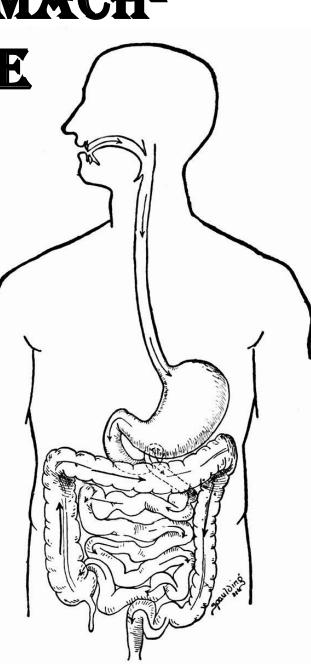
GIT: ESOPHAGUS-STOMACH-SMALL INTESTINE



Department of Anatomy

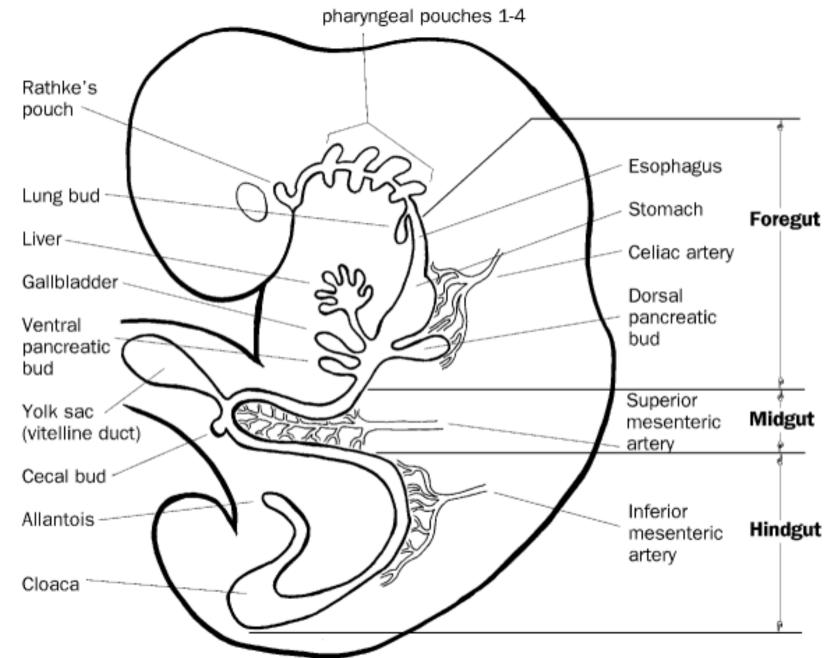
Second Faculty of Medicine Charles University

MUDr. Azzat Al-Redouan



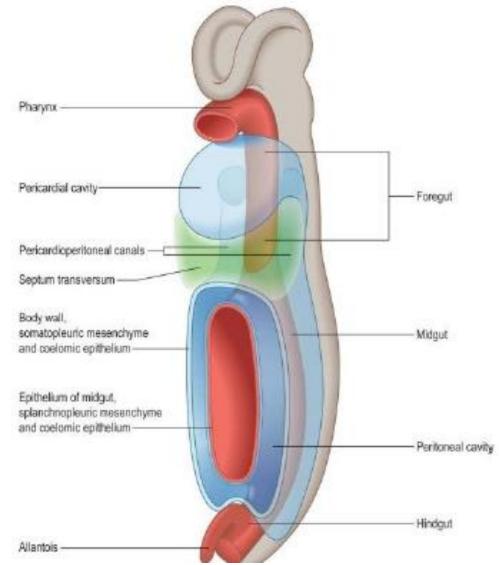
Overview of the anatomical development

Primitive gut- 4 Weeks

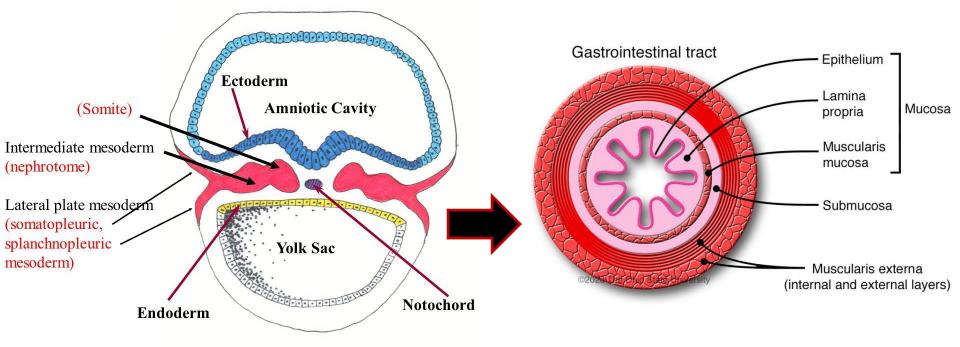


Organs Derivatives

Foregut → **Esophagus** Pharynx Duodenum $\boldsymbol{\Lambda}$ Midgut → Small Intestine Body wall. Large Intestine Λ Hindgut Allantois

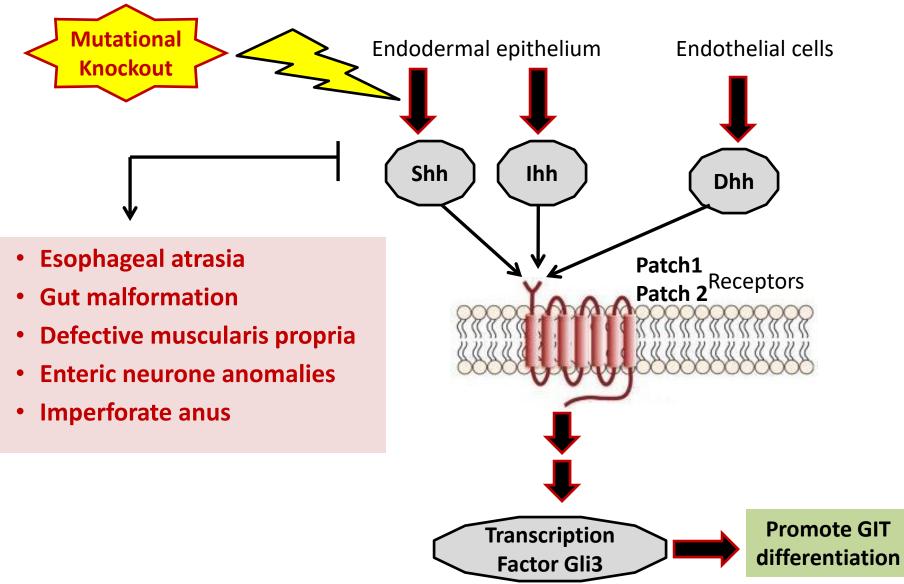


Organ Differentiation and Proliferation

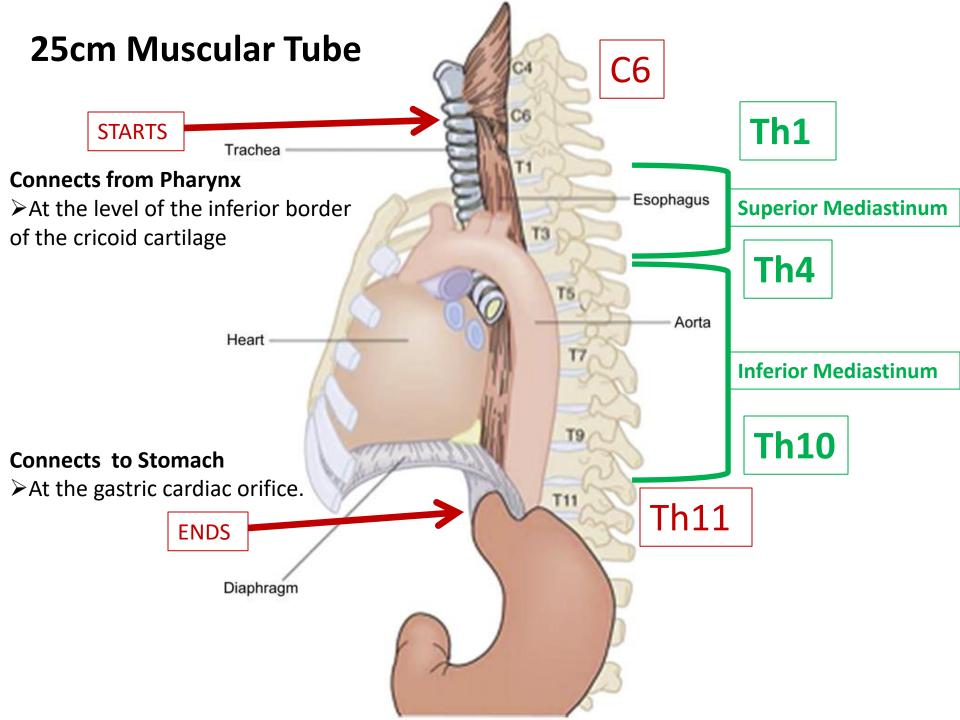


- \succ Endodermal inner epithelium \rightarrow endothelial layer of mucosa, ducts and glands.
- ➢ Splanchnopleuric mesenchyme → lamina propria and muscularis, submucosa, external muscles and connective tissue.
- > Splanchnopleuric coelomic epithelium \rightarrow outer peritonial epithelium.
- \succ Local population of angiogenic mesenchyme \rightarrow blood vessels and lymphatics.
- > Neural crest \rightarrow enteric and autonomic nervous system.

The sequential genetic expression basics Hedgehog (Hh) Ligands



Esophagus "Oesophagus"



<u>Three constrictions</u> (Two sphincters*) :

<u>C6</u>

T4

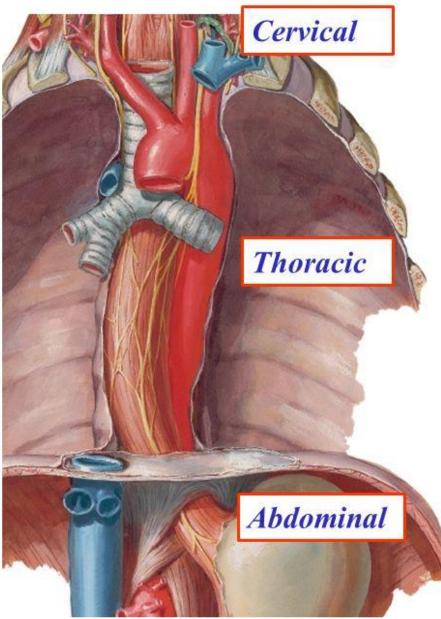
T10

Esophagus Overview

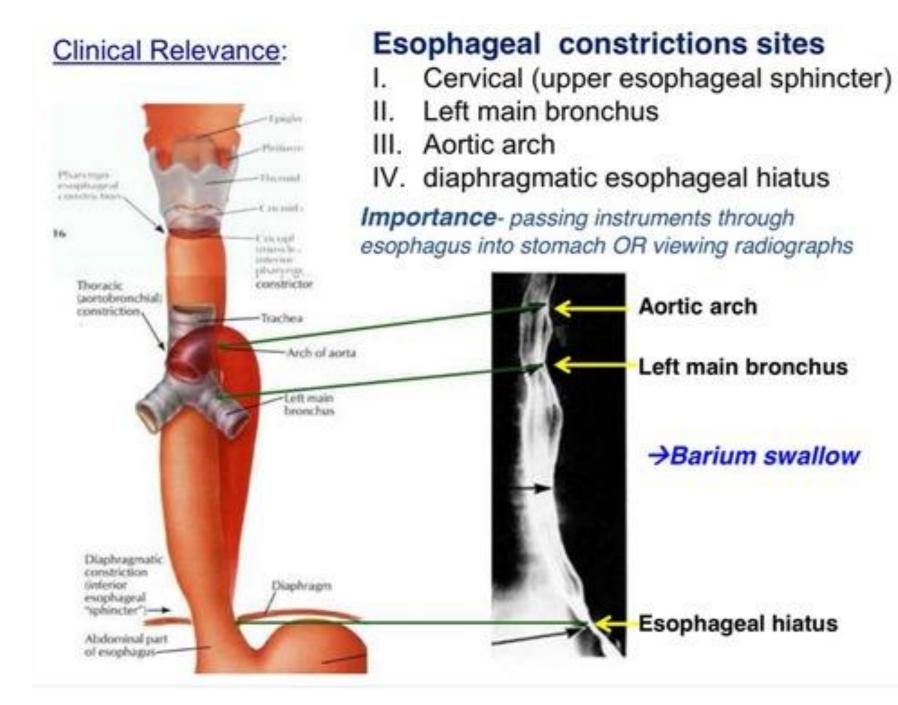
Cervical/Pharyngoesophageal* (Upper Esophageal Sphincter)

Thoracic (left bronchus/ aortic arch)

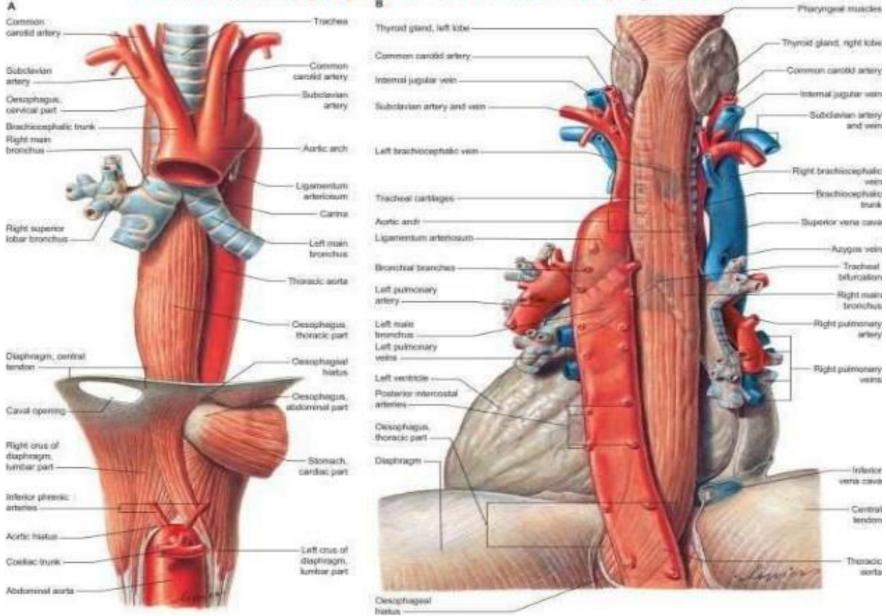
> Diaphragmatic* (Lower Esophageal Sphincter)

