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. In Russia, there are two by es of werewolves, the wawkalak and the bodark. The wawkalak is cursed by the Devil, and the bodark chooses to become a werewolf and can change whenever he wants to. There are multiple ways to become a werewolf. Some include:

Being bitten by a werewolf.

Making the Devil mad.

Reciting an incantation on a full moon.

There have been 56 cases of a mental disease called Clinical Lycanthropy which allows people to believe that they are turning into different animals when they aren't actually. This can come from people who have depression, bipolar disorder, and schizophrenia.



https://goo.gl/images/Gjbo6f

- There are different circumstances where a werewolf can change, most stories stating a full moon changes them.
- Ways to recognize a werewolf include a unibrow, hair under the tongue, and a really long walking stride/gait.



https://goo.gl/images/ofkhZH