Youth Leadership Development (YLD) Goal: To provide structured activities and opportunities, in an safe and supportive environment, for youth in grades 6 through 8, to acquire and improve their life skills, decision making, and leadership skills during the time periods when youth are most likely to be left alone or unsupervised.



The top priority for the community was activities for youth and families according to Brighton Center's Community Assessment. Many youth in Newport, Campbell County, Kenton County, Boone County, and Erlanger/Elsmere, Kentucky lack opportunities for leadership and involvement in positive activities. Barriers to healthy development, such as poverty, lack of parental involvement and feelings of being disconnected from their schools and community, are prevalent. Youth are especially vulnerable between the weekday hours of 3:00

Since poverty is often relevant to education and employment, supporting youth self-efficacy through teen outreach programs to influence educational success and long-term educational goals that help youth achieve career goals is necessary for these communities.

p.m. - 6:00 p.m.

# Inputs

# Staff

- 1 Director .30
- 1 YLD Coordinator (FTE)\*
- 3 YLD Facilitators (.50 PT)\*
- 1 YLD Facilitator (.25PT)
- 2 YLD Case manager/Facilitator (FTE)
- \*Wyman TOP & First Aid/CPR Certified
- 1 Community Organizer .26
- 1 Grants/Quality Improvement Administrator .09

### Volunteers

- 2 Tutors
- 5 High School Youth
- 3 Residents & 5 Adults

#### **Facilities**

Youth Room-Brighton Center Multi-purpose room-Brighton Center Campbell County School- Holmes Middle School, Dayton Jr-Sr high school;

Erlanger/Elsmere School, Boone County Schools- On site school group rooms

#### Supplies/Equipment

5 network computers/printers'

3 telephones

Program Supplies & Snacks

Wyman TOP curriculum & resources to develop lesson plans and activities

DESSA-Mini's

Excel Monthly Outcomes

#### In-kind

Campbell County School- Holmes Middle School, Dayton Jr-Sr high school; Erlanger/Elsmere School- Boone County Schools.-On site school group rooms

Summit View on site

#### **Project Participants**

150 youth via YLD

25 Teen Coalition

320 youth surveyed

# Collaborators

Newport Middle School Campbell County Middle School

Tichenor Middle School

Holmes Middle School

Dayton Jr.-Sr. High school

Boone County Schools

Community Groups

#### Funders

Cabinet for Health-Personal Responsibility Education Program: \$32,000

KY Department of Adolescent Health-

\$42,000

United Way: proposed \$140,491 Boone County Fiscal Court: \$20,000 Activities

# Youth Leadership Development: Group sessions held twice weekly

for 34 weeks in a safe, structured setting with curriculum and activities after school to increase social competencies.

Service Learning will be after school and weekends, that connect youth to their communities and which provide opportunities to work beside adult residents to improve their neighborhoods.

Academic/tutoring support will be offered by adult volunteers during group time for youth as needed.

**Job Shadowing/College tours** will be offered for youth, speakers of various career positions will address the group.

#### **Teen Coalition**

Identify and engage youth, parents, community members, and others serving youth to promote activities and align services for youth, and bridge gaps in service delivery for youth.

Identify/ publicize opportunities for youth during out of school hours.

Staff activities include training and certification through the Wyman Teen Outreach Program and First Aid/CPR.

Staff will recruit youth during school hours and gather school records.

Staff will attend school meetings regarding youth in their group and hold a parent open house.

Family Center Coaching approach.

Financial Opportunity Center All services are aligned with the FOC and services are bundled.



#### 180 youth will enroll in Youth Development Activities. [includes Summit, however they are not included in outcome

30 youth for Summit View group.

measures] [BR-TS]

- 112 of the 150 youth attend 75% of the group meetings; will meet two times per week for two hours from 3 5 p.m. for 34 weeks.
- 150 youth will each participate in 20 hours of service learning
- 2 tutors will provide academic support for youth.
- 30 youth will participate in 2 job shadowing experiences, two career presentations and 2 college tours.
- Staff and YLD graduates will recruit 25 youth and 8 adults to form the Youth Coalition.

There will be 10 meetings per year. Teen Coalition will develop and market two activity directories (Fall/Winter and Spring/Summer) with information for affordable activities for youth and families. 1,000 youth will have access to positive, affordable activities measured by enrollment lists.

Each new staff will attend the Wyman facilitator certification training and First Aid/CPR training.

- 20 youth will be selected for each group.
- 6 Open House sessions; 1 at each school for parents and school staff.

## YLD -Teen Coalition

Initial

80% or (120 of 150) youth participate two or more times a week in structured, supervised activities outside of school hours. (UW –14 C /BR-1, TS/W)

85% or (127 of 150) of youth participates in service learning. (W)

- # youth who have experienced abuse and/or trauma responds well. (UW-<u>8C</u>)
- # youth rate themselves good or excellent health. (UW-54F) [YLD +TC]
- # youth that have usual and appropriate place to go for healthcare, mental health or dental care. (UW-56P) [YLD +TC]
- 85% or (127 of 150) of youth participate in service learning and engaging in community life. (UW-63F)
- Summer program number of youth attended. (BR-5)
- 25 youth on the Teen Coalition (TC). (BR-TS,6a)
- 20 TC youth increase knowledge of college/career preparedness. (BR-6c)
- 30 youth will be served at Summit View school program.

# Case Management

40 households receive stabilization services. (UW - 34F/BR-4)

40 families and or OY youth will be evaluated for case management services and assessed via the Self-Sufficiency Matrix. (UW-31F)

75% or (112 of 150) youth demonstrate social and emotional skills necessary for success (DESSA).
(UW – 15 C/BR-2/W)

Intermediate

**Outcomes and Performance Measures** 

75% or (112 of 150) youth demonstrate selfmanagement. (DESSA)

80% or (120 of 150) youth will demonstrate leadership skills. (W)

35 youth increase DESSA level. (BR-3)

80% or (120 of 150) youth will increase knowledge of financial literacy (UW-41F/[YLD - middle school, not TC]

75% or (1,000 of 1,335) youth /families informed of available activities. (BR-6b)

85% or (127 of 150) youth achieve grade promotion. (UW - 16C)

Longer-term

85% or (127 of 150) youth have a sustained relationship with at least one adult. (UW - 64C/W)

- # individuals each High School diploma or GED. (UW-19 and 23P)
- # youth that enroll in college/university.
- # youth that enroll in post-secondary career training program. (UW <u>20-21P</u>)
- # teen youth complete job readiness program (JSS) and learn workplace life skills. (UW-36P)
- # teen youth obtain employment. (UW-37P)
- # teen youth obtain employment with benefits. (UW-38P)
- # teen youth that advance in job earnings/position. (UW-40P)
- 50% or (20 of 40) of case management families will show improvement on the Self-Sufficiency Matrix. (UW-32F)

85% or (272 of 320) surveyed middle school youth regularly participate in out of school. (BR-TS)