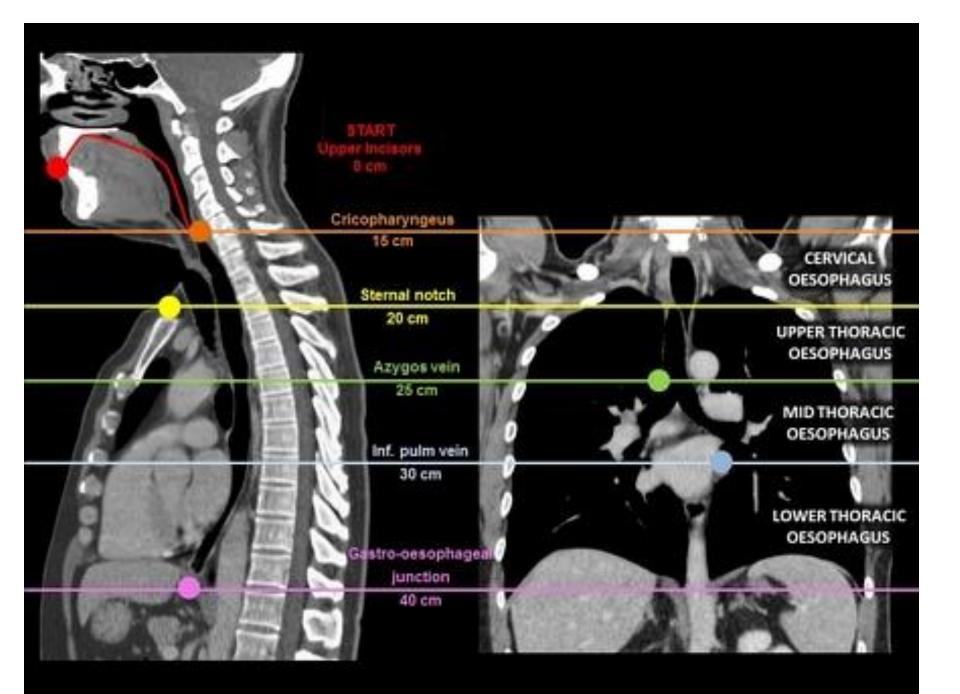


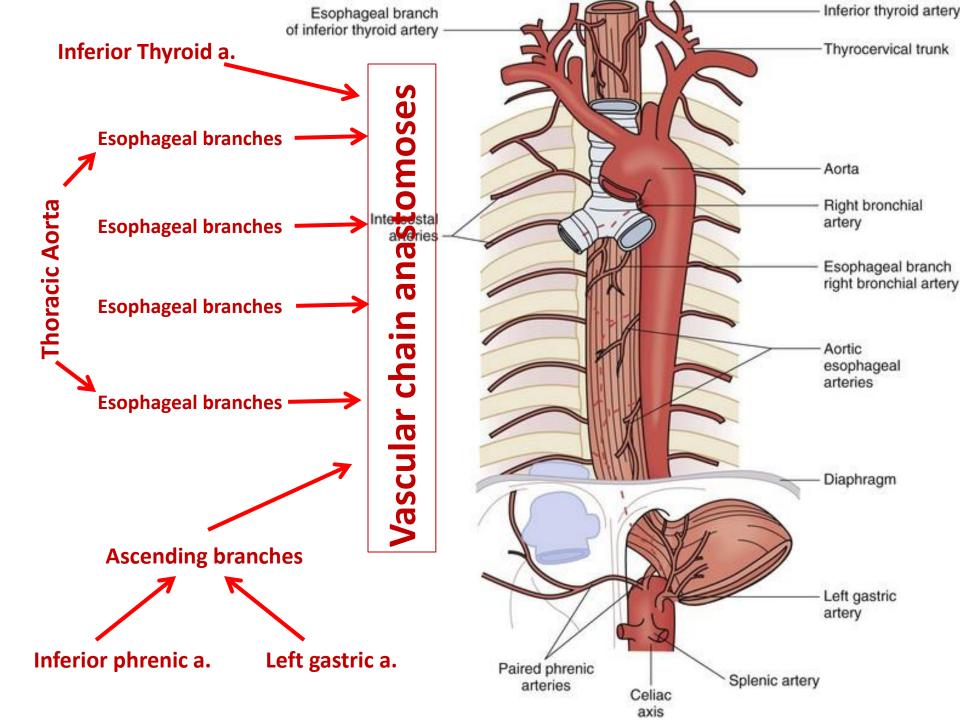
Three parts:

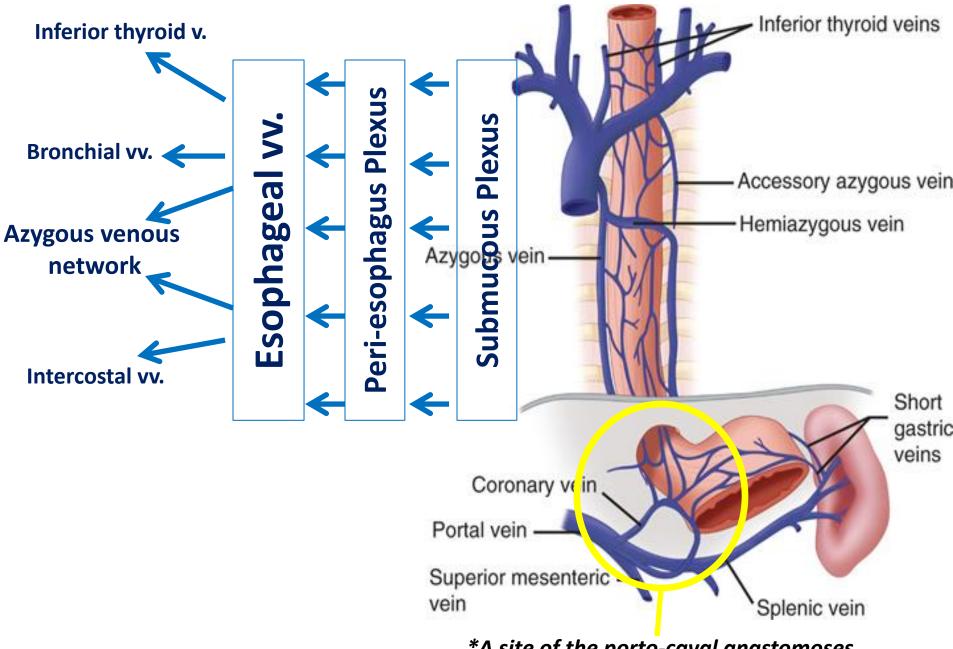


ANTERIOR(A) & POSTERIOR (B) VIEW

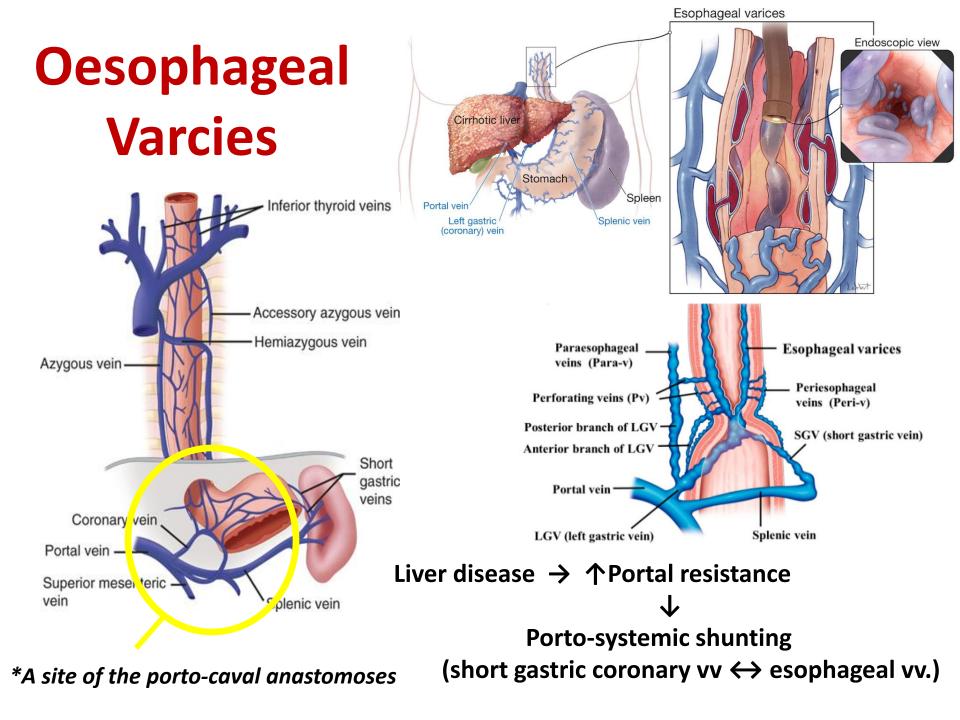


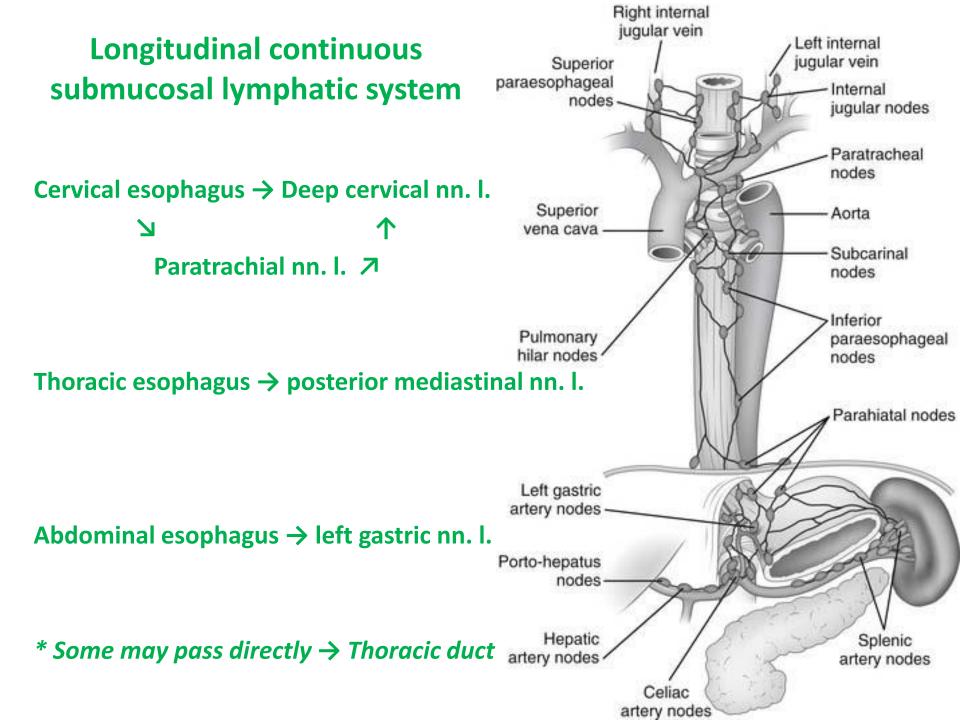


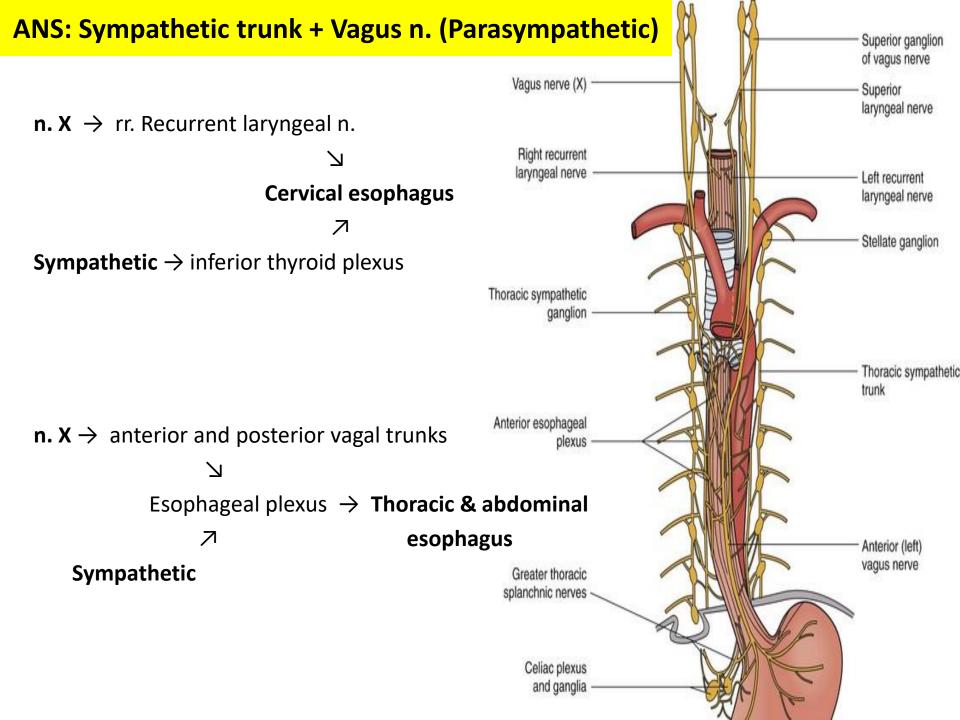


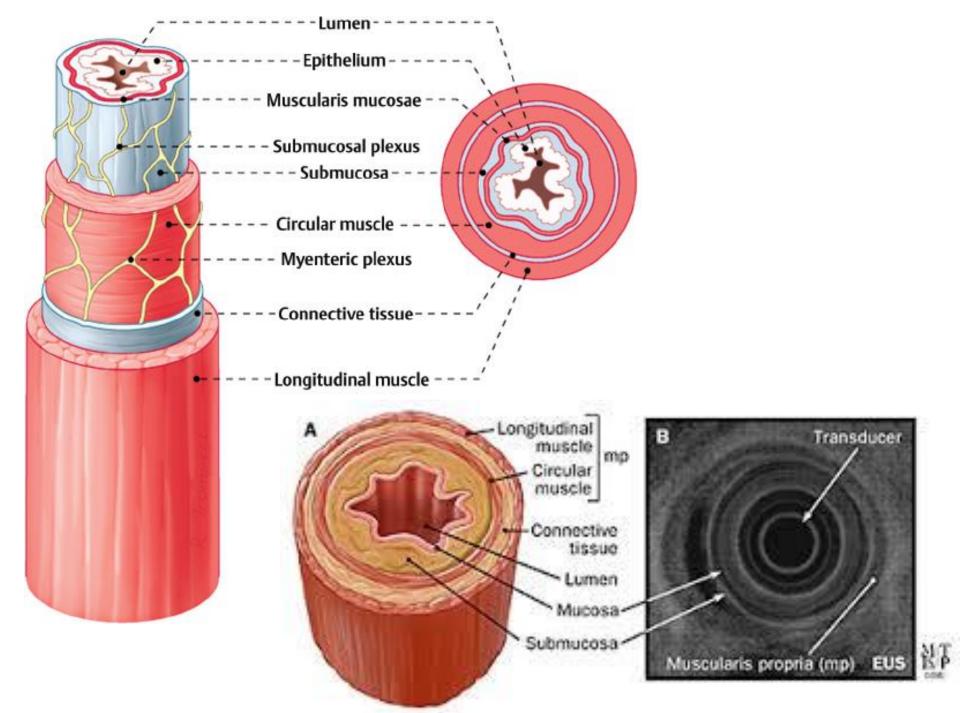


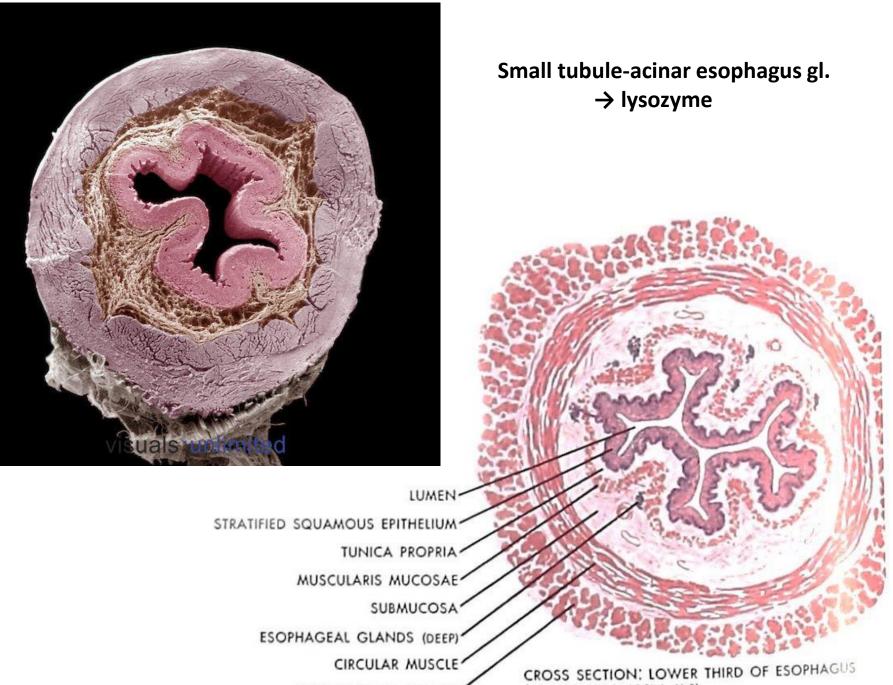
*A site of the porto-caval anastomoses





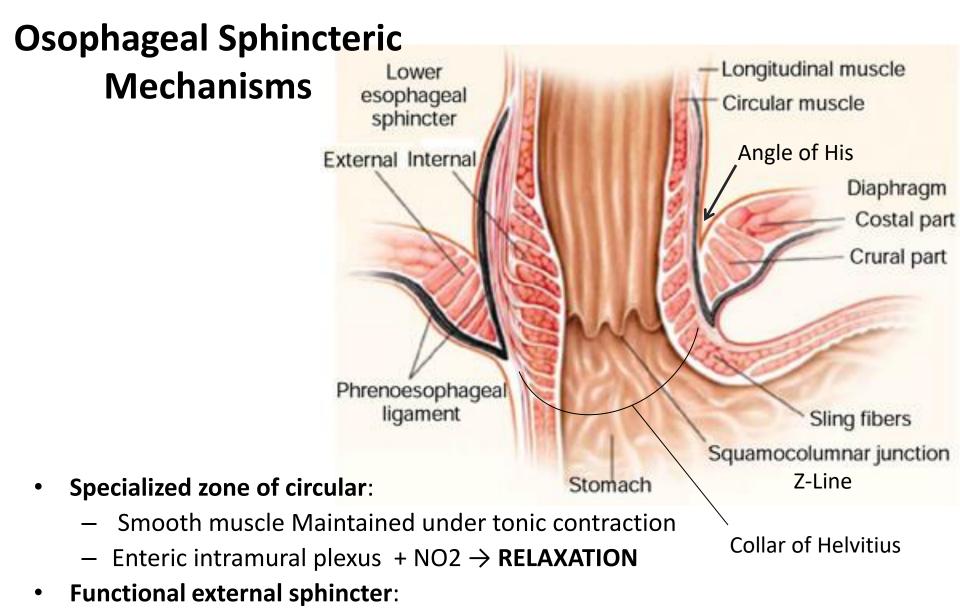






LONGITUDINAL MUSCLE

(HEMATOXYLIN-EOSIN, X 5)

