wall, enhanced in the next layer, and tapers off towards the pore center in
366 both cases (Figs. 6b,d, Fig. S4). The densities vary in a similar fashion across the pore
367 for both types of diffusion albeit having somewhat different values as can be verified
368 by close inspection of the numbers in each cell in Figs. 6b,d.

369 The maps in Fig. 6b,d revealing the deviation of local population density from
370 average population density were calculated by summing the 2D maps of particle
371 distributions after each jump, normalizing the resultant maps to the number of jumps
372 and the particle density and subtracting the average mean expected for a constant
373 particle density across all cells in the pore. Further maps of population density
374 variations for the two different pores of Fig. 3 with other sizes and interaction
375 parameters are summarized in Fig. S4 of the supplement. While the particle density
376 varies less with temperature for vacancy diffusion, different density patterns are found
377 at different pressures. The strongest density variations are near the pore wall whether
378 the interaction is repulsive, zero, or attractive, which becomes particularly evident for
379 larger pores (Figs. S4b,d,e). At low density and in the absence of particle interactions



380 the main features of the density maps are strikingly similar for vacancy diffusion (Figs.
 381 S4b) and gas diffusion (Figs. S4d). The particle density is strongly depleted at the pore
 382 corners and near the wall and significantly increased in the next particle layer (Figs.
 383 S4e,f). This behavior can be expected in vacancy diffusion when considering, that a
 384 jump to an empty pore away from the wall can happen from all directions, while an
 385 empty pore at the wall cannot be populated from the side of the wall. Also, for gas
 386 diffusion in continuous space, a spherical particle cannot get to the wall closer than
 387 half its diameter. For interacting particles, this concentration variation is carried forward
 388 in vacancy diffusion with increasing distance from the wall leading to concentration
 389 waves which taper off towards the center of the pore and interfere with each other
 390 coming from different directions. For small pores interference patterns dominate the
 391 density distribution across the pore (Figs. 6b,d and Figs. S4a,c). For noninteracting
 392 particles, the decay of the concentration wave towards the pore center is fast with few
 393 to no oscillations towards the pore center, while the oscillations are enhanced by
 394 thermodynamic interactions between the particles (Fig. S4d, $P = 0.2$). In particular, the
 395 population density at the active site in the dent of the complex pore of Fig. 3a depends
 396 on the thermodynamic parameters P and T (Figs. S4a,b). It needs to be investigated
 397 further how much the NMR relaxation times vary with the position in the standing
 398 concentration wave and the associated particle dynamics from the pore wall to the
 399 center (Bytchenkoff and Rodts, 2011).

400



401

402 Figure 6. Population density distributions and dependences of the asymmetry
 403 parameter a_{sy} on the position of the active relaxation site in the pore wall for $P = 0.3$
 404 and a pore with 5×5 cells. a,b): Vacancy diffusion at $T = 0.2$ without particle interaction



405 as an average over 10^9 jumps. a) The positions of the relaxation center in the pore wall
406 are numbered from 1 to 7. c,d) Gas diffusion in a square pore with cell walls 5 particle
407 diameters wide. a,c) Schematic drawings of the populated pores. b,d) Deviations of
408 the average population-density distribution from the mean. e) Variations of the
409 asymmetry parameter with the position of the active site in the cell wall for differently
410 interacting particles for vacancy and for gas diffusion. The mirror symmetry for each
411 trace confirms the sufficient precision of the simulation.
412

