# 2022 Specialized Anti-Healthcare Fraud Training Detection and Prevention

# 1. Navigation

# 1.1 Objectives

# **Anti-Fraud and Abuse Awareness**Detection and Prevention



This course examines the most common types of fraud and abuse indicators in health care and describes current trends identified by law enforcement and monitoring organizations like the National Health Care Anti-Fraud Association (NHCAA), the Office of the Inspector General (OIG) and the Federal Bureau of Investigation (FBI).

First, we will review the Course Objectives.

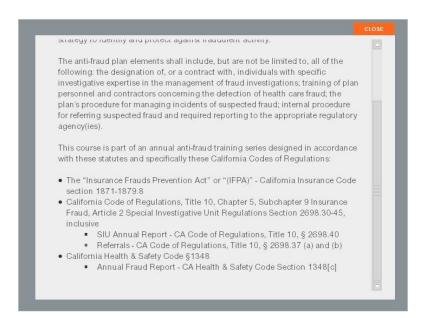
For help with navigating this course, click the **Help** button on the upper right area of the screen at any time for instructions.

This course does not contain audio.

#### 1.2 Untitled Slide



#### **Untitled Layer 1 (Slide Layer)**



#### 1.3 Untitled Slide

# **Objective 2**

#### What will I learn about in this course?

The topics covered in this course represent the common fraud, waste, and abuse indicators you may encounter in the course of your daily work, including processing claims for payment. You will learn when they are likely to occur.

- · Abusive or Fraudulent Referrals
- Overcharging and Overpayments
- · Excessive Charges
- Overutilization
- · Unnecessary Services or Supplies
- Services Not Rendered
- Medical Coding upcoding or inappropriate coding
- · Common Fraudulent Coding, Billing Schemes
- · Hospital inpatient or outpatient billing
- · Fraudulent applications for coverage



#### **Course Objectives**







#### 1.4 Untitled Slide

# Objective 3

# How can I prevent fraud, waste and abuse?

You are in a unique, front-line position to identify patterns associated with fraud, waste and abuse and help prevent improper payments.

Reporting any unusual circumstances or patterns of payment that are out of the ordinary is your responsibility as outlined in the UnitedHealth Group Code of Conduct.

Completing this course and the assessment with a score of 80% or better will show that you understand these topics and that you are prepared to do your part.



#### **Course Objectives**







# 1.5 Introduction



# 2. Module 1 Referrals

# 2.1 Referrals

# 1 Referrals

# **Section 1: The Laws**

In this section, we will review the Anti-Kickback and Stark self-referral laws and the financial relationships allowed between providers who service patients receiving benefits from government health care programs.

#### Anti-Kickback Statute

Prohibits offering, paying, soliciting or receiving anything of value to induce or reward referrals or generate Federal/State health care program business.

#### The Stark Law

Prohibits a physician from referring Medicare or Medicaid patients for designated health services to an entity with which the physician (or immediate family member) has a financial relationship, unless an exception applies.



#### 2.2 Anti-Kickback

#### 1 Referrals

#### What is a Kickback?

For Federal/State health care programs, paying or rewarding someone for referring patients and/or business is a crime. Those who offer to pay a kickback, as well as for those who receive the kickback, can be charged under the Anti-Kickback Statute.

#### A Few Examples

- · Hospitals pay physicians for patient referrals.
- · Service providers pay physicians for referrals.
- Drug or medical device companies pay/reward physicians to prescribe their products.
- Physicians routinely waive co-payments that are required by Medicare and Medicaid programs.
- Service providers disguise referral fees as salaries and pay referring physicians for services that are never rendered or in excess of fair market value.
- Large hospitals or groups offer reduced rent to providers for using service companies they own.



Click Here for Emerging Kickback

#### **Kickback Trends (Slide Layer)**

#### 1 Referrals

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- Large hospitals or groups offer reduced rent to providers for using service companies they own.

