

AMS Prescribed Minimum Benefit Basket of Care for COVID-19 | 2024

This document provides information about the Prescribed Minimum Benefits (PMBs) basket of care for managing the symptoms of COVID-19

Please make sure your claims have the appropriate ICD-10 code

All claims must have the appropriate ICD-10 codes (diagnosis codes) so we can identify and pay from the applicable Anglo Medical Scheme PMB COVID-19 basket. Please ask your doctor to include the ICD-10 codes (diagnosis codes) when referring you to the pathologist, radiologist or other healthcare providers. This will enable these healthcare providers to share this information with us and allow us to comply with legislation by paying PMB claims correctly.

We may pay claims from your day-to-day benefits if PMB requirements are not met

We will pay claims from your available day-to-day benefits when:

- The claims are submitted without the relevant ICD-10 codes (diagnosis codes).
- The treatment does not meet the Scheme’s clinical entry criteria and guidelines for PMB funding.

What happens if you need more treatment or treatment that falls outside of these defined benefits

If you need treatment in excess of, or treatment that falls outside of the defined benefits, you and your healthcare provider can send additional clinical information with a detailed explanation of the treatment that is needed and we will review it. If this treatment is approved as a PMB, it will not be paid from your available day-to-day benefits, but from your approved PMB cover.

You can follow the below easy steps to apply for PMB cover in excess of the benefits stated in the tables below:

1. Download the “Request for Additional Prescribed Minimum Benefit Funding” form. Up-to-date forms are always available on www.angloms.co.za. You can also call **0860 222 633** to request the forms.
2. Complete the form with the assistance of your healthcare provider.
3. Send the completed and signed form, along with any additional medical information, by email to dtmbapplications@angloms.co.za.

COVID-19 Vaccine

Administration of the COVID-19 vaccine is covered as a PMB. All Scheme members will have access to the COVID-19 vaccines and boosters which are provided by the National Department of Health to public sector facilities and private service providers free of charge. You will be required to register on the National Department of Health’s Electronic Vaccination Data System (EVDS) and make use of one of the accredited vaccination sites. The list of accredited facilities will be published by the National Department of Health.

You will have access to funding up to 100% of the Scheme Reimbursement Rate for the administration of the COVID-19 vaccines and boosters:

	Description	Codes
COVID-19 vaccine administration	Administration fee for vaccine including material and PPE	3002823001

The following tables show what treatment the Scheme will fund as PMB should you test positive for COVID-19. We have divided the baskets of care into a screening, diagnostic and follow up care if a member is not admitted to hospital.

Screening and testing

Members who suspect they might have COVID-19 will have access to funding for the following tests and consultations from the PMB COVID-19 basket.

Screening and Testing Basket

Treatment	Description	Codes	Number
Consultations	All Practitioners	0190 or 0191 or 0192 or 0193 or 0130 or VCONS or VCONM or VCONSC or 7060 or 7061 or 7062 or 7063 or 7064	1
		0145 or 0146 (only with 0190, 0191 or 0192)	
		0132 (only with 0130) or 0133	
Pathology	PCR SARS-CoV-2	CO19 / 3979	2 per person per year except where approved as PMB
	Rapid Covid-19 Antigen test	COAG or ANTG or relevant Nappi code	1 per person per year

Diagnoses

Should you test positive for COVID-19, the following benefits will be applicable for funding from the Prescribed Minimum Benefits:

Diagnostic Basket

Treatment	Description	Codes	Number
Consultations	Telephone, virtual or face-to-face consultations	0190 or 0191 or 0192 or 0193 or 0130 or VCONS or VCONM or VCONSC or 7060 or 7061 or 7062 or 7063 or 7064	1, except where approved as PMB
		0145 or 0146 (only with 0190, 0191 or 0192)	
		0132 (only with 0130) or 0133	1
	Casualty Facility fees	58301 or 57801 or 58805 or 58807 or 58303 or 57803 or 57805 or 57301 or 57303 or 58802 or 57807 or 58804 or 58806 or 58302 or 57802 or 57804 or 58808 or 57806 or 57808 or 58801 or 57302 or 58803	1
Pathology	Full blood count	3755 or 53755 or (any combination of 3739 & 3762 & 3783 & 3785 & 3791 or 53739 & 53762 & 53783 & 53785 & 53791)	1
	Platelet count	3797 or 53797	1
	Glucose	4057 or 54057	1
	Prothrombin Index	3805 or 53805	1
	U&E including Creatinine	4171 & 4032 or 54171 & 54032	1