413 **4. Discussion**

414 For two-dimensional vacancy diffusion, jumps of randomly selected particles from one
415 cell to an empty neighbor cell and for two-dimensional gas diffusion with variable paths
416 between collisions in model pores give rise to asymmetry in the exchange statistics
417 between three sites depending on temperature and pressure. The two pore geometries
418 were investigated, one modeling a section of a porous solid grain particle (cf.
419 supplementary information) and the other being a small square pore with an active
420 site, e. g. a catalytically active center. The interaction between the particles as well as
421 the particles and the walls are identical in the reported data but can be repulsive, zero,
422 or attractive in the vacancy-diffusion case while it is zero for the gas-diffusion case.
423 The observed asymmetry parameters vary in a range on the order of $-1\% < a_{sy} < 1\%$,
424 i. e., up to 1% of all particles in the pore may not follow detailed balance between all
425 pairs of sites but move coherently in circles between the three sites. It is emphasized
426 that this circular exchange is between the pools of particles representing the three
427 sites, and it is not a motion followed by individual particles completing circular jumps.
428 If the free interaction energy is set to zero in the vacancy-diffusion simulations, the
429 magnitude of the observed asymmetry a_{sy} is smaller than 0.01% (Fig. 4c,f), a value
430 which could only be observed at 10^9 jumps of 7 particles in the pore for vacancy as
431 well as gas diffusion (Fig. 6e). Given positive or negative interaction energies, the
432 variations of a_{sy} with temperature T appear rapid, reminiscent of phase transitions
433 (Figs. 4a Figs. S3a). The variations of a_{sy} with pressure corresponding to population
434 density P are smooth (Figs. 4b, Figs. S3b). Either positive or negative values of a_{sy} are
435 observed as T or P change. A sign change of a_{sy} reports a change in the sense of the
436 circular exchange (cf. Fig. 1).

437 For a simple square pore, the asymmetry parameter varies with the position of
438 the active site in the cell wall, exhibiting mirror symmetry with respect to the wall center
439 (Fig. 6e). Moreover, the autocorrelations functions and their Fourier transforms have
440 been determined for the occupancy time tracks of selected cells at specific positions



441 inside a small square pore for 10^7 jumps of all particles in the pore (Fig. 5). The track
442 function had been devised to have zero mean for the average cell population.
443 Depending on the position of the cell inside the pore, the autocorrelations functions
444 and their Fourier transforms vary. Specifically, the autocorrelation function can exhibit
445 a significant constant offset. At these positions inside the pore, the particle densities
446 are different from the pore average, and the cell is on average more empty or occupied
447 than expected if the exchange between all cells were the same. This conclusion is
448 supported by the observed deviations of the cell occupancies from the pore average
449 (Figs. 6b,d, Fig. S4). Near the pore wall the average population density is depleted and
450 varies in an oscillatory manner along the pore wall. Further towards the center of the
451 pore the average population density increases sharply and then tapers off towards the
452 pore center to a value slightly above the average density.

453 The observations for vacancy diffusion in a square pore with 5×5 cells are
454 compared to independent simulations of gas diffusion of non-interacting particles in a
455 square pore with an edge length of 5 particle diameters also allowing 7 relaxation
456 centers along the pore wall (Figs. 6a,c). A similar variation of the asymmetry parameter
457 is found as for vacancy diffusion, but the asymmetry parameter is negative for all
458 positions of the active site (Fig. 6e). Moreover, the depletion of the average particle
459 density at the pore wall and its subsequent variation towards the center are similar with
460 the exception, that oscillations of the average particle density along the pore wall are
461 weaker for gas diffusion at short observation intervals (Figs. 6b,d) but increase with
462 the duration of the observation intervals (Fig. S5). The lack of a sign change in the
463 asymmetry parameter with changing position of the active site may be explained by
464 destructive interference of particle collisions from multiple sites with the wall within one
465 discrete particle diameter and the fact, that the free path length between collisions in
466 gas diffusion is not limited to the next cell as in vacancy diffusion but can range up to
467 the pore diameter.

468 Taken together, the observed asymmetry in the three-site exchange and the
469 variation of the jump statistics with position inside the pore point at diffusive resonance
470 phenomena like standing waves of air in pipes as reported by Kundt (Kundt, 1866) or
471 of vibrating plates as reported by Chladni (Chladni, 1787). Stochastic resonance
472 phenomena have been observed with NMR first by Sleator, Hahn et al. (Sleator et al.,
473 1985) and subsequently studied in detail by Müller, Jerschow, et al. in different
474 scenarios (Müller and Jerschow, 2005; Schlagnitweit and Müller, 2012). In NMR, the



475 magnetization fluctuating with the thermal motion of the nuclear spins assumes the
476 role of the particles and the resonance circuit assumes the role of the pore.