#### Emerging Trends/Schemes

Here is an area, reported by the Department of Justice (DOJ), where kickback schemes are currently being seen:

#### Cancer Genetic Tests and DME/Telemedicine -

Independent clinical laboratories and marketing companies offering and paying illegal kickbacks and bribes to telemedicine companies in exchange for doctors' orders for expensive medically unnecessary cancer genetic tests and durable medical equipment.

# 2.3 Referral Case 1



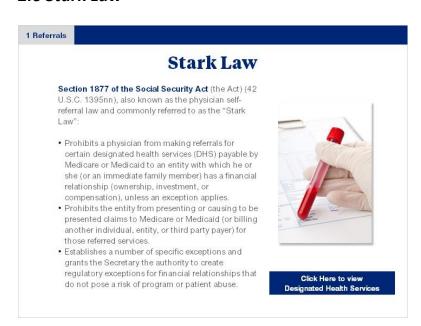
# 2.4 Referral Case 2



# 2.5 Referral Case 3



#### 2.6 Stark Law



# **DHS (Slide Layer)**



#### 3. Module 2 Services

# 3.1 Services & Billing Fraud



# 3.2 Excessive Charges

2 Services

# **Excessive Charges**

Excessive charges are instances of price gouging, usually done by manipulating billing codes and include cases of a provider furnishing, or causing to be furnished:

- Items or services that are substantially in excess of the patient's needs.
- Items or services that fail to meet professionally recognized quality standards of health
   care.
- Charges that are significantly higher for insured patients than for cash paying patients or for government health care patients.



Payment Integrity runs claims through sophisticated analytic tools to uncover excessive charges, which can then be investigated. Cases with evidence of fraud or abuse may be litigated in court.

#### 3.3 Overutilization

2 Services

# Overutilization

Overutilization refers to medical services that are provided with a higher volume or cost than is appropriate, adding unnecessary costs to health care and possibly resulting in adverse outcomes. Defining "appropriate" is difficult, but there are a number of factors that contribute to the overutilization of health care services.

#### Defensive Medicine

Physicians who order clinically unnecessary tests or other medical procedures as a means to avoid medical malpractice lawsuits or to boost their personal income are practicing defensive medicine.

#### Starl

Physicians who order genetic testing to address psychiatric medication regimens with a lab owned by a family member.



Click Here for Overutilization Examples

#### **Overutilization Examples (Slide Layer)**



## 3.4 Unnecessary Services



#### 3.5 Services Not Rendered



# 3.6 Overcharges and Overpayments 1

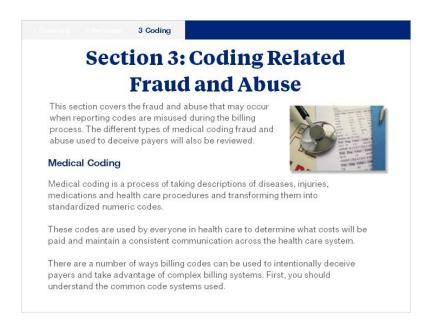


# 3.7 Overcharging and Overpayments 2

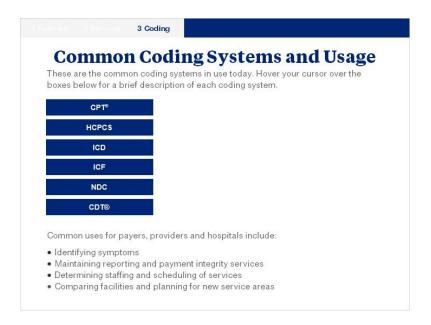


# 4. Module 3 Coding

# 4.1 Coding & Billing Fraud



# 4.2 Code Types



# **CPT (Slide Layer)**



## **HCPCS (Slide Layer)**



# **ICD (Slide Layer)**



## **ICF (Slide Layer)**



# **NDC (Slide Layer)**



#### **CDT (Slide Layer)**



#### 4.3 Codes and HIPAA



# 4.4 Common Coding Schemes



# **Upcoding (Slide Layer)**



## **Unbundling (Slide Layer)**



# **Inflated Charges (Slide Layer)**



## **Inconsistency (Slide Layer)**



# 5. Module 4 Hospital

# 5.1 Hospital Billing Fraud



# 6. Module 4 Applications for Coverage

### 6.1 Applications Fraud



# Section 5: Fraudulent Applications for Coverage

In this section we will review the potential for fraud and abuse during the application process for benefits and services (insurance coverage) for individuals and groups.