Treatment	Description	Codes	Number	
Pathology	CRP	3947 or 53947	4	
	Blood Gases	4076	1	
	Lactate dehydrogenase (LDH)	4133 or 54133	1	
	Aspartate aminotransferase (AST)	4130 or 54130	1	
	Alanine aminotransferase (ALT)	4131 or 54131	1	
	D-dimer (quantitative)	3856 or 53856	4	
	Interleukin 6 (IL)	3948 or 4172	4	
	Blood Culture			
	Blood culture	3891 or 3892 or 3894 or 4651 or 53891 or 53892 or 53894 or 54651	2	
	Bottles	0201 (only when claimed with any one of these NAPPI codes: 266042001, 266043001, 266044001, 684916001, 684921001, 684922001, 684925001, 684927001, 684928001, 684949001, 684952001, 686435001, 686440001, 686444001, 686448001, 686449001 or 897221002)	2	
	Blood-culture microscopy	3867 or 3895 or 53867 or 53895	1	
	Identification as organism/type	3923 or 3924 or 3927 or 4652 or 53923 or 53924 or 53927 or 54652	4	
	Sensitivity per organism	3887 or 4653 or 53887 or 54653	4	
	Sputum microscopy, culture and sensitivity (MC&S)			
	Microscopy	3867 or 53867	1	
	Culture	3895 or 53895	1	
	TB microscopy / TB GeneXpert (PCR*)	3881 or 3885 or 4657 or 3974 or 4658 or 3915 or 3919 or 4434 or 53881 or 53885 or 54657 or 53974 or 53915 or 53919 or 54434	1	
	Identification as organism/type	3923 or 3924 or 3927 or 4652 or 53923 or 53924 or 53927 or 54652	4	
	Sensitivity per organism	3887 or 4653 or 53887 or 54653	4	
	Mycobacterium antibiotic sensitivity	3920 (only with 3974) or 3930 or 53930	1	
LAM (for HIV positive only)	4172 or 4655 or 3882 or 54172 or 54655 or 53882	1		
PCR SARS-CoV-2	CO19 / 3979	included in the screening benefit		

Treatment	Description	Codes	Number
Pathology	Rapid Antigen	COAG or ANTG or relevant Nappi code	included in the screening benefit
	Flu PCR*	3974 or 4434 or 53974 or 54434	1
	Blood gases	4076 or 54076	1
Radiology	Chest X-ray (basic)	30100 or 30110 or 39107 and 39300 and 39XEQ and 01065	1
	X-ray with mobile unit in other facility	00130	1
	CT scan of the chest	30300 or 30310 or 30340 or 30350	1
	X-ray of the chest complete with additional views	30120	1
	PPE** consumables used in radiology procedures that have a NAPPI code (add VAT if it applies)	00090	Part of procedure

*PCR = polymerase chain reaction

**PPE = personal protective equipment

Follow-up treatment basket

Treatment	Description	Codes	Number
Consultations	Telephone, virtual or face-to-face consultations	0190 or 0191 or 0192 or 0193 or 0130 or VCONS or VCONM or 7060 or 7061 or 7062 or 7063 or 7064	1, except where approved as PMB
		0145 or 0146 (only with 0190, 0191 or 0192)	
		0132 (only with 0130) or 0133	
Psychotherapy	022 - Psychiatrist	2974 or 2975 or 2957 or 2958 OR	1
	086 - Psychologists	86200 or 86201 or 86202 or 86203 or 86204 or 86205 OR	
	089 - Social worker	89200 or 89201 or 89202 or 89203 or 89204 or 89205	
Pathology	Full blood count	3755 or 53755 or (any combination of 3739 & 3762 & 3783 & 3785 & 3791 or 53739 & 53762 & 53783 & 53785 & 53791)	1
	Platelet count	3797 or 53797	1
Radiology	Chest X-ray (basic)	30100 or 30110 or 39107 and 39300 and 39XEQ and 01065	1