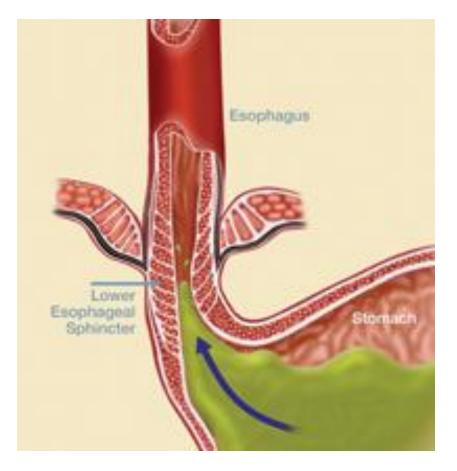


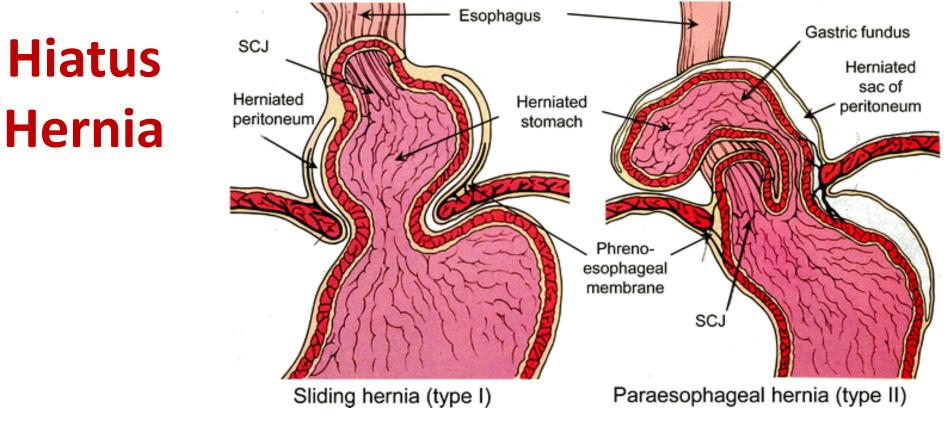
- Provided by the right crus of the diaphragm
- Contracts during \uparrow intra-abdominal P \rightarrow **PREVENT** regurgitation

Gastro-esophageal Reflux

Gastric acid reflux into the esophagus due to poor closure of the lower esophageal sphincter.

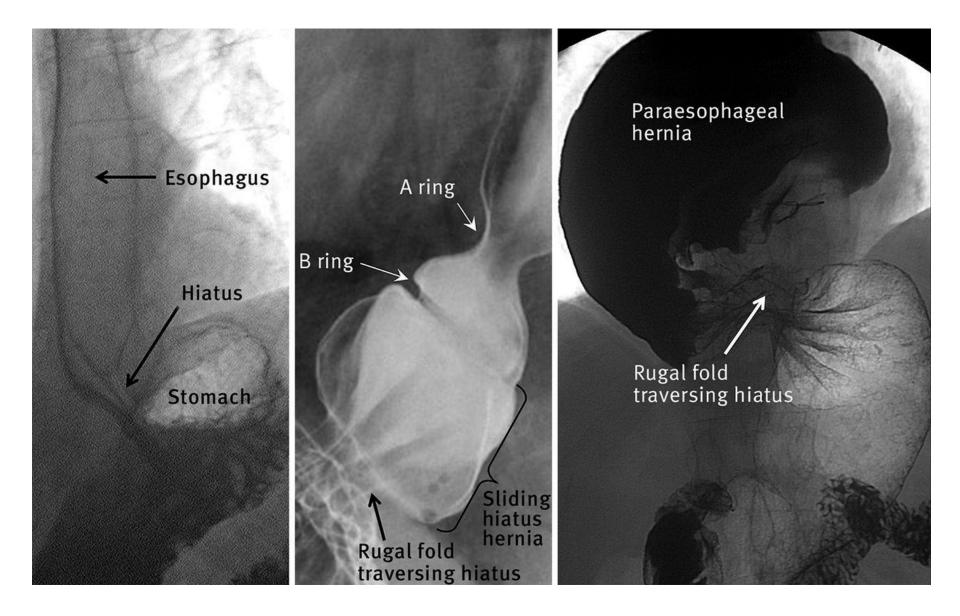
Normal pH 7 (Neutral) Abnormal pH < 6.5





- Disorder mechanisms:
 - Repeated stress → compromise hiatus integrity → Widening of the muscular tunnel
 - b. Phrenco-esophageal lig. laxity \rightarrow Widening of the muscular tunnel
- Types of hiatus herniae:
 - a. Sliding- gastro-esophageal junction merges into the thorax
 - b. Para-esophageal- stomach herniates into the thorax

Hiatus Hernia



Esophageal phase of swallowing/deglutition

- 1. Upper esophageal sphincter relax \rightarrow bolus enter
- Peristaltic movement → wave of contractions (8-20 sec) muscular relaxation in front of bolus → subsequent constriction behind the bolus → push bolus forward

Pharynx

Food

Jpper

esophageal sphincter

Esophagus

Diaphragm

Lower

esophageal

/Stomach

sphincter

(2)

3

 Lower esophagus opens momentarily → bolus enter into stomach

Swallowing pattern generator

- Pattern of timing of striated muscle contraction Generated at a brainstem level
- Pattern of activation in smooth muscles Generated locally in intramural plexuses driven by vagal autonomic

Esophageal Dysmotility

Encompasses disorders of the upper and lower esophageal sphincters, conginetal, and lose of muscular contractability

• Achalasia:

Degenerated myenteric plexus \rightarrow loss of peristalsis + gastroesophagus sphincter failure of relaxation

• Dysphagia:

Dilation of esophagus \rightarrow retention of food \rightarrow regurgitation & aspiration

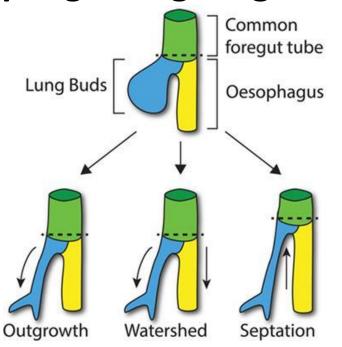
• Diffuse esophagus spasm:

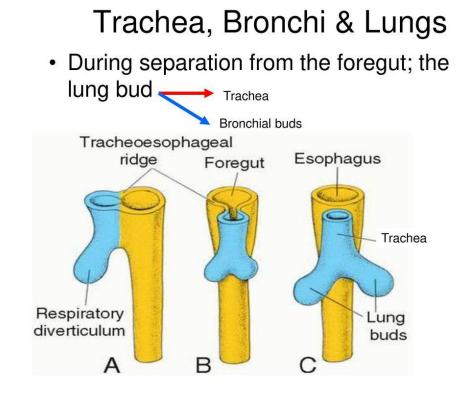
 \rightarrow simultaneous segmental contractions

• Scleroderma:

connective tissue diseases \rightarrow atrophic smooth muscles is replaced by fibrous tissue in the submucosa and lamina propria

Esophagus Organogenesis





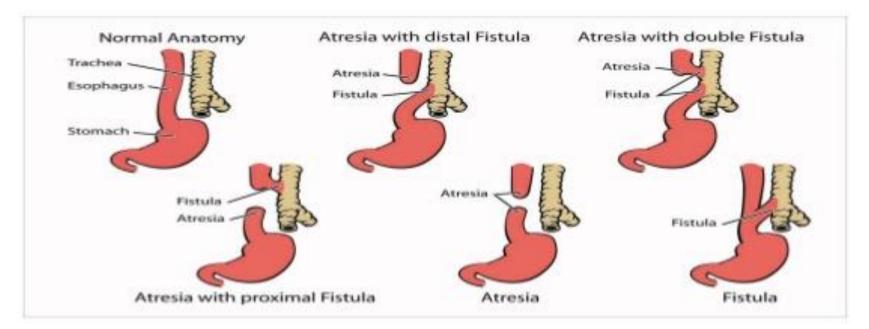
- Mucosa become ciliated at Week 10.
- Mucosa become stratified squamous epithelium at Month 5.
- Myenteric plexus have cholinesterase activity at Week 9.5.
- Defrentiated ganglion cells present at Week 13.
- Esophagus is capable of peristalsis in the 1st trimester.
- Periodic fetal swallowing can be seen on ultrasound at Week 16.
- 500ml/day of amniotic fluid ingested during the 3rd trimester.
- Maturation of the lower esophagus sphinster at Week 32.

Congenital Anomalies

Esophageal atrasia and tracheo-esophageal fistula

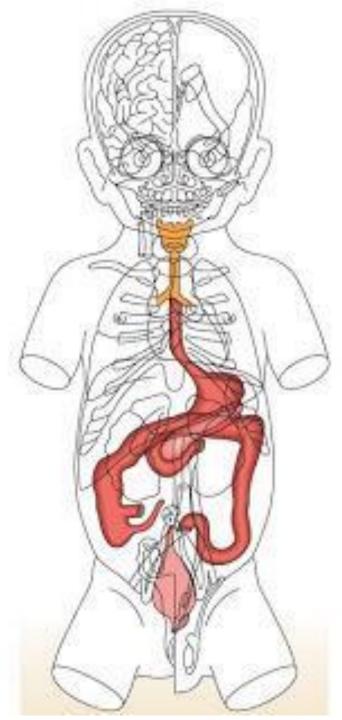
1 in 4425 live births.

Congenital esophageal atresia (EA) represents a failure of the esophagus to develop as a continuous passage. Instead, it ends as a blind pouch. Tracheoesophageal fistula (TEF) represents an abnormal opening between the trachea and esophagus

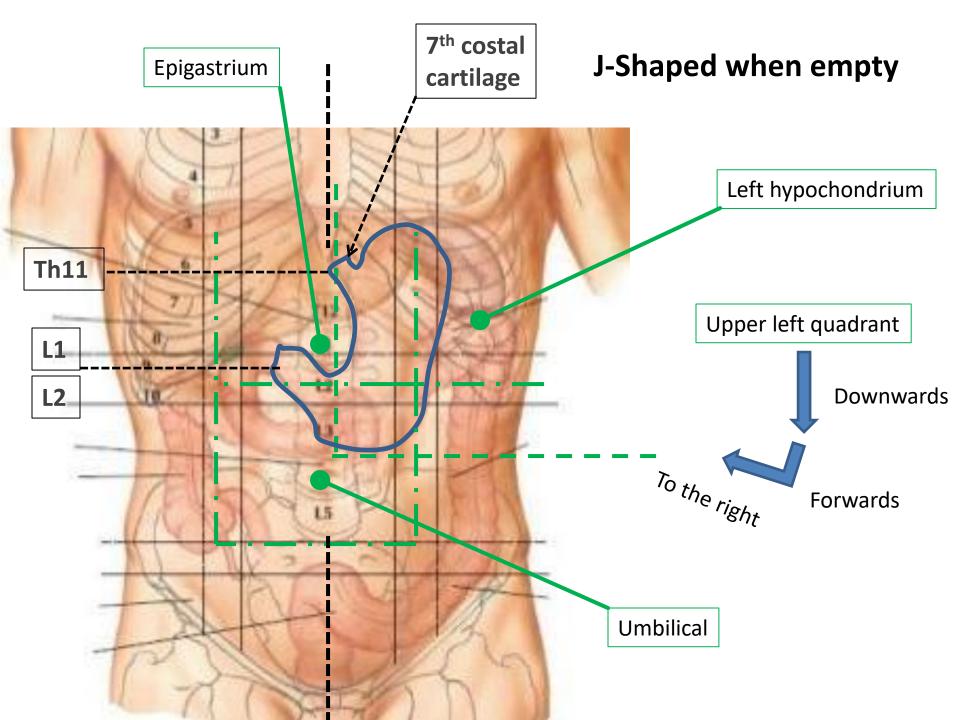


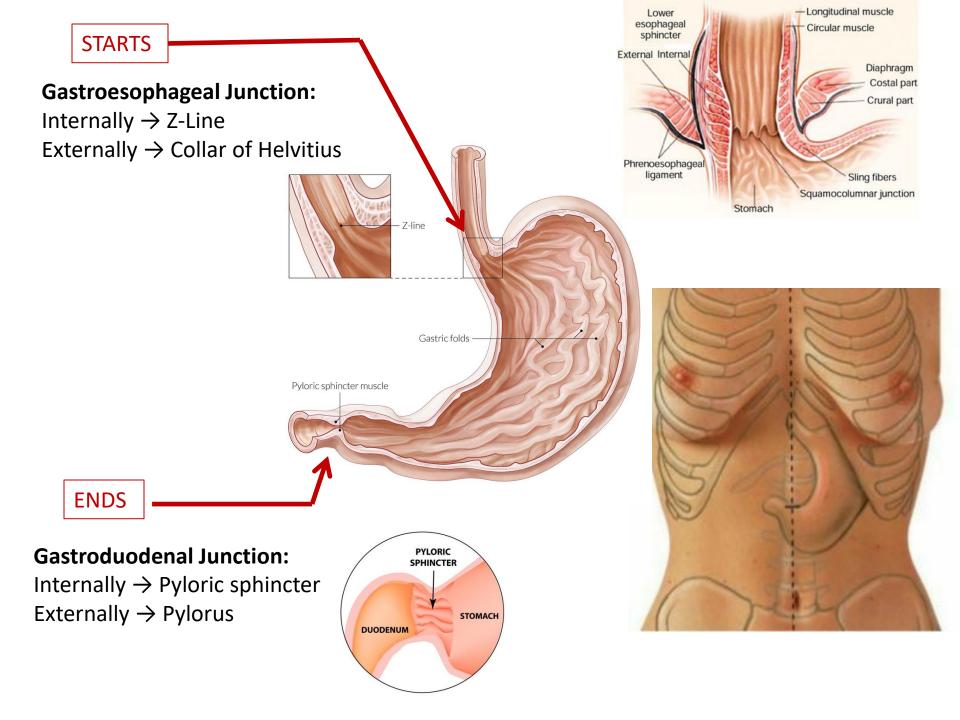
Neonatal Esophagus

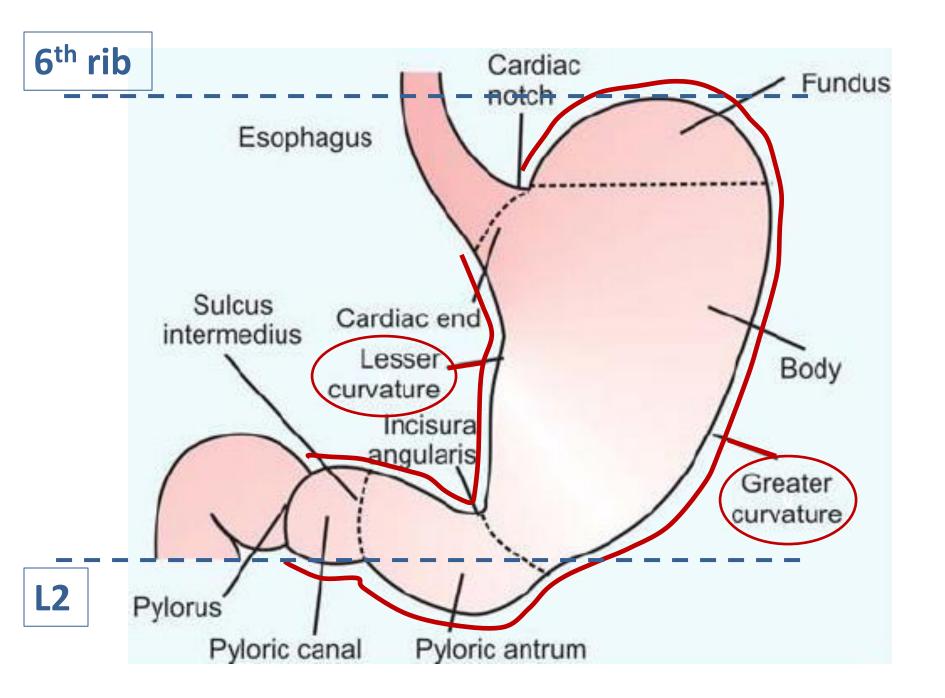
- ≽ 8-10cm.
- Starts and ends 1-2 vertebrae higher than in Adults.
 - C4/C6 \leftrightarrow Th9
- Pressure at the lower esophageal sphincter mature at Week 3-6 of age.
 - \rightarrow Frequent physiologic regurgitation.