#### Eligibility And Small Business Group Coverage Fraud And Abuse

Application or eligibility fraud is significant because it involves the validity of a person's coverage benefits. A claim payment made on an ineligible person is a 100% loss.

It is also likely that a person who would misrepresent eligibility is likely to incur high expenses or a large volume of claims. Applicants, insurers, employees, employers, and agents can all perpetrate eligibility fraud or abuse.

Businesses that misrepresent how their organization is structured, or the number or types of employees when applying for coverage, also contribute to the problem of health care fraud and abuse.



# 6.2 Application Fraud

#### 5 Applications

# **Application Fraud**

Two primary ways this type of fraud is committed is by making false statements on a health plan application or adding someone who is not eligible for coverage.



#### Common Types of False Information

- False date of birth and/or home addresses
- . Indicating individuals are family members when, in fact, they are not
- Use of alias names or multiple spellings of the same name

Risk Management is responsible for policies and procedures related to member and group eligibility.

Their mission is to provide maximum benefits allowed to our members and employer groups under the terms of our contracts, policies, requirements and benefit plans.

# 6.3 Group Coverage Fraud



#### Notes:

## **Combining (Slide Layer)**



#### **Primary Locations (Slide Layer)**



# **Carve Outs (Slide Layer)**



## **Brokers (Slide Layer)**



#### K-1 Investors (Slide Layer)

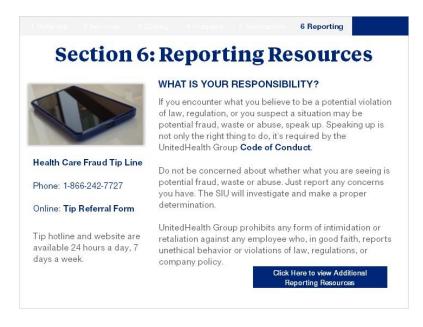


## **Phantom Employee (Slide Layer)**



#### 7. Untitled Scene

#### 7.1 Reporting Resources



## **Additional Reporting Resources (Slide Layer)**



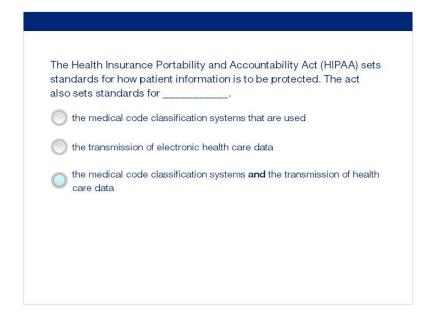
#### 8. Assessment

#### 8.1 Introduction

# Assessment Completing this Course With a better understanding of the different types of health insurance plans, how they work and the regulations that apply to them we hope that you can better identify and report suspicious activity for investigation. As outlined in the UnitedHealth Group Code of Conduct, it is your responsibility to report anything that looks unusual or is not consistent with standard operational procedures. Completing the assessment that follows with a score of 80% or better will show that you understand the basics of health insurance operations and regulations provided in this course. You can review any of the topics from this course before starting the assessment by using the Menu, located on the upper left of the screen. Select Assessment from the Menu to return to this page.

#### 8.2 Q1

(Multiple Choice, 10 points, 1 attempt permitted)



Correct	Choice
	the medical code classification systems that are used
	the transmission of electronic health care data
Х	the medical code classification systems and the transmission of health care data

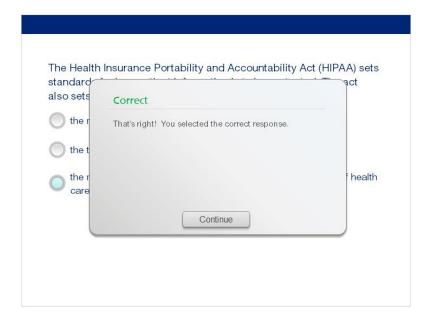
#### Feedback when correct:

That's right! You selected the correct response.