Treatment	Description	Codes	Number
Radiology	X-ray with mobile unit in other facility	00130	1
	PPE* consumables used in radiology procedures that have a NAPPI code (add VAT if it applies)	00090	Part of procedure
	CT of the chest	30300 or 30310 or 30340 or 30350	1
Chest physiotherapy	Evaluation/counselling at the first visit only	72701 or 72702	1
	One complete re-assessment of a patient's condition	72703	1
	Interview, guidance or consultation with the patient or his family	72708	1
	Breathing exercises or Respiratory re-education and training	72307 or 72507	3
	Vibration, Percussion or Massage	72300 or 72301 or 72302	4
	Rehabilitation	72501	3
	Suction	72323 or 72325	1
Devices	Pulse Oximeter		Subject to entry criteria
	Oxygen		Subject to entry criteria
Medication	Covid-19 Formulary		

*PPE = personal protective equipment

COVID-19 medicine

The following table contains the medicine on our list for supportive treatment of COVID-19. Members have full cover for medicine on our medicine list. If the prescribed medicine is not on our list, the Scheme will fund it up to the lowest cost medicine of the same kind on our list.

COVID-19 medicine list

NAPPI	Description
700315	Ibucine
700695	Nurofen for children sugar free
704781	Ibugesic

NAPPI	Description
710857	Brufen for children (was Brufen paed)
712683	Nurofen for children strawberry
721335	Inflamax Paediatric
900105	Ibuprofen
892302	Advil liqui-gel
700316	Ibucine
705940	Ibu
708186	Betagesic
708536	Ibusor
710822	Brufen
717155	Austell ibuprofen
721114	Ibucare
721118	Austifen
733741	Inza
748560	Nurofen
787426	Betaprofen
809268	Ibumed
824852	Unifen
868221	Ibunate
868469	Lenafen
895196	Iboflam
901636	Ibuprofen
716004	Advil liqui-gels
700318	Ibucine
701654	Unifen
701975	Betaprofen fc
708290	Bren
710830	Brufen
717153	Austell ibuprofen
721116	Ibucare period pain
721119	Austifen
722755	Ibuprofen bp (Namibia only)
780596	Adco-ibuprofen

NAPPI	Description
897984	Nurofen period pain (was Nurofen extra strength)
901644	Ibuprofen
721117	Ibucare
793671	Brufen retard
864706	Ibumed sr
779849	Acugest expect (was endcol)
703853	Acuflu p (alcohol and sugar free)
703964	Sinuclear paed alcohol & sugar free
806218	Adco-flupain
900178	Paracet/pseudoeph/triprol 125mg/15mg/0.625mg per 5ml
752355	Panado
720438	Parafizz
701634	Dis-chem paracetamol
704465	Painogesic
704643	Cetapon
713153	Austell-paracetamol
714499	Clicks paracetamol
714707	Pyngesic t
715112	Grays paracetamol
716045	Adco-napamol
717725	Actamol
720327	Panado blister pack
720860	Dolorol
745723	Adco-napamol
752142	Painamol
752274	Panado
752878	Parapane
757403	Adco-prolief
784443	Paramed
798053	Dynadol
799629	Painamol (green)
805467	Antalgic
824992	Gencetamol

NAPPI	Description
867950	Gulf paracetamol
867969	Painblok
885863	Von paracetamol
894212	Jp paracetamol
901539	Paracetamol
3001556	Calpol
702871	Fabu-paracetamol alcohol free (Namibia only)
703118	Panado strawberry
703349	Painblok (glass bottle)
703820	Feverpain
704093	Actamol red (un-boxed)
704450	Painogesic
707583	Paracetamol elixir SAD (alcohol free)
710452	Woodward's paracetamol
711993	Calpol paediatric
717187	Barrs paracetamol
722215	Acetapyn raspberry (Namibia only)
722216	Acetapyn cream soda (Namibia only)
745715	Adco-napamol elixir
752118	Painamol (plastic bottle)
752282	Panado
758558	Pyralen
788953	Panado (no alcohol/sugar)
792101	Actamol red (boxed)
798045	Dynadol
863742	Feverpain (boxed)
889772	Painblok (plastic bottle)
895199	Go-pain p
901520	Paracetamol
3003420	Varipan sugar free
835102	Panado drops
819697	Empaped
819700	Empaped