477 Three-site exchange can be viewed as a finite difference approximation to the
478 Laplace operator (van Kampen, 1992; Kuprov, 2022) governing Fick's second law
479 (Fick, 1855). Considering some local site N with neighbor sites $N-1$ and $N+1$ right and
480 left, the mass flow to and from site N given by eqn. (1) is

$$481 \quad \frac{dm_N(t)}{dt} = k_{N,N-1}m_{N-1} - k_{N-1,N}m_N + k_{N,N+1}m_{N+1} - k_{N+1,N}m_N, \quad (10)$$

482 Taking the limit to infinitesimal small distance $\Delta r \rightarrow \partial r$ between the neighboring sites
483 leads to $k_{j,i} = k$, demonstrating that (10) is a finite difference approximation of a
484 second spatial derivative balanced by the temporal variations of m during infinitesimal
485 time ∂t ,

$$486 \quad (k m_{N-1} - 2 k m_N + k m_{N+1})/\Delta r^2 \approx k \frac{d^2 m}{d^2 r^2} = \frac{dm}{dt} / \Delta r^2. \quad (11)$$

487 In this limit, eqn. (11) becomes Fick's second law with the diffusion coefficient $D =$
488 $k\Delta r^2$. This back-of-the-envelope argument indicates that the observed asymmetry of
489 three-site exchange is a property of Fick's second law.

490 The diffusion equation applicable to longitudinal magnetization in NMR instead of
491 particle masses m is the Bloch-Torrey equation (Torrey, 1956),

$$492 \quad \frac{\partial}{\partial t} m(\mathbf{r}, t) = D \nabla^2 m(\mathbf{r}, t) - \mu m(\mathbf{r}, t), \quad (12)$$

493 where m now is the magnetization deviation from thermal equilibrium and μ is the bulk
494 relaxation rate. $m(\mathbf{r}, t)$ solves this equation in terms of an expansion into normalized
495 eigenfunctions $\phi_n(\mathbf{r})$ with amplitudes A_n and eigenvalues τ_n (Brownstein and Tarr,
496 1977; Song, 2000)

$$497 \quad m(\mathbf{r}, t) = e^{-\mu t} \sum_{n=0}^{\infty} A_n \phi_n(\mathbf{r}) e^{-\frac{t}{\tau_n}}. \quad (13)$$

498 The eigenvalues are determined by the boundary condition

$$499 \quad D \mathbf{n} \nabla \phi_n(\mathbf{r}) = \rho \phi_n(\mathbf{r}), \quad (14)$$

500 where ρ is the surface relaxivity and \mathbf{n} is the unit vector normal to the surface. The
501 lowest normal mode ϕ_0 has no nodes. The higher normal modes ϕ_n possess nodal
502 surfaces. The higher diffusion eigenmodes have been detected by NMR with selective
503 excitation of partial pore volumes making use of field gradients internal to the pore
504 (Song, 2000). These experimental results reported by Song agree with the Monte Carlo
505 simulations of diffusive translational motion in pores reported here, in that the
506 population density varies across the pore and that the offset of the autocorrelation
507 function of the local pore occupancy depends on the position of the cell in the pore.