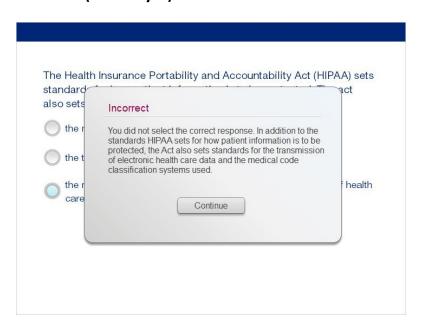
#### Feedback when incorrect:

You did not select the correct response. In addition to the standards HIPAA sets for how patient information is to be protected, the Act also sets standards for the transmission of electronic health care data and the medical code classification systems used.

# **Correct (Slide Layer)**



# **Incorrect (Slide Layer)**



# 8.3 Q2

(True/False, 10 points, 1 attempt permitted)

Medical coding is a process of taking descriptions of diseases, injuries, medications, and health care procedures and transforming them into standardized codes.

True

False

Correct	Choice
Х	True
	False

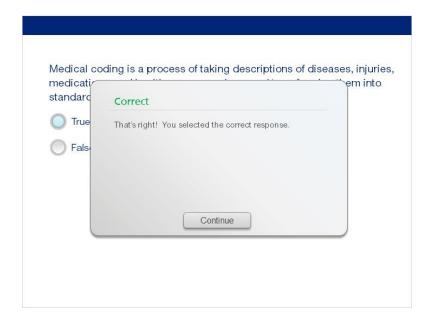
#### Feedback when correct:

That's right! You selected the correct response.

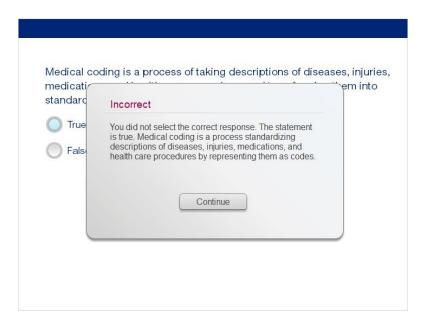
#### Feedback when incorrect:

You did not select the correct response. The statement is true. Medical coding is a process standardizing descriptions of diseases, injuries, medications, and health care procedures by representing them as codes.

# **Correct (Slide Layer)**



# **Incorrect (Slide Layer)**



# 8.4 Q3

(Multiple Response, 10 points, 1 attempt permitted)

	ch of the following are common types of false information seen or entially fraudulent applications of coverage? (Select all that apply
Pore	
V	False dates of birth and/or home addresses.
	Use of alias names or multiple spellings of the same name.
	ose of alias frames or multiple spellings of the same frame.
	Indicating that individuals on the application are family members when,
	in fact, they are not.

Correct	Choice
Х	False dates of birth and/or home addresses.
Х	Use of alias names or multiple spellings of the same name.
Х	Indicating that individuals on the application are family members when, in fact, they are not.

#### Feedback when correct:

That's right! You selected the correct response.

#### Feedback when incorrect:

You did not select the correct responses. Use of false dates of birth or death, aliases and/or indicating an individual is a family member when, in fact, they are not. These are all types of fraud that may be seen on potentially fraudulent applications of coverage.

# **Correct (Slide Layer)**



# **Incorrect (Slide Layer)**



### 8.5 Q4

(True/False, 10 points, 1 attempt permitted)



Correct	Choice
Х	True
	False

#### Feedback when correct:

That's right! You selected the correct response.

#### Feedback when incorrect:

You did not select the correct response. The statement is true. For Federal/State health care programs, paying or rewarding someone for referring business is a crime.