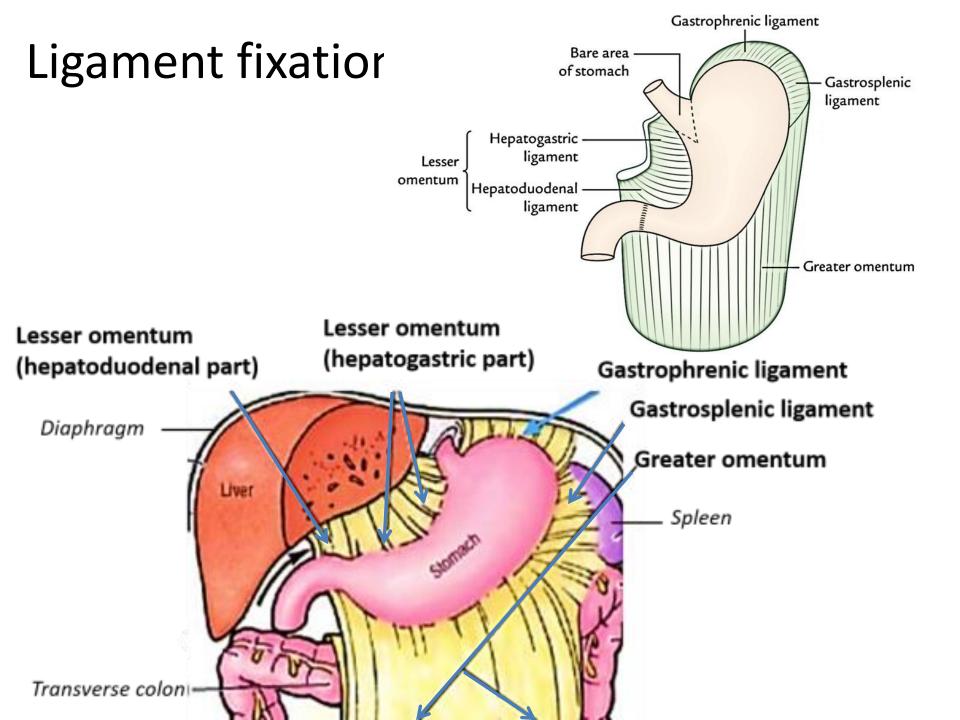


Stomach "Gaster"

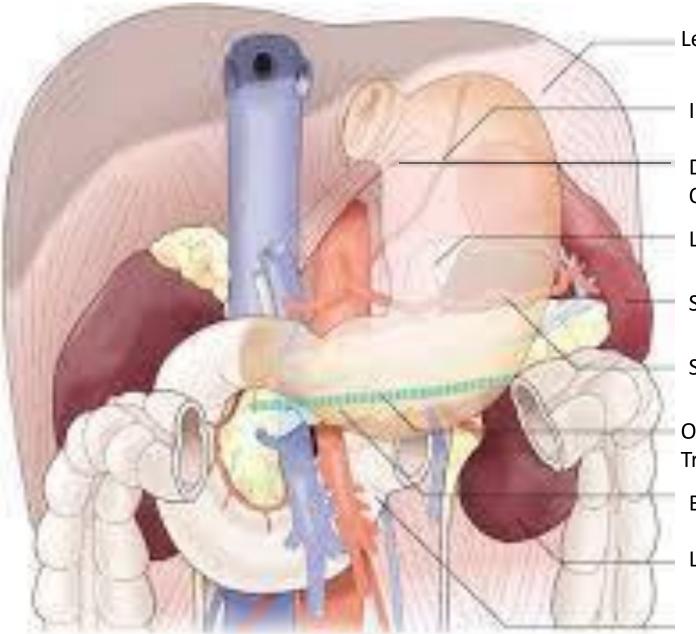








Posterior Syntopy of the Stomach



Left hemidiaphragm

Inferior phrenic a.

Decussating fibers Of the right crus

Left suprarenal gl.

Spleen

Spleenic a.

Origin of mesentery of Transverse colon

Body of pancrease

Left kidney

Duodenojejunal flexure

Anterior Syntopy of the Stomach

Left lobe of liver

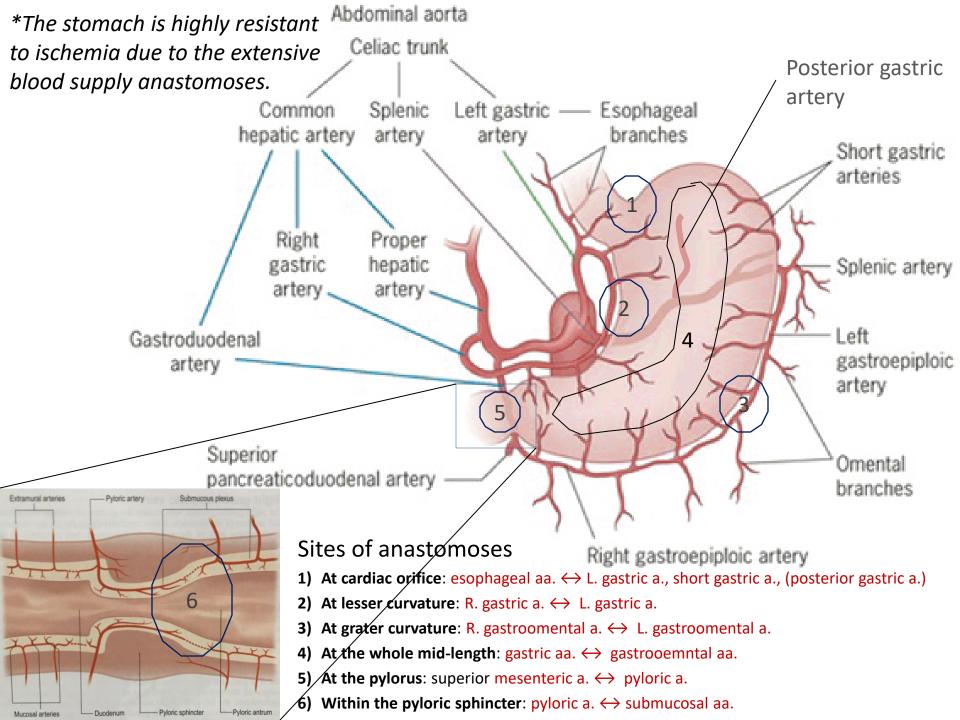
Posterior rectus sheath

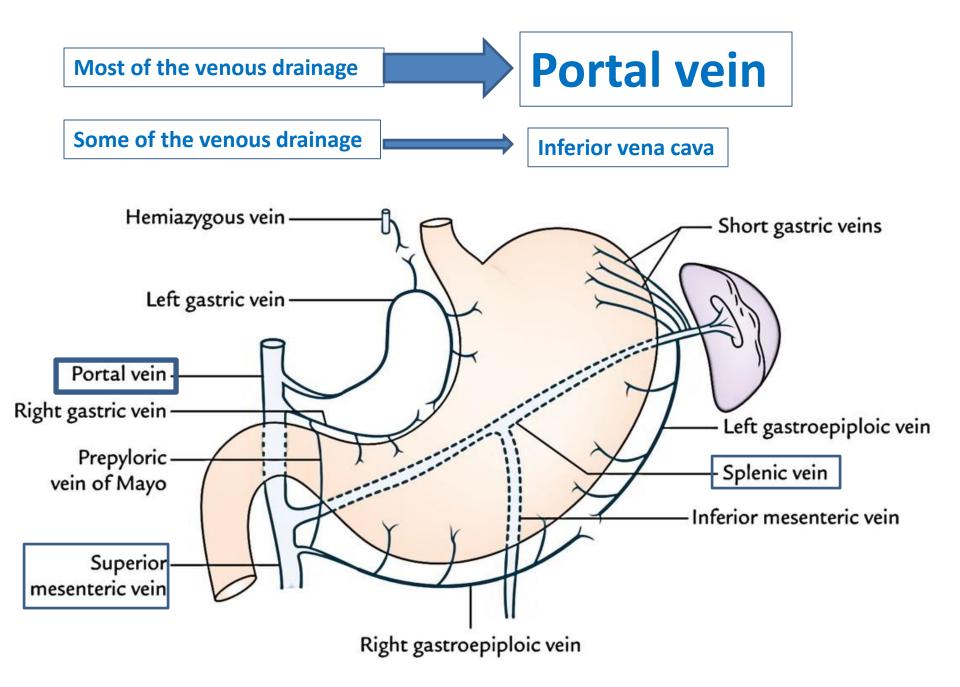
Transverse colon

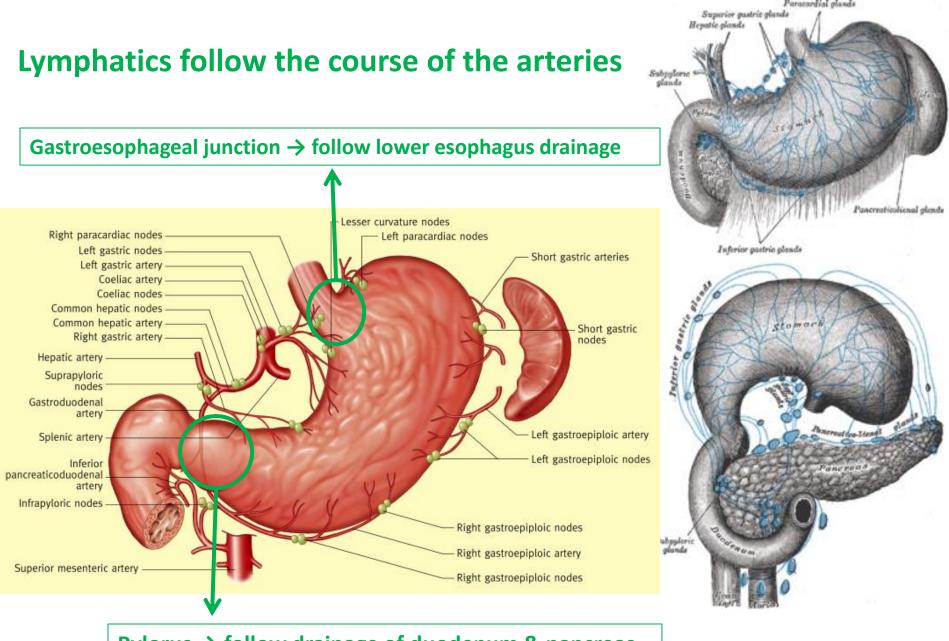
Spleen

Diaphragm

Gastrostomy tube Endoscope PEG gastrostomy tube Access Site Instrumental access through the anterior abdomenal wall \rightarrow right inferior ½ gastric anterior surface







Pylorus → follow drainage of duodenum & pancreas

Sympathetic →

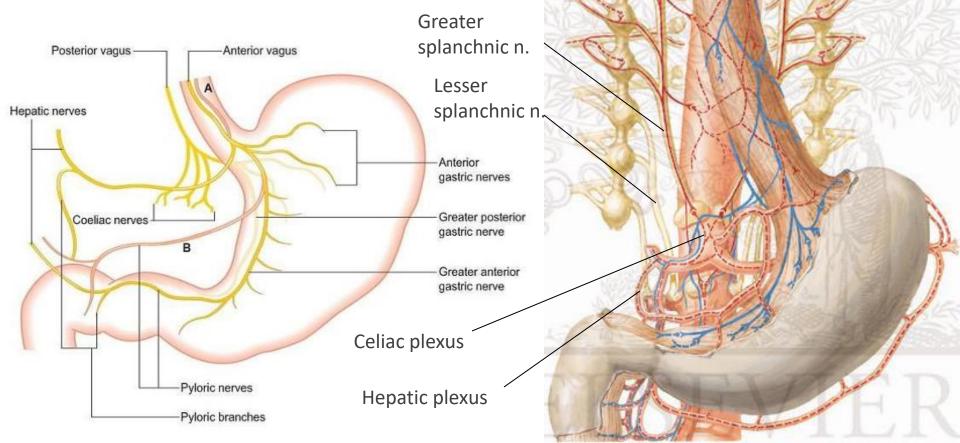
Vasoconstriction

- Inhibits gastric motility
- Constricts the pylorus

T5 – T12

Parasympathetic →

- Secretomotor to gastric mucosa
- Coordinate pyloric sphenciter relaxation during gastric emptying



Nausea: diffuse sensation of unease and discomfort perceived as an urge to vomit.

*ANS central triggered response

Vomiting: involuntary, forceful expulsion of the contents of one's stomach.

*vomiting reflex

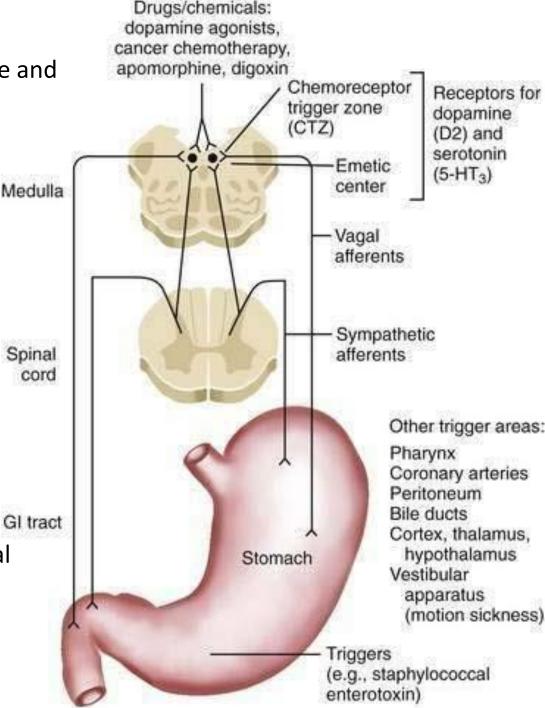
Initial Phase:

Lower esophagus sphincter & peri-esophagus crural fiber relax

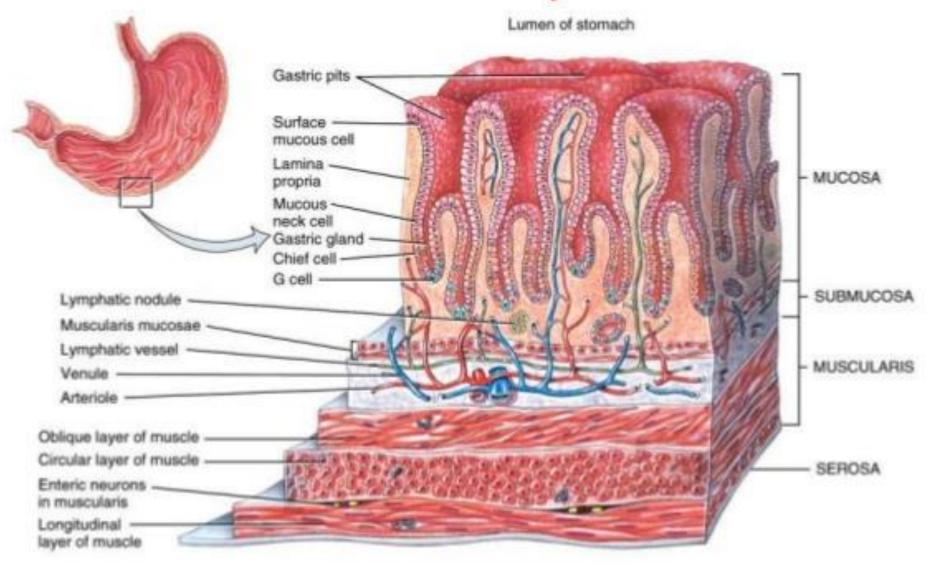
Following Phase:

Rapid diaphragmatic & abdominal muscle contract

ightarrow hintrabdominal P

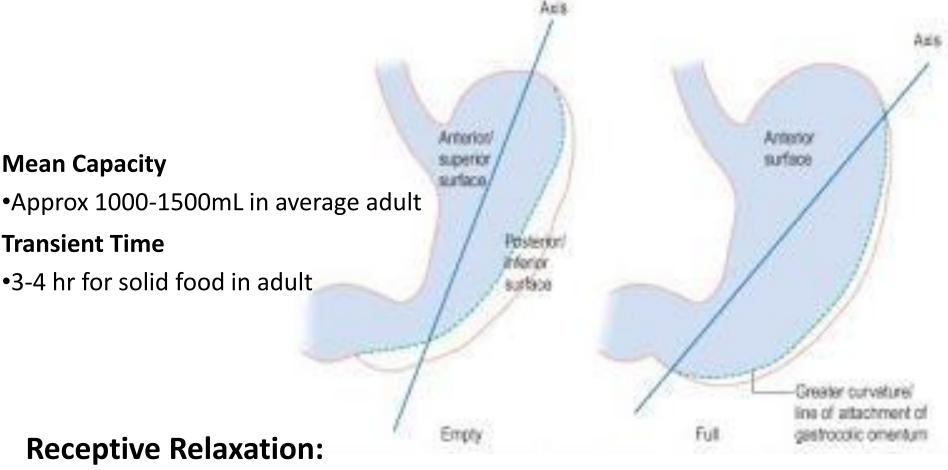


Stomach Wall: Four Layers



Three-dimensional view of layers of the stomach

Main Function: 1) Temporary Storage

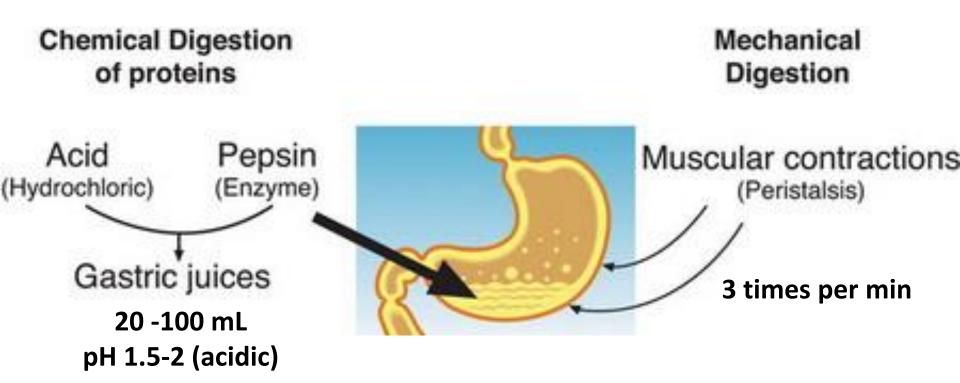


Esophageal swallowing $\rightarrow \downarrow$ proximal stomache tone **Gastric Accomodation**:

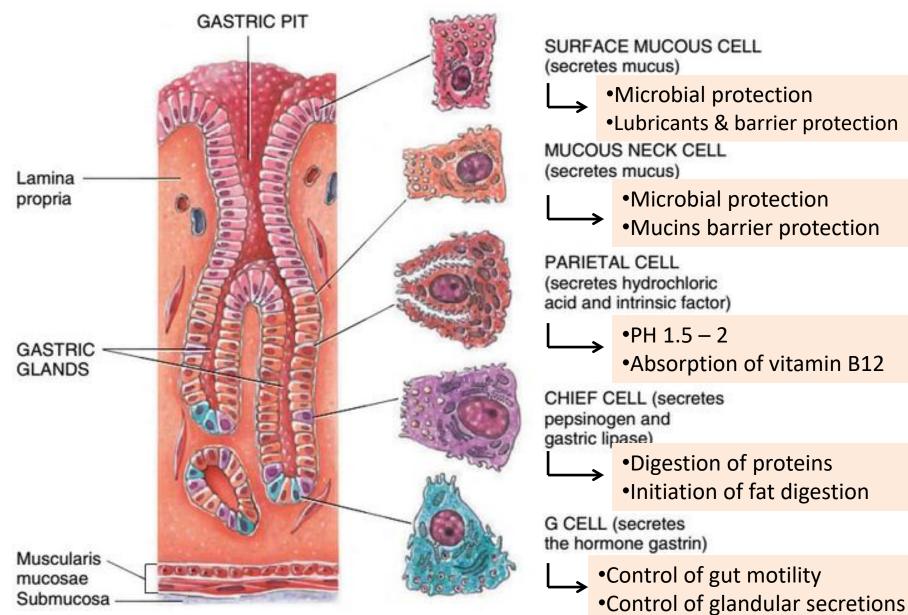
 \rightarrow Stomach distends \rightarrow greater curvature rolls downwards

& anterosuperior surface comes to lie vertical

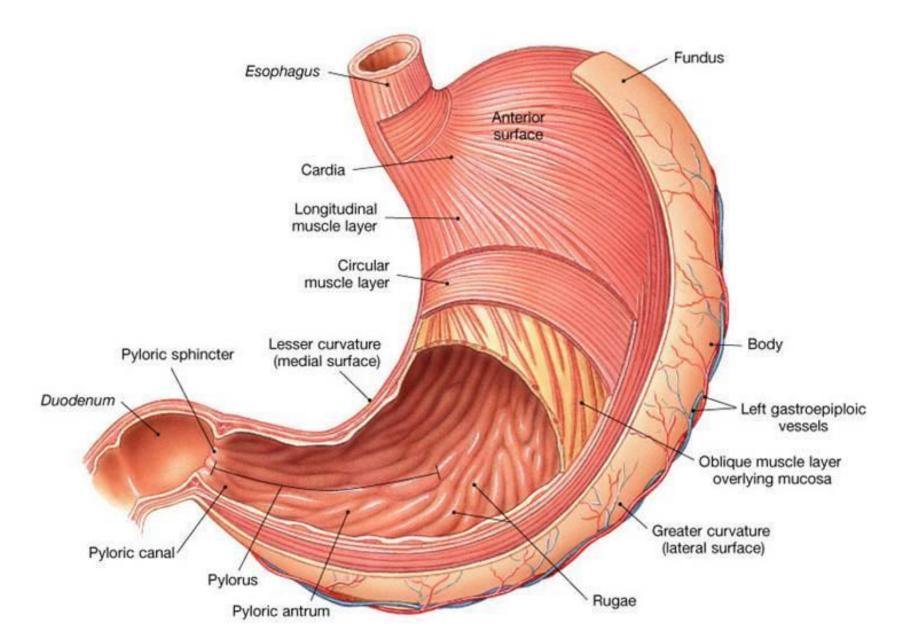
Main Function: 2) Digestion



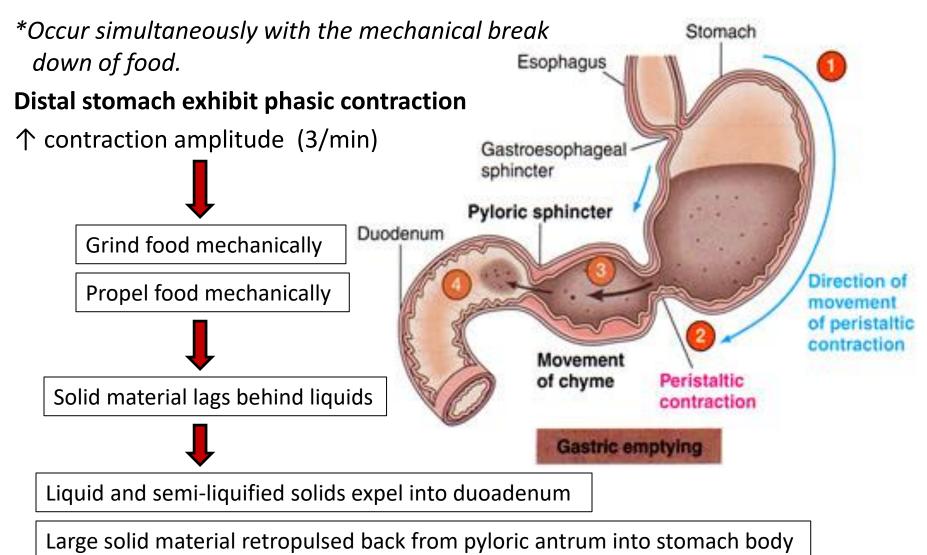
Gastric Glands & Chemical Secretions



Mechanical breakdown



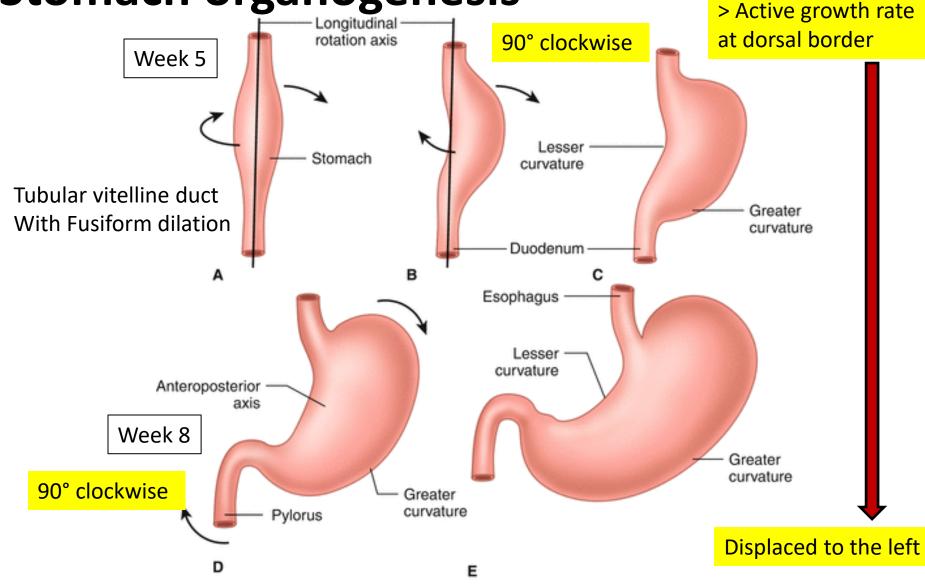
Mechanical passage of chyme into duodenum



Gastroparesis:

weak peristaltic muscular contractibility \rightarrow delayed gastric emptying

Stomach organogenesis



Rotation of the stomach creates:

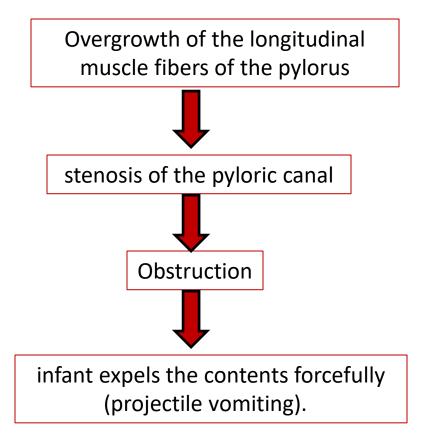
•placing L. vagus n. along its anterior and R. right vagus n. along its posterior.

•The omental bursa/lesser peritoneal sac.

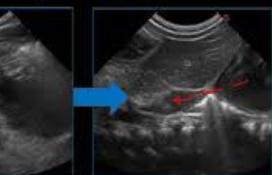
Congenital Anomalies

Infantile Hypertrophic Pyloric Stenosis

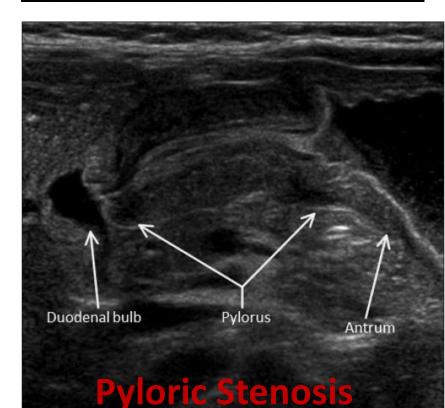
1/150 male infants
 1/750 female infants



Normal peristalsis

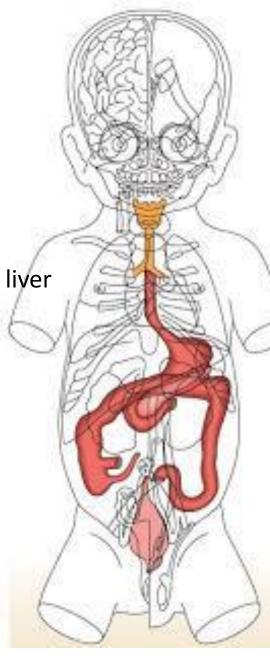


Normally, fluid can be seen to pass through the pylorus and into the duodenum without delay



Neonatal Stomach

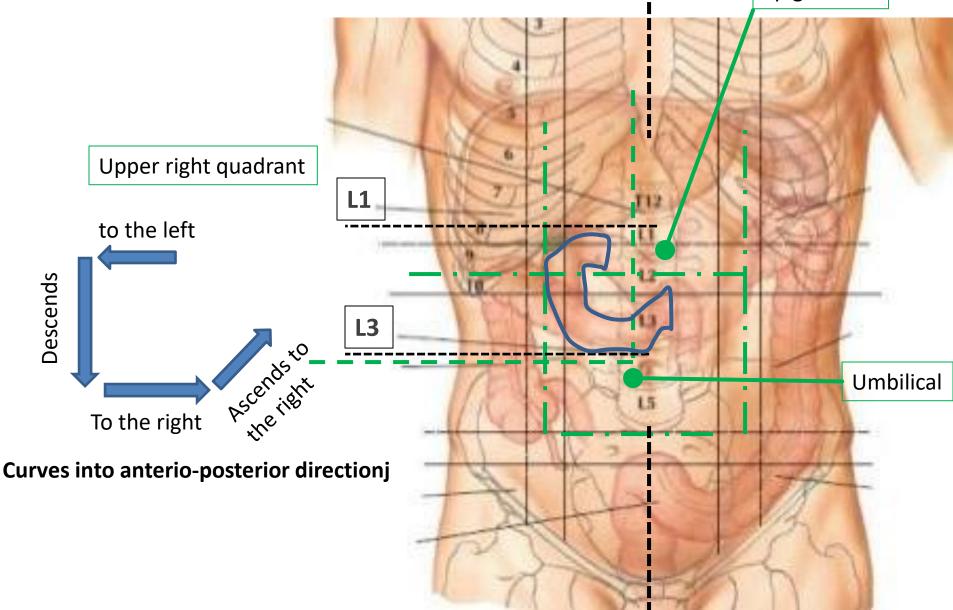
- ➤ Exhibit fetal characteristic at onset of birth.
 Initiation ventilation → coughing & swallowing reflexes
 → ingestion of air & fluid → 4-5 folds stomach destination
- Anterior surface is generally covered by the left lobe of the liver (liver extends nearly to the spleen)
- ➤ Capacity 30-50mL → 70mL (2nd week) → 100mL (4th week)
- ➢ Peristaltic not yet coordinated → delayed gastric transient emptying → frequent physiological constipation.
- ➤ Low gastric secretion for 10 days postnatally High pH 1st postnatal 12 hr → ↓pH after 1st feed

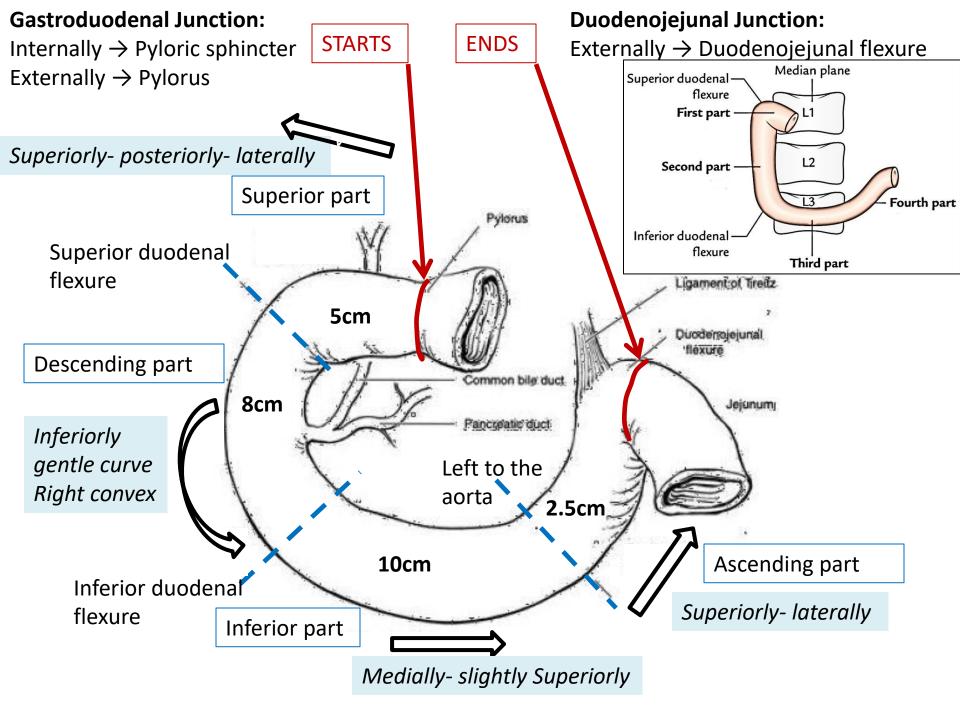


Small intestine "Intestinum tenue"