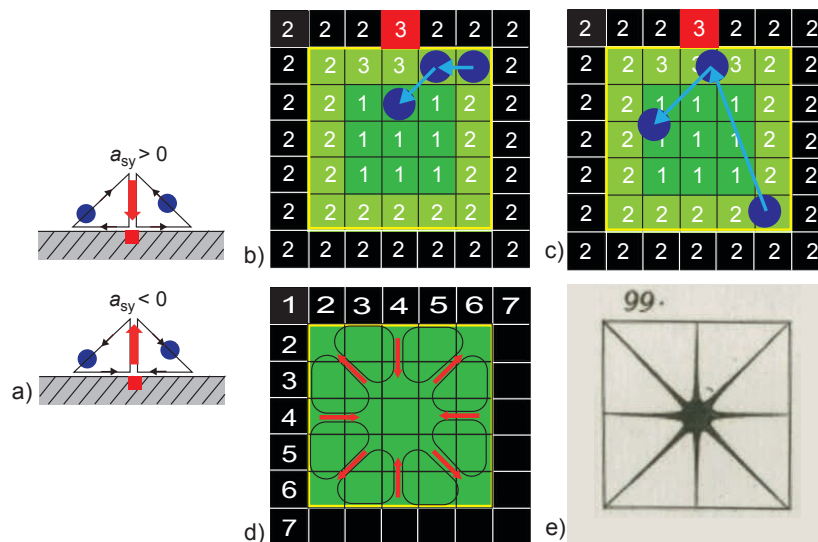
508 From the exchange asymmetry of the particles in the square pore investigated in
509 Fig. 6 (Fig. 7) a suggestive picture emerges for confined vacancy diffusion, where the
510 diffusion lengths are confined to the distances from the particle to the direct neighbor
511 cells. Depending on the sign of the asymmetry parameter (Fig. 7a), a small fraction of
512 the particles (blue circles) prefers the direct path towards or away from the active site
513 (red square) at the pore boundary over the path along the boundary to or from the
514 active site. In the center of the wall, the direct path away from the active site to the bulk
515 is preferred over the path along the pore wall when leaving the contact region with the
516 active site (Fig. 7b). But because jumps are allowed in vacancy diffusion only to
517 neighboring cells, the cells 2 at the wall right and left of the active site 3 must be
518 populated from the bulk 1 by direct jumps from the bulk to the wall. For these jumps,
519 the asymmetry parameter is positive, as observed for the off-center positions of the
520 active site (Fig. 6e). Given the symmetry of the square pore, the in-plane translational
521 diffusion paths resulting from the variation of the asymmetry parameters with the
522 position of the active site on the pore wall (Fig. 6e) demand the existence of eight
523 diffusion vortices inside the pore (Fig. 7d). The symmetry of this in-plane translational
524 diffusion pattern matches the symmetry of one of the node patterns of the out-of-plane
525 vibrational modes of a square plate observed by Chladni (Fig. 7e) about a quarter of a
526 millennium earlier (Chladni, 1787). This suggests that the dynamic of vacancy diffusion
527 observed in the computer model reported here is a resonance feature of the pore and
528 thus an eigenmode of pore diffusion. This resonance effect is far less pronounced for
529 gas diffusion (Fig. 7c) where the free paths between collisions can span the entire cell.
530 Because the mass flow from relaxation site 2 to the active site 3 can be sustained from
531 any position at the pore wall the asymmetry parameter does not need to change sign
532 when the active site moves along the pore wall (Fig. 7e), and the circular paths can
533 have various shapes and can extend across the entire pore, so that the vortex pattern
534 is largely washed out.

535 Given the technological importance of fluid motion in small pores in
536 heterogeneous catalysis (Kärger et al., 2012), it will be interesting to explore, if
537 correlated motion resulting from standing particle-concentration wave patterns near
538 pore walls can be enhanced by external drivers like ultrasound, electric or magnetic
539 fields. The standing waves could be enhanced by tuning the driver frequency to the
540 pore resonance like a musician enforces resonance modes on a musical instrument
541 when playing. To enhance the diffusion eigenmodes, also low-power broad-band,



542 forced oscillations can be considered such as in Fourier transform infrared
 543 spectroscopy (Michelson, 1903) and stochastic NMR spectroscopy (Ernst, 1970),
 544 while triggering free oscillations by high-power impulses may destroy the porous
 545 medium under study.

546



547

548 Figure 7. Illustration of the exchange asymmetry for the square pore of Fig. 6a.
 549 a) Depending on the sign of the asymmetry parameter, a small fraction of diffusing
 550 particles (blue circles) prefers the direct path towards or away from the active site (red
 551 square) at the pore boundary over the path along the boundary from the active site.
 552 b) Vacancy diffusion for negative asymmetry parameter and the active site 3 in the
 553 center of the pore wall. Jumps are limited to the next nearest cells. The direct path
 554 away from the active site to the bulk 1 in the center is preferred over the path along
 555 the pore wall 2 when leaving the contact region with the active site. c) Gas diffusion for
 556 negative asymmetry parameter and the active site 3 in the center of the pore wall. The
 557 free paths between collisions can span the entire cell. d) In-plane translational diffusion
 558 paths resulting from the variation of the asymmetry parameters with the position of the
 559 active site on the pore wall depicted in Fig. 6e. e) Out-of-plane vibrational mode of a
 560 square plate observed by Chladni (Chladni, 1787).
 561