# **Correct (Slide Layer)**



# **Incorrect (Slide Layer)**



# 8.6 Q5

(Multiple Response, 10 points, 1 attempt permitted)

Which are types of fraud and abuse? (Select all that apply.)
Overutilization
Excessive charges
Services not rendered

Correct	Choice
Х	Overutilization
Х	Excessive charges
Х	Services not rendered

#### Feedback when correct:

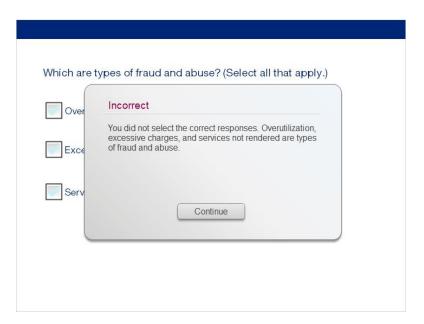
That's right! You selected the correct response.

#### Feedback when incorrect:

You did not select the correct responses. Overutilization, excessive charges, and services not rendered are types of fraud and abuse.



## **Incorrect (Slide Layer)**



### 8.7 Q6

(Multiple Response, 10 points, 1 attempt permitted)

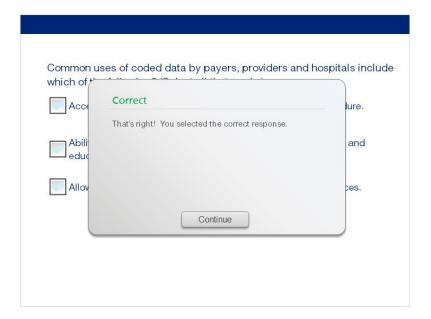
Comp	non uses of coded data by payers, providers and hospitals includ
	of the following? (Select all that apply.)
A	ccess to health records according to diagnosis and/or procedure.
	bility to use the coded information in claims analysis, research and ducation.
A	llows payers to maintain reporting and payment integrity services.

Correct	Choice
Х	Access to health records according to diagnosis and/or procedure.
Х	Ability to use the coded information in claims analysis, research and education.
Х	Allows payers to maintain reporting and payment integrity services.

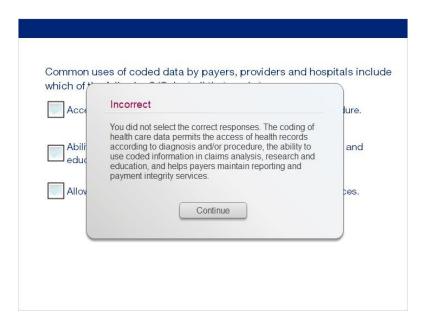
That's right! You selected the correct response.

#### Feedback when incorrect:

You did not select the correct responses. The coding of health care data permits the access of health records according to diagnosis and/or procedure, the ability to use coded information in claims analysis, research and education, and helps payers maintain reporting and payment integrity services.



### **Incorrect (Slide Layer)**



### 8.8 Q7

(Multiple Choice, 10 points, 1 attempt permitted)

Section 1877 of the Soc	ial Security Act is also known	as:
Stark Law		
Physician self-referra	law	
All of the above		

Correct	Choice
	Stark Law
	Physician self-referral law
Х	All of the above

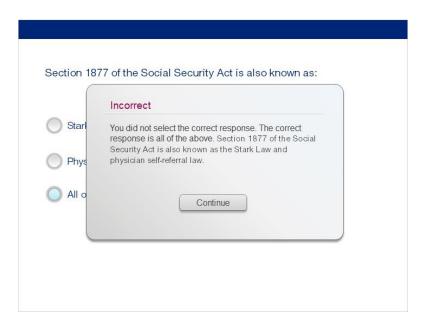
That's right! You selected the correct response.

#### Feedback when incorrect:

You did not select the correct response. The correct response is all of the above. Section 1877 of the Social Security Act is also known as the Stark Law and physician self-referral law.