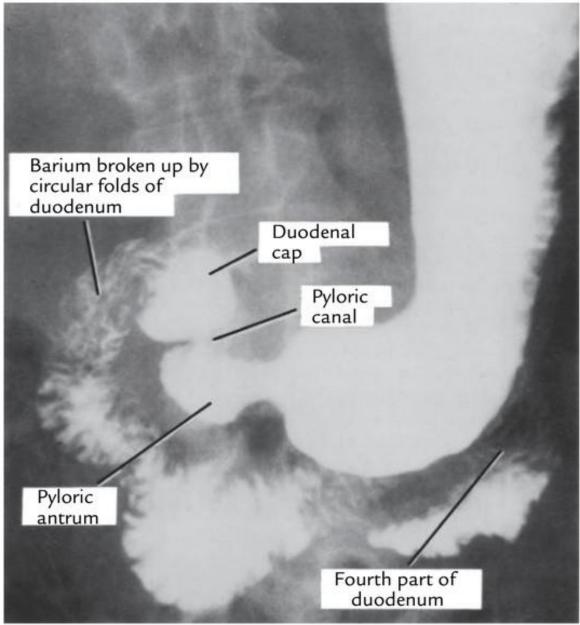
Duodenum "Duodenum"

25 cm (proximal 2.5cm intraperitoneum, 22.5cm retroperitoneum **Elonigated C-Shaped**



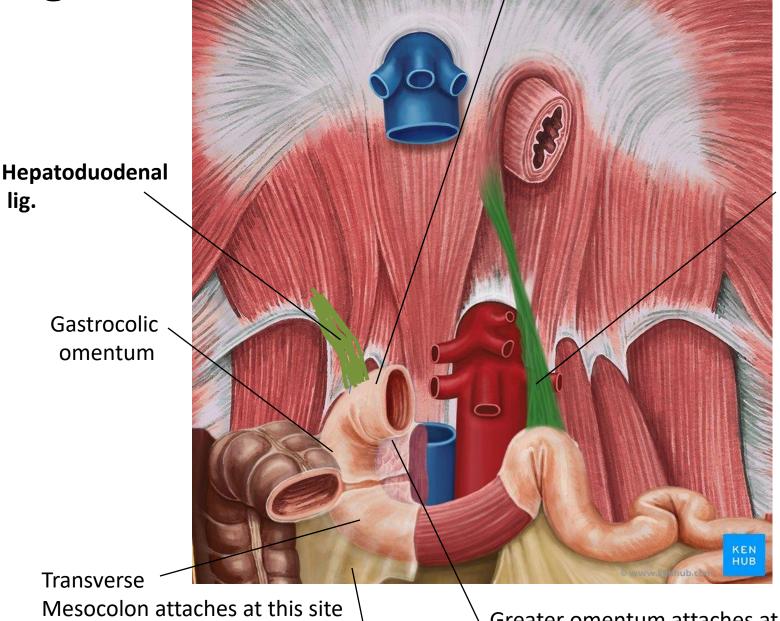


Duodenum contrast radiograph



Ligament fixation

Lesser omentum attaches at this site

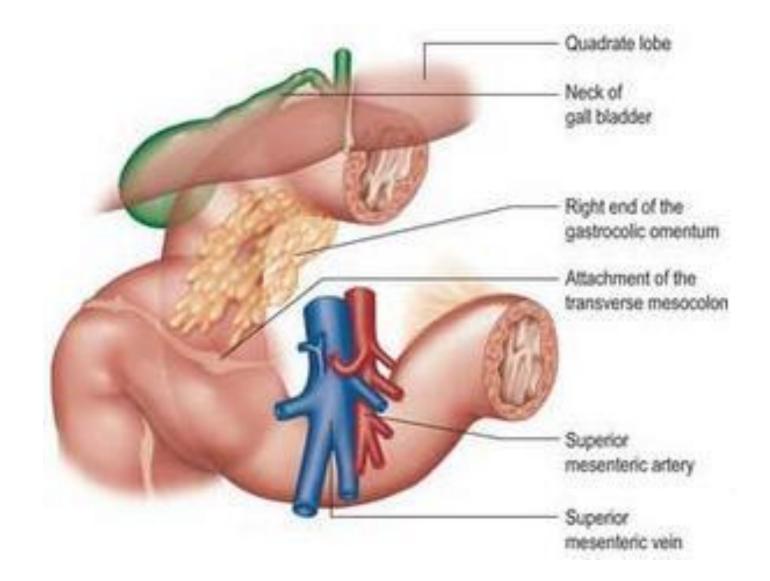


Suspensory lig. of Treitz

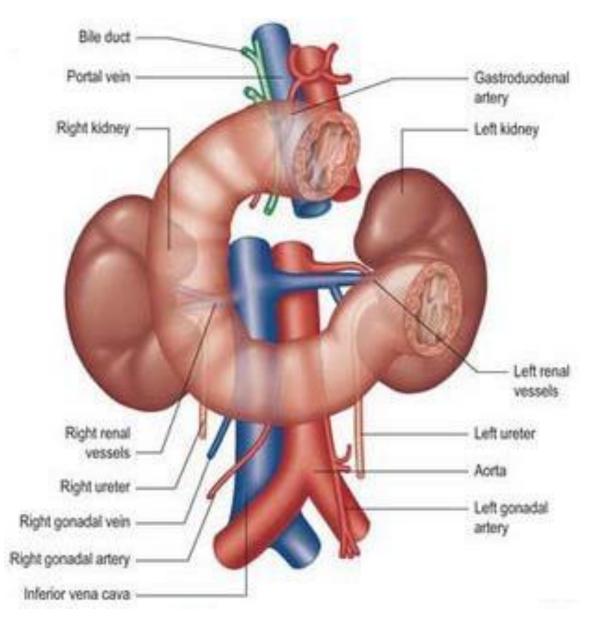
Messentery

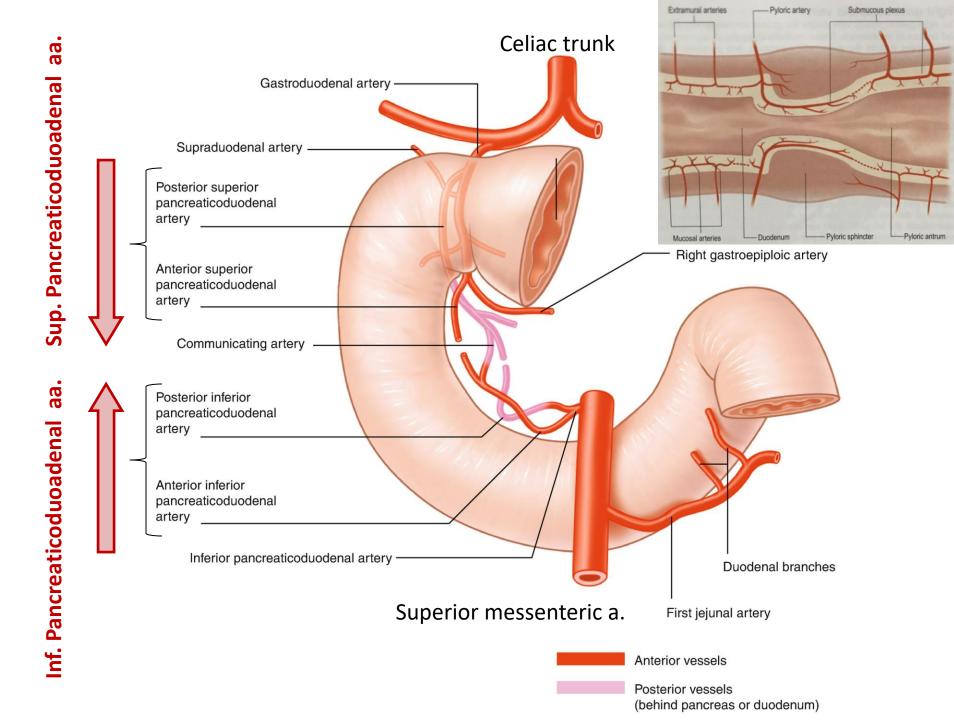
Greater omentum attaches at this site

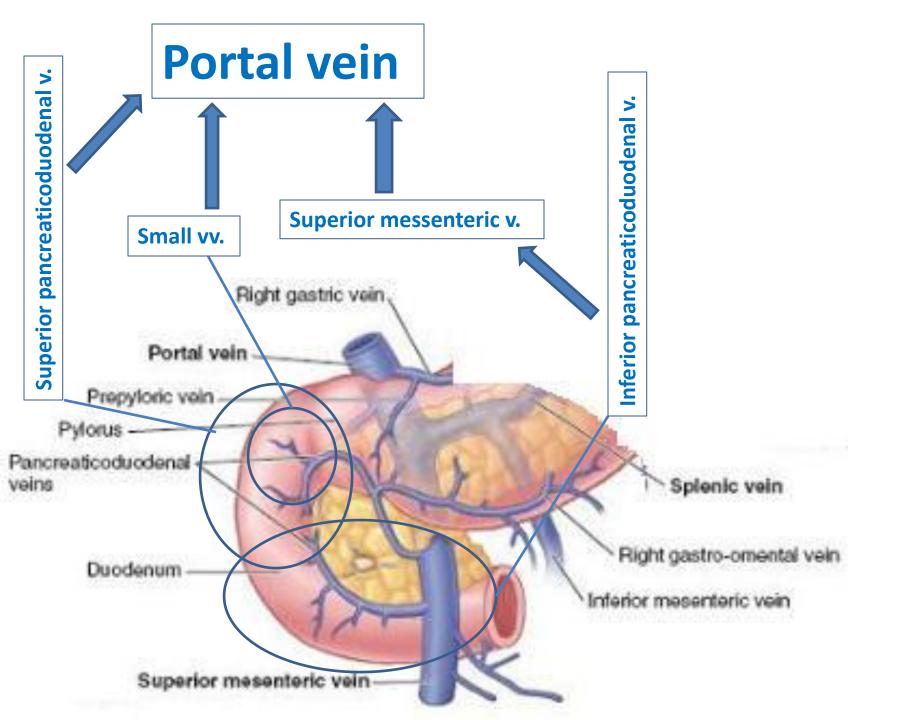
Anterior Syntopy of the duodenum

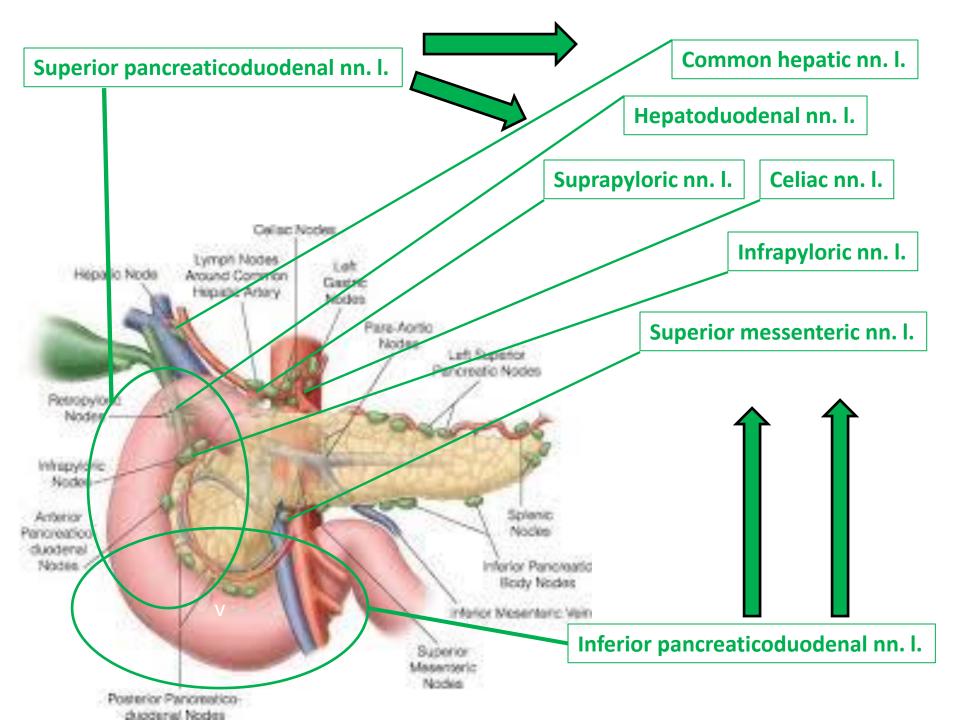


Posterior Syntopy of the duodenum







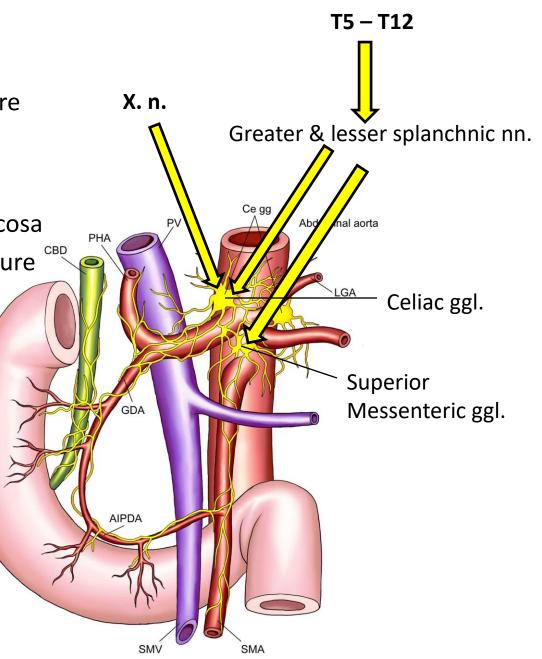


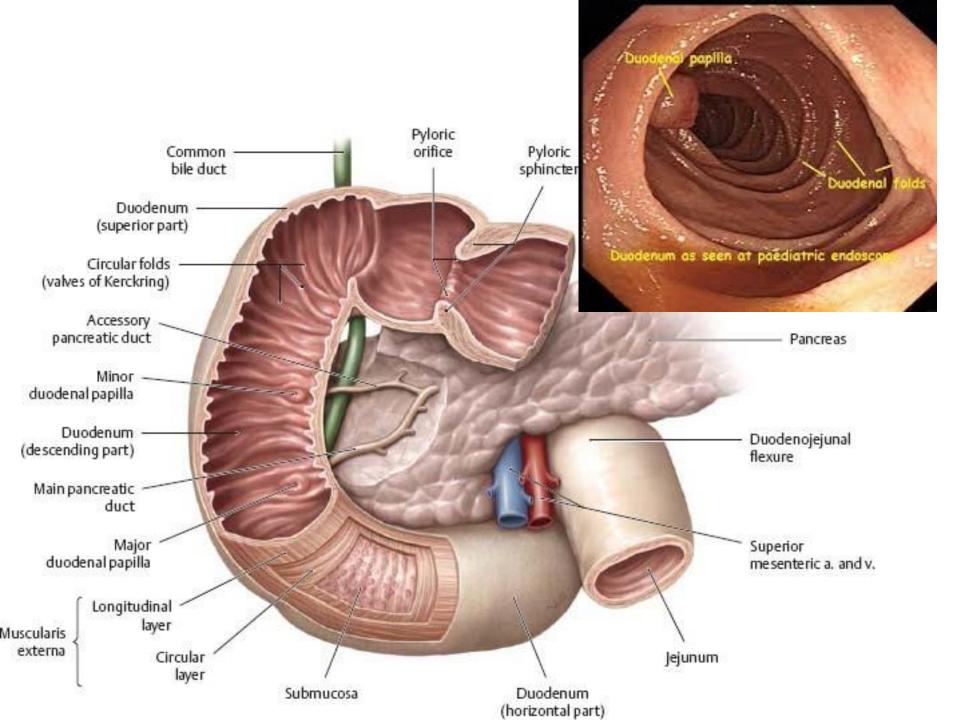
Sympathetic →

- Vasoconstriction
- Inhibits duodenum musculature

Parasympathetic →

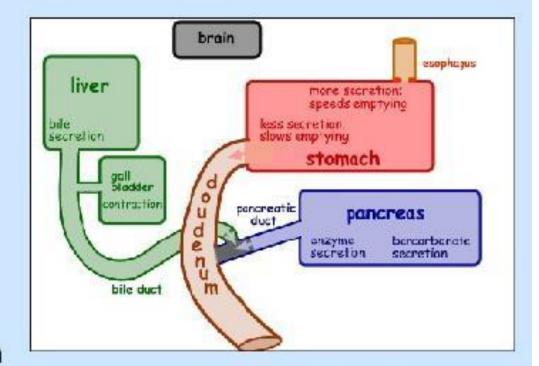
- Secretomotor to duodenum mucosa
- Coordinate duodenum musculature





Function: 1) Enzyme secretion → breakdown of food Secretions of the Duodenum

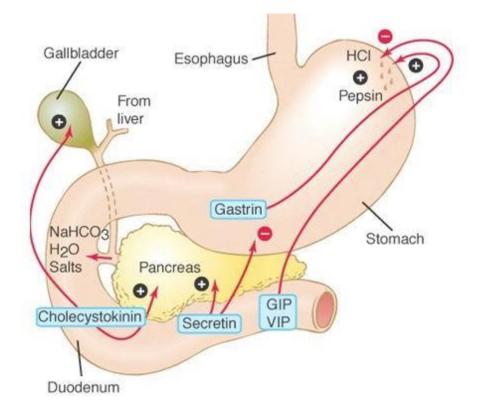
- Acid chyme from the stomach is combined with digestive juices from the pancreas, gallbladder, liver, and gland cells of the intestinal wall
- Hydrolytic enzymes from the pancreas are activated in the duodenum



- Bile is produced by the liver and secreted into the duodenum, aiding in fat digestion
- Digestive enzymes enter the duodenum from the epithelial lining

Function: 2) Hormonal regulation of gastric emptying Gastric emptying - hormones

 Regulated by rate and composition of chyme entry into the duodenum



Duodenal divertiula

Divertiulum:

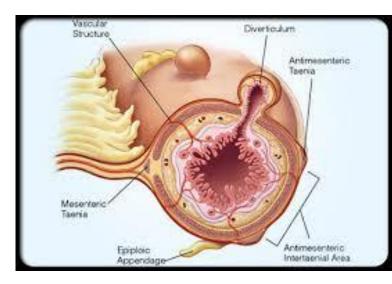
An outpouching of a hollow structure

Types:

- Congenital- contain duodenal wall layers.
- Acquired- protrusion of mucosa and submucosa through wall muscular defects.