562 5. Summary

563 The evidence provided by molecular dynamics simulations of random particle jumps
 564 on a 2D checkerboard and by simulations of 2D gas diffusion with topological
 565 confinements supports the notion, that asymmetry in three-site exchange maps reports
 566 the non-Brownian diffusion dynamics of confined particles. Depending on the sign of
 567 the asymmetry parameter, for a small fraction of diffusing particles, the direct path



568 towards or away from the active site at the pore boundary is preferred over the path
569 along the boundary to or from the active site (Fig. 7). Both, vacancy diffusion and gas
570 diffusion produce congruent results. Yet, the reported simulations are limited to two
571 dimensions, and it may be argued that the asymmetry of exchange vanishes in the
572 more common pores with three spatial dimensions. But two-dimensional diffusion is
573 not an abstract model and arises for gas atoms adsorbed to metal surfaces (Oura et
574 al., 2013), so that the coherent particle diffusion indicated by the non-zero asymmetry
575 parameter may be observed there. Meanwhile experiments are in progress (Fricke and
576 Reimer, 2022) investigating three-site particle exchange in different systems including
577 highly regular pore structures such as molecular organic frameworks (Stallmach et al.,
578 2006; Forse et al., 2020). Moreover, future work aims at expanding the current models
579 of vacancy and gas diffusion to three dimensions and different types of interactions
580 between neighbor particles and walls to gain further insight into the details of local
581 particle concentrations and thermodynamic equilibrium fluxes inside pores. But given
582 the congruent simulation evidence for vacancy diffusion and gas diffusion in two-
583 dimensional confinements it is concluded, that confined diffusion is not fully random
584 but exhibits local concentration gradients that can lead to flux anomaly violating the
585 principle of detailed balance. Especially, Boltzmann's claim, that "The walls do not
586 interfere, because the molecules are reflected from them like elastic balls; that is,
587 recede from them just like that, as if the space beyond the walls would be filled with
588 similarly conditioned gas" is not fulfilled for small pores as evidenced by the observed
589 population-density variations across pores and the known existence of diffusion
590 eigenmodes. Accordingly, the principle of detailed balance does not apply to a fraction
591 of particles close to the pore wall. On a rigorous absolute scale, this means that
592 apparently random motion in phase-separated environments is not fully random and
593 time reversal does not apply to all particles. Since we live in a phase-separated
594 universe, Einstein may be right after all when he wrote to Bohr on 14 December 1926
595 (Born, 1959): "Die Quantenmechanik ist sehr achtunggebietend. Aber eine innere
596 Stimme sagt mir, daß das noch nicht der wahre Jakob ist. Die Theorie liefert viel, aber
597 dem Geheimnis des Alten bringt sie uns kaum näher. Jedenfalls bin ich überzeugt, daß
598 der nicht würfelt." This statement is commonly paraphrased by "God does not play
599 dice". It may be interesting to find out, what role diffusion eigenmodes at interfaces
600 between different states of matter played accumulated over billions of years in the
601 evolution of life in the universe.



602

603 **Author Contributions**

604 BB posed the question, executed the simulations of confined vacancy diffusion, and
605 wrote the manuscript. MA worked out the algorithm for vacancy diffusion along with
606 BB and supervised MP. MP programmed the algorithm for confined gas diffusion and
607 executed the gas-diffusion simulations.

608

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614 Buntkowsky, and Jeffrey Reimer for stimulating discussions. Special thanks go to the
615 unknown reviewer who commented on the manuscript (Gao and Blümich, 2020), that
616 asymmetry in three-site exchange violates the principle of detailed balance.

617

618 **Code availability**

619 The codes for simulating confined 2D vacancy diffusion and confined 2D gas diffusion
620 is available from the authors upon request.

621

622 **Conflict of Interest statement**

623 Other than that BB is on the advisory board of Magnetic Resonance the authors
624 declare no conflict of interest.

625

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