## **Incorrect (Slide Layer)**



### 8.9 Q8

(Multiple Choice, 10 points, 1 attempt permitted)

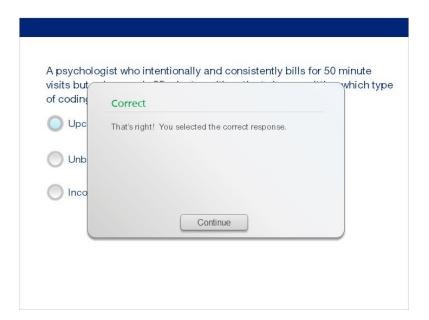
Upcoding Unbundling
Inconsistent billing

Correct	Choice
Х	Upcoding
	Unbundling
	Inconsistent billing

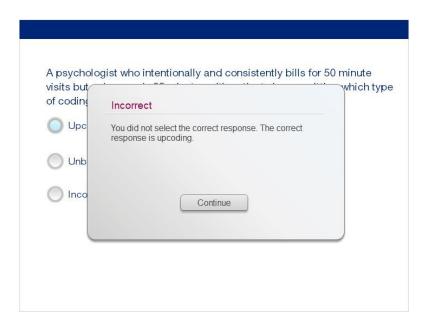
That's right! You selected the correct response.

### Feedback when incorrect:

You did not select the correct response. The correct response is upcoding.



## **Incorrect (Slide Layer)**



### 8.10 Q9

(Multiple Choice, 10 points, 1 attempt permitted)

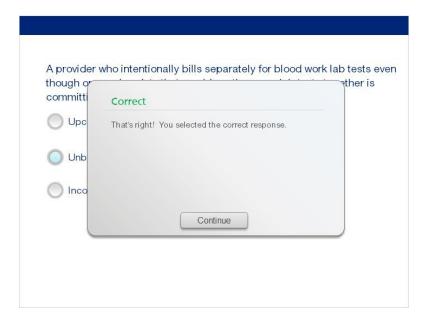
though	ler who intentionally bills one code exists that con ing which type of coding	nbines the same	
O Up	coding		
O Uni	oundling		
O Inc	onsistent billing		

Correct	Choice
	Upcoding
Х	Unbundling
	Inconsistent billing

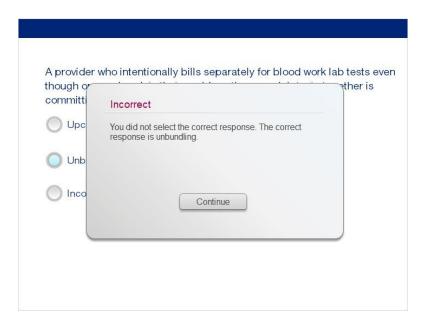
That's right! You selected the correct response.

### Feedback when incorrect:

You did not select the correct response. The correct response is unbundling.



## **Incorrect (Slide Layer)**



### 8.11 Q10

(Multiple Response, 10 points, 1 attempt permitted)

provide	f the following cor s who service pat grams? (Select a	ients receivii	ng benefits fr	AND THE RESERVE OF THE PARTY OF	
The	Stark Law				
Ant	Kickback Statute				
The	False Claims Act				

Correct	Choice
Х	The Stark Law
Х	Anti-Kickback Statute
	The False Claims Act

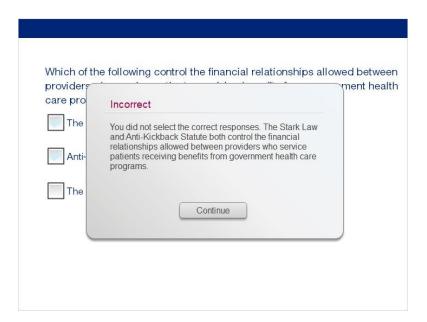
That's right! You selected the correct response.

### Feedback when incorrect:

You did not select the correct responses. The Stark Law and Anti-Kickback Statute both control the financial relationships allowed between providers who service patients receiving benefits from government health care programs.