Typically location:

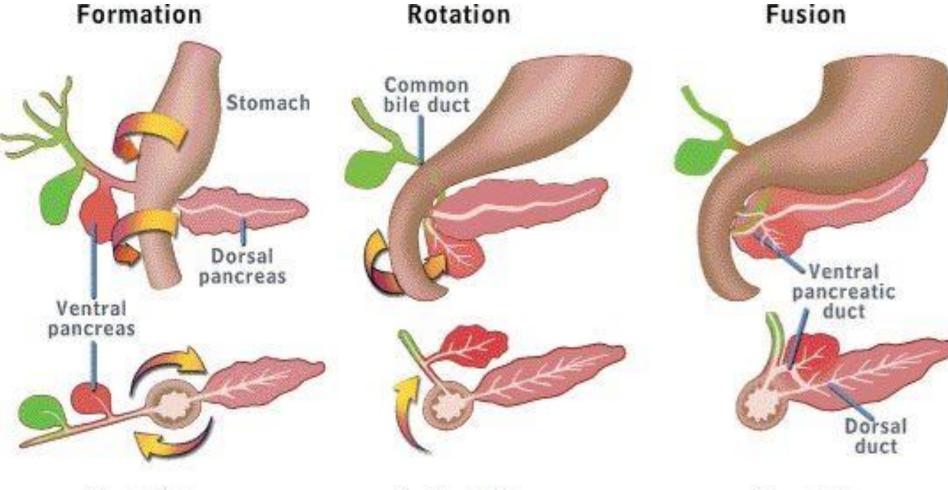
- Medial wall of the descending part.
- Close approximation to the major duodenal papilla.
- Mostly asymptomatic but can cause complications





Duodenum organogenesis

Rotation forms a loop directed to the right with its original right site now adjacent to the posterior abdominal wall



5 weeks

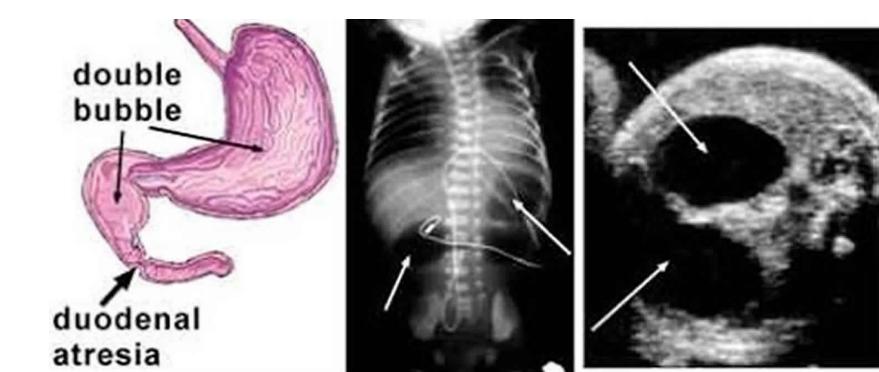
6-7 weeks

8 weeks

Congenital Defects

Duodenal atresia: absence or complete closure of a portion of the lumen of the **duodenum**.

→ obstruction → fluid enlargement in stomach & proximal duadenum

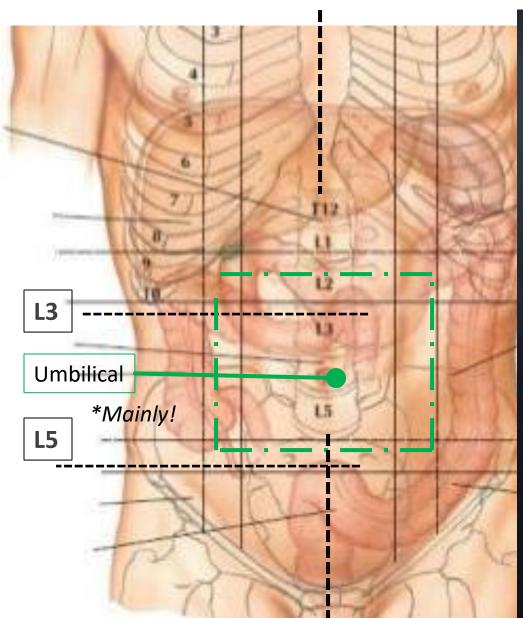


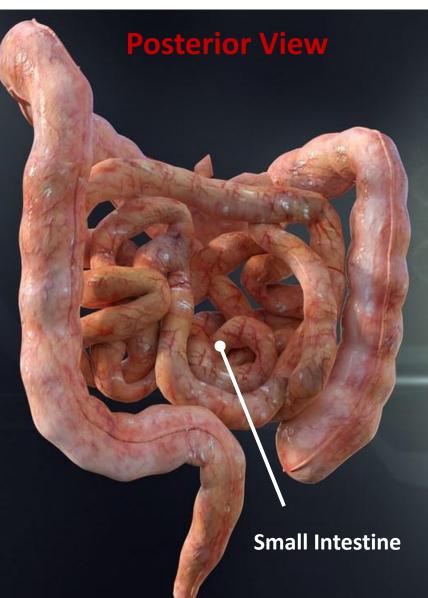
Small intestine "Intestinum tenue"

Jejunum "*Jejunum* " &

lleum "lleum "

3-8 m (5 m) Proximal $2/5^{\text{th}}$ – Jejunum \rightarrow [gradual transition] \rightarrow Distal $3/5^{\text{th}}$ – Ileum

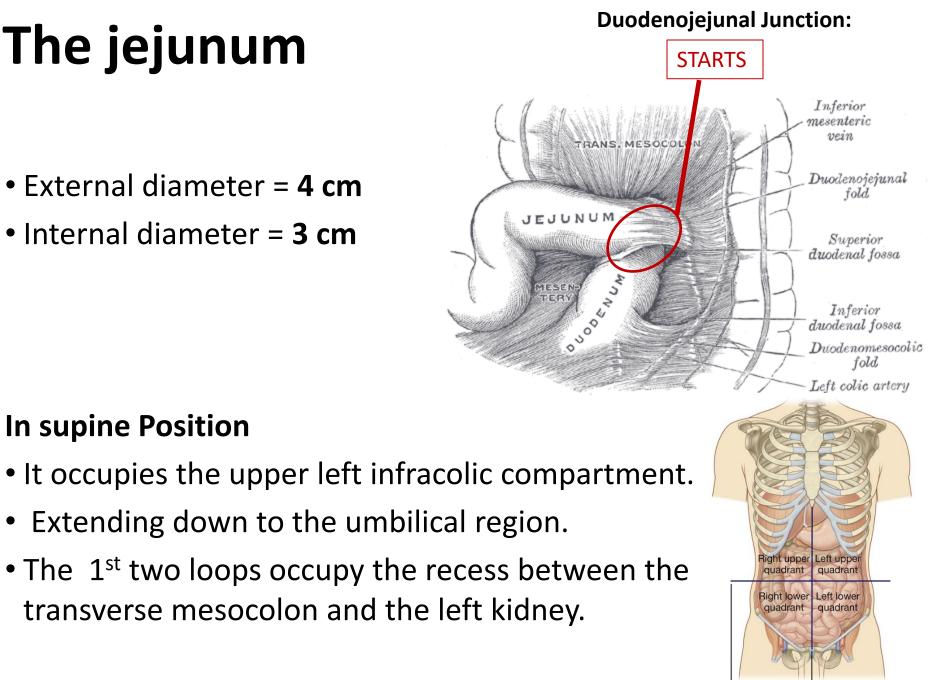




The jejunum

- External diameter = 4 cm
- Internal diameter = 3 cm

In supine Position



Transumbilical plane Median plane

The Ileum

In supine Position

- It lies mainly in the hypogastric region and right iliac fossa.
- Terminal ileum (last 30 cm) frequently lies in the pelvis.
- Terminal ileum ascends over the right psoas major and right iliac vessels.

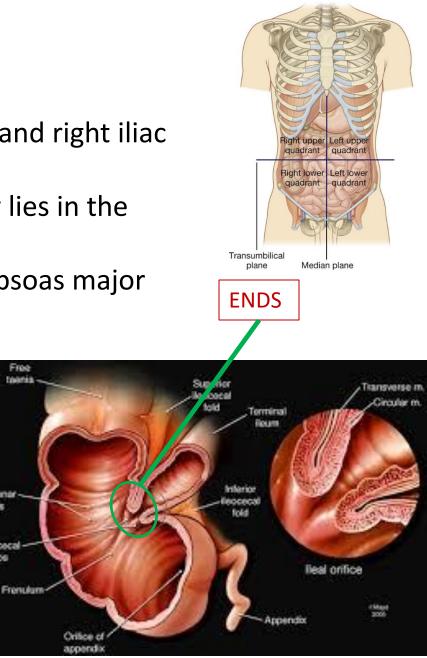
emilunar

leocecal

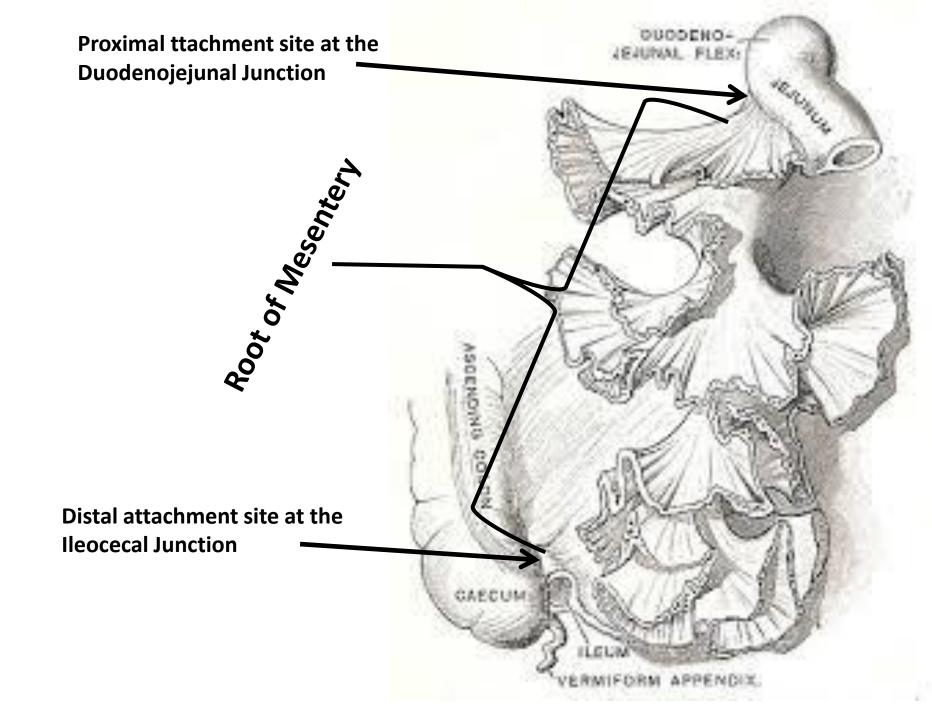
120

folds

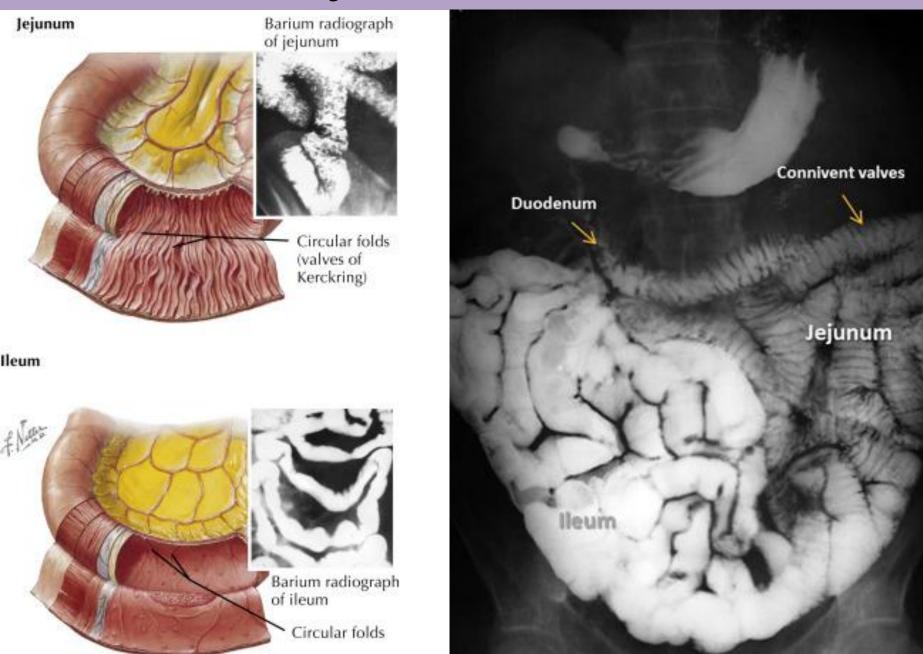
- External diameter = 3 cm
- Internal diameter = 2.5 cm



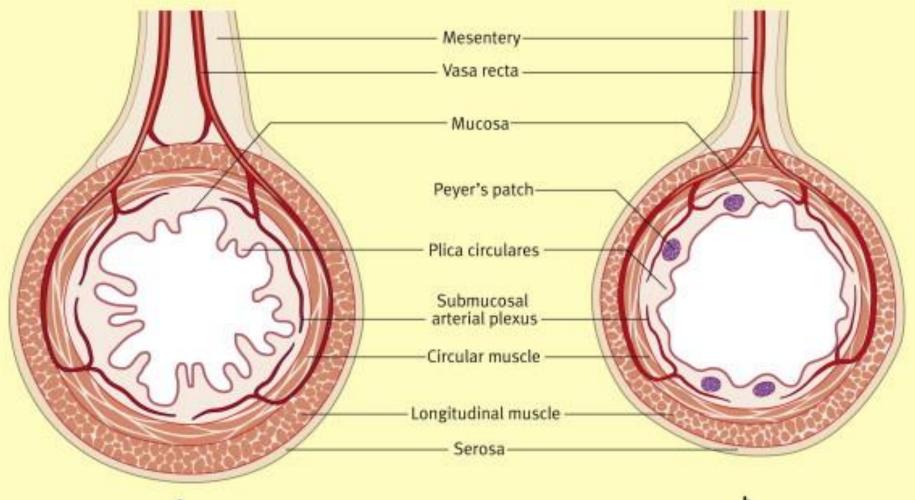
Ileocecal Junction:



Jejunum Vs Ileum



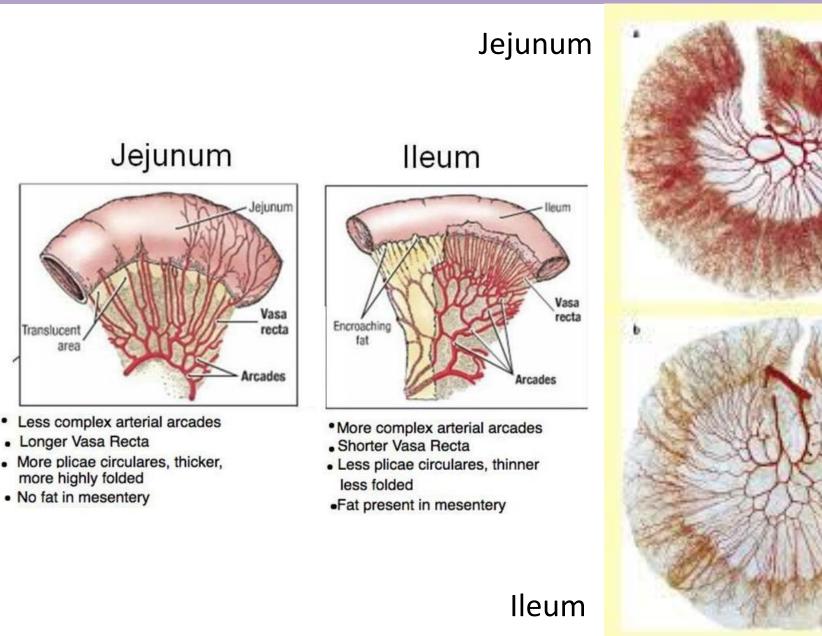
Jejunum Vs Ileum



Proximal Jejunum

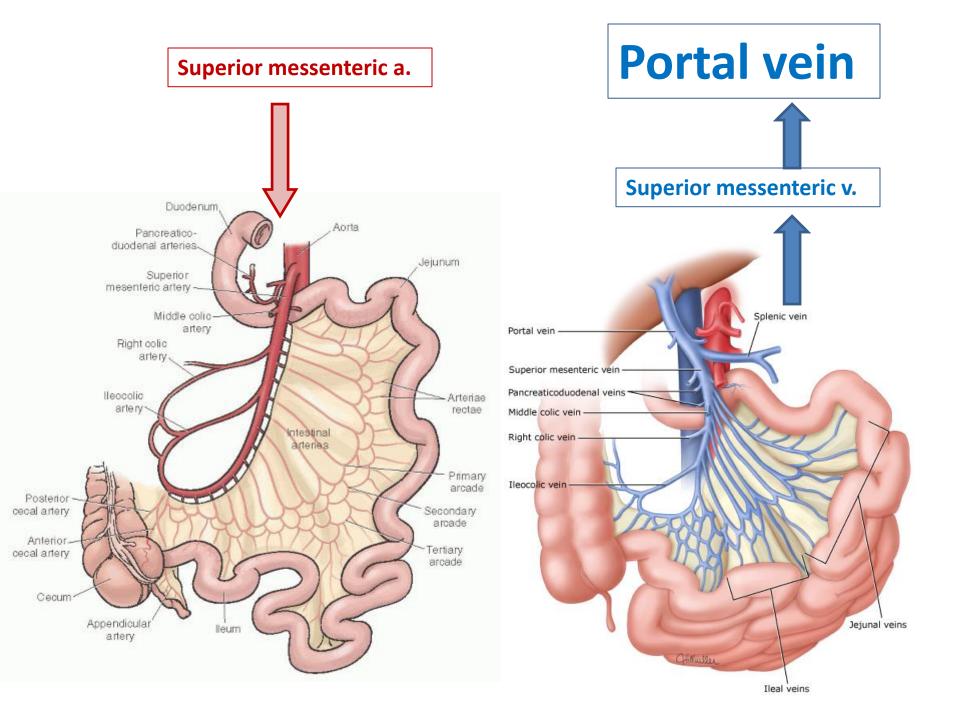
b Distal lleum

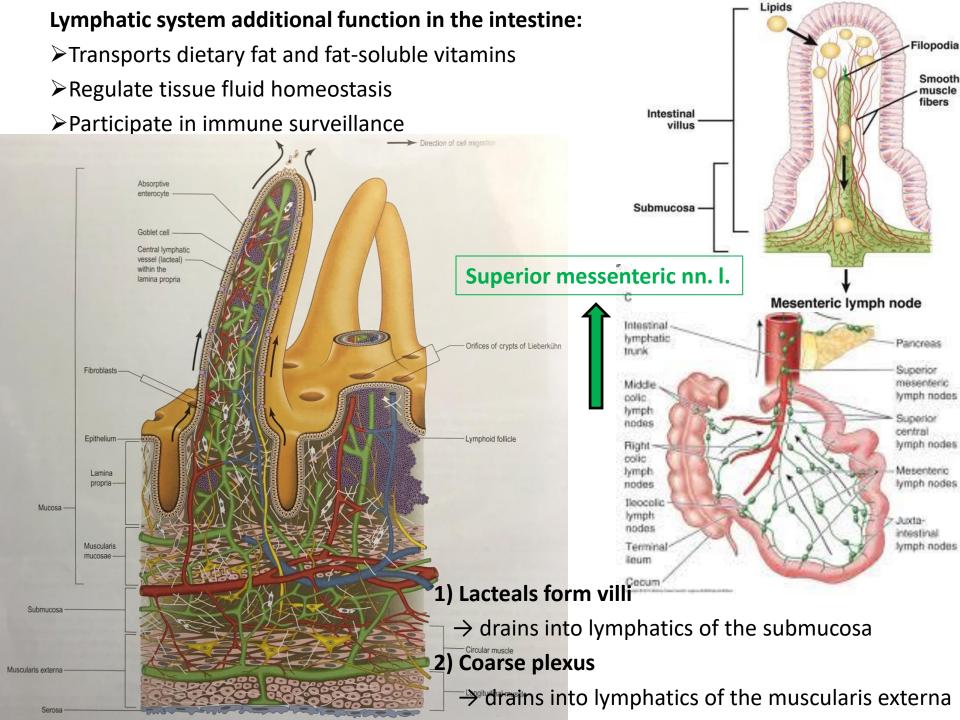
Jejunum Vs Ileum



Translucent

area





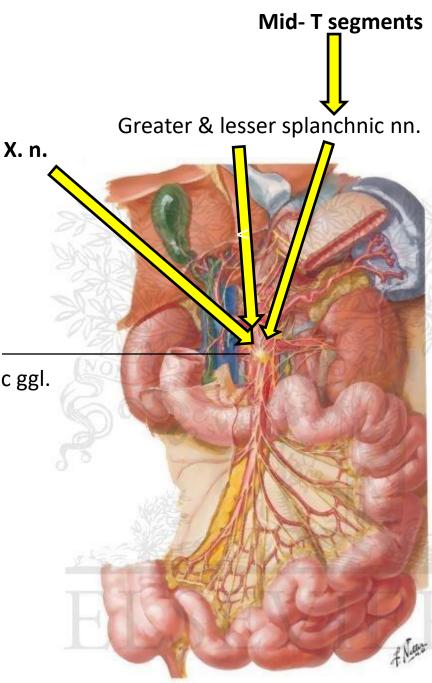
Sympathetic →

- Vasoconstriction
- Inhibits intestinal musculature
- Imunomodulatory role influencing mucosa-associated lymphoid tissue

Superior _____ Messenteric ggl.

Parasympathetic →

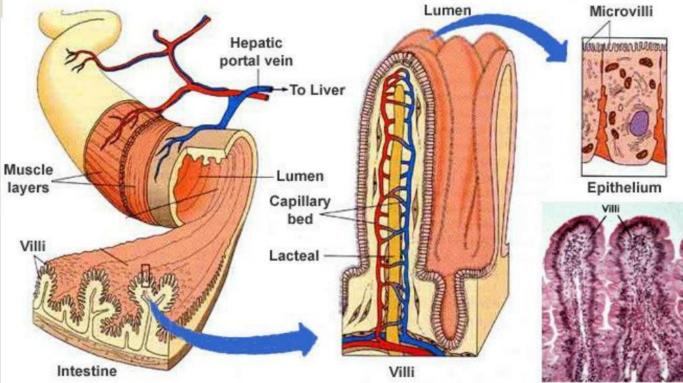
- Secretomotor to intestinal mucosa
- Coordinate intestinal musculature



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Circular Folds: \uparrow absorptive surface area & Enhance mechanical segmentation .

- Large folds of up to 8 mm in depth alternate with smaller ones.
- Begin to appear 2.5 5 cm post-pylorus .
- Relatively larger and closer together in distal duodenum and proximal jejunum.
- Diminish in size gradually until they disappear completely in the terminal ileum. Intestinal Villi: highly vascular projection that \uparrow absorptive surface area.
- Density = $10 40 / \text{mm}^2$, Hieght = 0.5 1.0 mm
- Broad ridges numerous in duodenum and proximal jejunum, gradually decrease in number and shorten to finger-like form in distal jejunum and ileum.



Intestinal Motility \leftrightarrow peristaltic conraction

*Video demonstration:

https://www.youtube.com/watch?app=desktop
&v=hKQ8eFpUKLs

Main Function: 1) Digestion

- Transient Time of semi-liguified ingested material = 4 hr (2 6 hr)
- Internal environment = pH 6 7.4 (weak acidic \leftrightarrow weak alkaline)
- Enzymes produced by the small intestine:
 - -**Maltase** \rightarrow breakdown of carbohydrates
 - -**Peptidase** \rightarrow breakdown of proteins
 - -**Sucrase** \rightarrow breakdown of carbohydrates
 - Lactase → breakdown of dairy carbohydrates [common Enzyme deficiency
 → lactose intolerance]
- Enzymes released in the small intestine (Produced by the pancreas):
 - -**Pancreatic amylase** \rightarrow breakdown of carbohydrates
 - -**Trypsin** \rightarrow breakdown of proteins
 - $-Lipase \rightarrow$ breakdown of lipids
- Other carbohydrates pass undigested into the large intestine and further handling by intestinal bacteria (normal flora).

Main Function: 2) Absorption

Majority of nutrients are absorped in the jejunum, with the following notable exceptions:

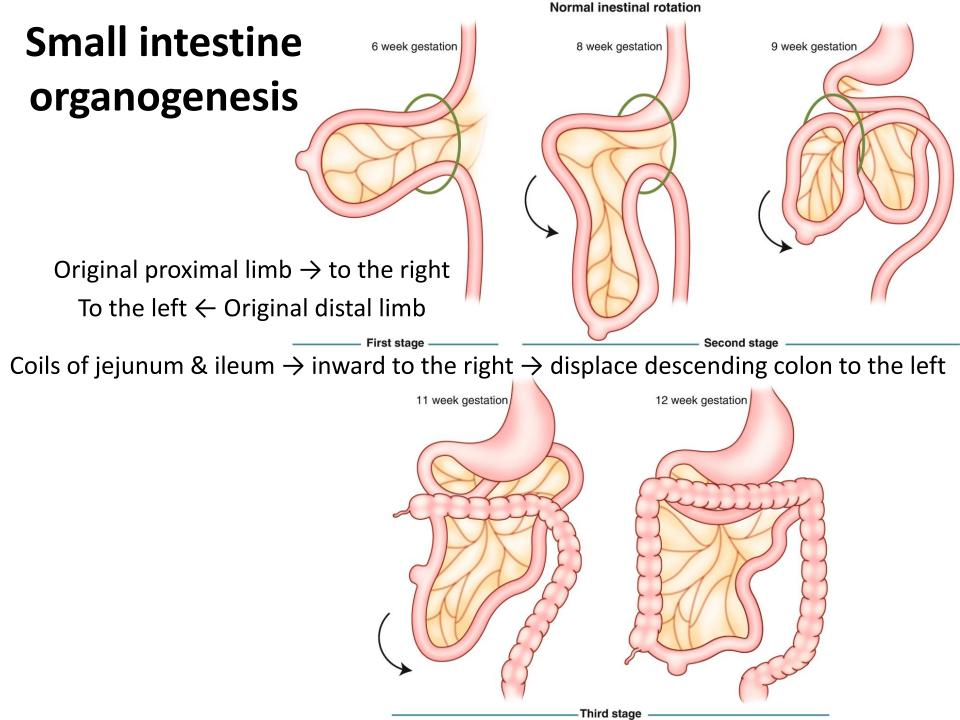
- **Iron** ← duodenum.
- Folate (Vitamin B9) ← duodenum and jejunum.
- Vitamin B12 ← terminal ileum.
- **Bile salts** ← terminal ileum.

Means of physical absorption

- Water-sloubles → by osmosis
- Lipids-sloubles → by passive diffusion throughout the lymphatic channels.

Malabsorption: abnormality in absorption of food nutrients across the GIT.

ightarrow State of malnutrition ightarrow anemias and growth delay



Congenital Anomalies

Malrotations of the Midgut

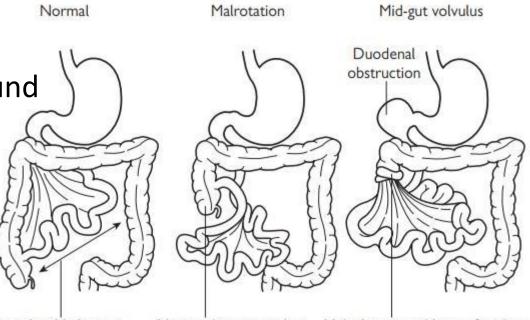
Occur when the midgut does not rotate normally as it retracts into the abdominal cavity.

 \rightarrow presents as intestinal obstruction shortly after birth.

predisposes the infant to a **volvulus:** wherein the intestines bind and twist around a short mesentery.

 \rightarrow block blood supply to a section of the intestines

 \rightarrow necrosis and gangrene.



Broad stable base to midgut mesentery. DJ flexure to left of midline, caecum in RIF Narrow base to midgut mesentery predisposes to volvulus

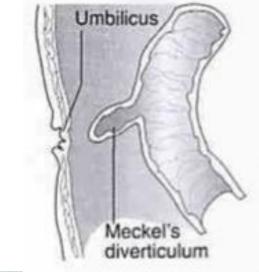
Volvulus around base of midgut causes bowel obstruction and mesenteric ischaemia leading to infarction of the midgut

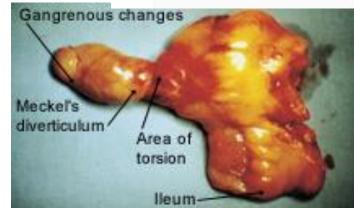
Congenital Anomalies

Meckel's Diverticulum (Ileum Diverticulum)

- 2-3%
- Remnant of the proximal part of the vitellointestinal duct.
- Projects from the anitmesenteric border of the terminal ileum.
- Commonly located 50-100cm from iliocecal junction.
- 2-5cm in adult patients.
- The apex is free but can connect to the umbilicus → congenital hernia
- Usually symptomatic but can get inflamed and consequently gangrenous.





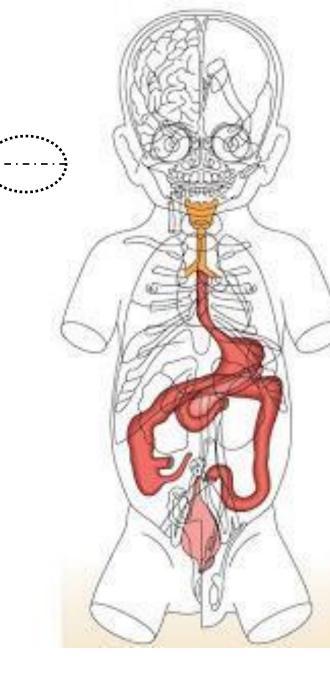


Neonatal Small Intestine

Oval-shaped mass (greater diameter is horizontal)

Vs in adult (greater diameter is vertical)

- Compressed inferiorly by the urinary bladder
- ➤ 300 350 cm long; 1-1.5 cm width when empty.
- ➤ There are few or no circular folds.
- Little fat in the mesentery.



Key notes summary

- ✓ Overview of the anatomical development of the primitive gut.
- ✓ The topographical **position** of GIT organs and its starting to ending sites.
- ✓ Subparts and **divisions** of the GIT organs.
- ✓ Ligament fixation of the GIT organs in their anatomical position.
- ✓ Syntopy of the GIT organs.
- ✓ Arterial blood supply of the GIT organs.
- ✓ Venous blood drainage of the GIT organs.
- ✓ Local **lymphatic drainage** of the GIT organs.
- ✓ Innervation of the GIT organs and its autonomic nervous system coordination.
- ✓ Microscopic anatomy of the **GIT layers**.
- Functional anatomy of the GIT organs and its basic anatomical dysfunctional defects.
- ✓ GIT organogenesis and maturation into neonatal and adult form beside common anatomical congenital defects.

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- Hudák, R., Kachlík, D., Volný, O.: Memorix Anatomy. 2nd edition, Triton, 2015. pp. 185-190.