NAPPI	Description
837423	Tylenol extended relief caplet
701673	Sb cirogen cough mixture
884995	Degoran plus
731234	Histacon
704332	Colcleer paediatric
702172	Phenorant
707627	Benylin cough
720291	Diphenhydramine exp
708054	Betalin
788120	Becof
789976	Medilyn solution
792144	Bencough expectorant (boxed) wasTrihisidine syrup
823554	Relief-coff expect
895032	Amcough
710636	Broncleer for children
803081	Clear cough
824402	Genhydramine expect
703350	Phenorant (glass)
783145	Histodor expect
705889	Benylin original sugar&alcohol free (was Benylin children's)
805343	Expectalin
716267	Amuco
718049	Mucatak
824291	Acc
900324	N-acetylcysteine 200mg
3000064	Amuco otc
809284	Solmucol
809292	Solmucol
809306	Solmucol
702521	Phenorant with codeine
707600	Benylin & codeine
859745	Broncleer & cod unboxed
726923	Flutex cough linct

NAPPI	Description
773115	Tussilinct cough
773166	Tussitot cough
703793	Benylin children's wet cough
708182	Flutex cough mixture honey
708183	Flutex cough mixture orange
708184	Flutex cough mixture blackcurrant
708185	Lennon cough mixture honey
708187	Lennon cough mixture orange
722012	Stearns cough pine tar and honey flavour
722013	Stearns guaiphenesin cough cherry flavour
722217	Curephlegm wet cough (Namibia only)
722653	Borstol linctus peppermint flavour
722654	Borstol linctus orange flavour
799319	Lennon cough mixture
882829	Dilinct Junior
895150	Benylin wet cough menthol
898585	Vicks honey and ginger (was formula 44 chesty)
704178	Benylin wet cough
715471	Stearns peppermint (was expigen wet cough peppermint)
703893	Antiflu
703958	Antituss cough
717606	Dequa-coff
736236	Lenazine forte
754846	Phensedyl
9100037	Ephedrine hcl/Codeine phos/Prometh hcl
710881	Brunacod
704830	Grippon cold and flu
708132	Dilinct dry
789119	Benylin dry cough (was dm)
3002775	Dry c (Namibia only) cough
703394	Dis-chem mucolytic
708151	Betaphlem
710520	Bronchette

NAPPI	Description
717241	Flusin mucous cough
726451	Flemex
744816	Mucospect
779814	Co-flem
785164	Flemlite
789739	Flemgo
794341	Mucopan
903256	Carbocysteine
709356	Mucokleer
723074	Mucosolv
744824	Mucospect
783633	Lessmusec
903612	Carbocysteine
781169	Mucospect paed
710032	Bisolvon linctus da
710687	Bronkese compound
827304	Adco-linctopent
901423	Bromhexine/Orciprenaline 4mg/5mg per 5ml
710040	Bisolvon solution
710652	Broncol cough
713260	Cepacol sore throat and cough relief discs
713279	Cepacol linct
715255	Colcaps
715263	Colcaps
715301	Colcleer(cold+flu)
726885	Flusin
764264	Sinucon
822744	Sinuend
726710	Fluend
715484	Colphen
715506	Colstat
729515	Grippon
715972	Contra-cof (was contra-coff children's cough linctus)

NAPPI	Description
716073	Corbar linctus
716170	Corenza c
716510	Coughcod senior
716529	Coughcod junior
717932	Dequa-flu
721360	Dristan tab
796832	Sinustat flu
807486	Ilvico (was Coldvico)
807648	Flustat
885004	Degoran c
900179	Parac/chlorphen/phenyleph/caff/vitc 300mg/2mg/5mg/30mg/75mg
723126	Emprazol a
725323	Expigen
726915	Flutex
731218	Histamed co
727008	Folcofen
757233	Procof
732400	Ilvico
732419	Iliadin (was Ilvico)
734977	Karvol capsules
738212	Linctifed wet cough regular (was Linctifed exp adult)
799475	Trifen exp adult
9100036	Pseudoeph hcl/Codeine/Guaiphen/Tripolidine hcl
717079	Flusin junior cough
738220	Linctifed wet cough (was Linctifed exp paed)
792195	Acutussive paed expect
794813	Adco-neofed paed
806269	Trifen exp paed
9100067	Pseudoeph hcl/Codeine/Guaiphen/Tripolidine hcl paed
738239	Linctodyl
738263	Linctus tussi infans
739405	Lotussin linctus
740861	Medituss expect