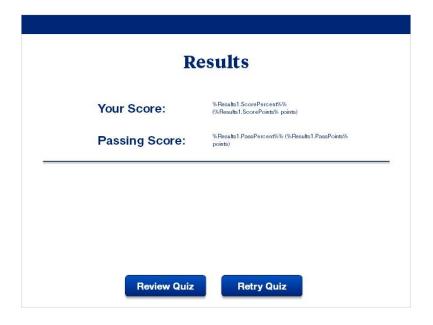


### **Incorrect (Slide Layer)**



#### 8.12 Results Slide

(Results Slide, 0 points, 1 attempt permitted)



Results for
8.2 Q1
8.3 Q2
8.4 Q3
8.5 Q4
8.6 Q5
8.7 Q6
8.8 Q7
8.9 Q8
8.10 Q9
8.11 Q10

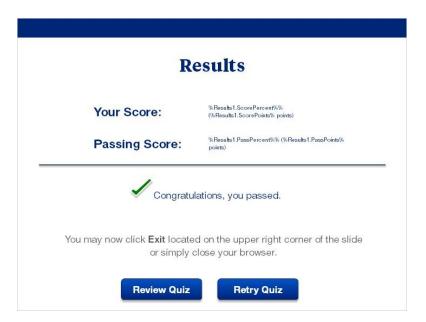
Result slide properties

Passing 80%

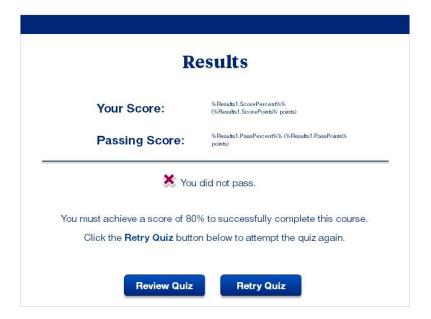
Score

**Notes:** 

## **Success (Slide Layer)**

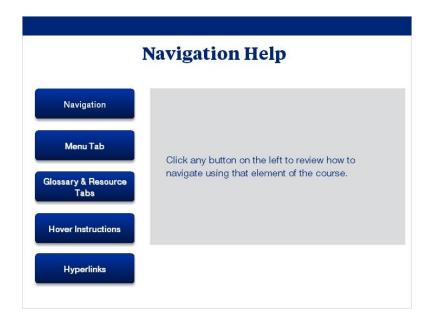


### Failure (Slide Layer)

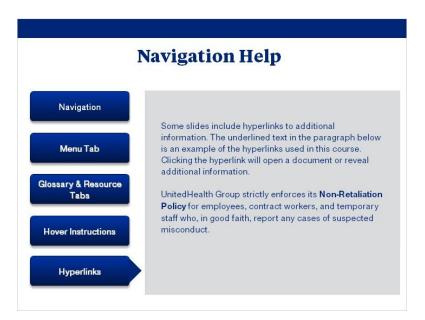


# 9. Navigation Help

### 9.1 Untitled Slide



### **Hyperlink Inst (Slide Layer)**



### **Hover Inst (Slide Layer)**



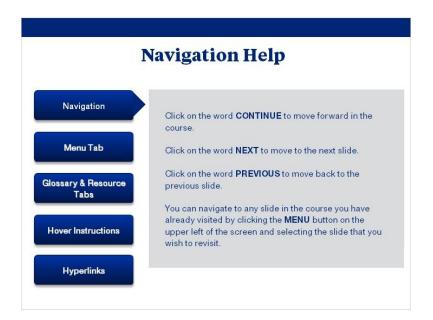
### **Glossary and Resources (Slide Layer)**



### Menu (Slide Layer)



### **Navigation (Slide Layer)**



#### 10.2 Disclaimer

#### Disclaimers

Patient Information: All patient information has been de-identified in accordance with HIPAA regulations regarding Protected Health Information (PHI). Information contained in this presentation is for training purposes only.

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