NAPPI	Description
746789	Nethaprin expect
747114	Nitepax
818356	Pholtex junior
853569	Pholtex forte
760129	Respinol co-linctus
706070	Respinol expectorant
767239	Actifed wet cough (was Sudafed expect)
771074	Tixylix cough
773875	Sinu-flu (was Universal cold & flu)
796824	Sinustat flu (was Merck-flu)
807656	Flustat
776122	Vicks medinite
704043	Adco-sinal ns
797405	Coryx
797979	Flusin dm
797987	Flusin c
805351	Expectalin with cod
807893	Bronchoped
705266	Dentopain
716543	Panado plus
719663	Ibupain blister pack
810177	Mypaid
900083	Ibuprofen/paracetamol 200mg/250mg
705781	Ibumol grape
705782	Ibumol banana
824496	Lotem
900176	Paracet/Ibuprofen 250mg/200mg per 5ml
891908	Mypaid forte
703719	Ibumol
814679	Pulmozyme
817635	Borstol original
819964	Corenza para-c
714196	Med-lemon flu & congestion hot medication with vitamin c

NAPPI	Description
820806	Flusin s effervescent
705072	Flutex effervescent
821373	Docsed
873322	Kiddyflu
3001522	Vcs flumed (Namibia only)
827460	Coryx paediatric
854530	Flusin
877115	Lennon ipekakuanha-tinctuur
881570	Benylin four flu
704360	Benylin four flu tablets
3000976	Corilief (Namibia only)
883879	Benylin bronchospect
703351	Phenorant with codeine (glass)
704121	Dimetapp paediatric elixir
707677	Efferflu-c
718498	Paragrip C
3000997	Ceflu c (Namibia only)
708517	ARM alpha pharm vapo caps
709817	Duro-tuss linctus 2.41mg/4mg
710568	Codomil new formula
715455	Lcc - g guaiphenesin cough remedy - peppermint
715523	Lcc - g guaiphenesin cough remedy - orange flavour
717792	Sinutab sinus pain extra strength
725544	Famucaps
722778	Resmed adult cough mixture
722779	Resmed children's cough mixture (mist tussi infans)
723603	Pholtex plus
3001126	Nurofen express

Understanding Long COVID-19

Long COVID-19 is the term commonly used to describe signs and symptoms that continue or develop after acute COVID-19 illness. It includes both ongoing symptomatic COVID-19 (from four to 12 weeks) and post COVID-19 syndrome (12 weeks or more). Some symptoms may only start for the first time three to four weeks after the acute COVID-19 infection.

Common symptoms of Long COVID-19 include:

- Fatigue
- Persistent loss of smell and taste
- Shortness of breath
- Joint or muscle pains
- Persistent cough
- Headaches
- Difficulty thinking or concentrating (sometimes referred to as “brain fog”).

Other symptoms that have been reported include chest or stomach pain, fast-beating or pounding heart (also known as heart palpitations), pins-and-needles, diarrhoea, sleep problems, fever, dizziness on standing (light-headedness), body rash, mood changes, changes in menstrual cycles.

Illness severity can range from mild to critical:

- Mild to moderate – mild symptoms, mild pneumonia, occurs in approximately 80% of cases
- Severe – difficulty breathing, requiring oxygen, generally results in a hospital admission
- Critical – requiring intensive care treatment.

Benefit activation:

Members who have been identified through qualifying claims will be allocated the benefit depending on their severity levels. You can also apply for the benefit by using the “Application for out-of-hospital management of a Prescribed Minimum Benefit condition” form.

Contact us

You can call us on **0860 222 633** or visit the website on www.angloms.co.za for more information.

Complaints process

You may lodge a complaint or query with Anglo Medical Scheme directly on **0860 222 633** or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you may lodge an appeal by following Anglo Medical Scheme’s internal appeals and disputes process.

Members who wish to approach the Council for Medical Schemes for assistance, may do so in writing to:
Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue,
Eco Park, Centurion, 0157 or email complaints@medicalschemes.co.za. Customer Care Centre:
0861 123 267/website www.medicalschemes.co.za.