



*Independent and Assisted Living in Woburn, MA*



## NEW RESIDENTS

**Nancy Mondello, Suite 489**, joins us from her condo in Andover. A Woburn native, Nancy (née O'Connor) grew up in Rag Rock and has maintained deep roots in the community ever since. She spent much of her career working as a medical secretary at Woburn Medical. A born caregiver, Nancy has nursed sick family members, worked as a home health aide for Minuteman Senior Services, and delivered meals on wheels until retiring at the age of 70.

**Jane Robinson, Suite 240**, was born and raised in Winchester. A mother of six, she at one time worked for Children's Own Montessori School. This veteran community member actually lived at New Horizons years ago with her late husband, **Malcolm**, and now returns home to us from the apartment they shared in Middleton. Jane enjoys socializing with her fellow residents and spending time with her family.

**Rosemary Sullivan, Suite 388**, was raised in upstate New York, attended a state university, and relocated to earn a master's degree from Harvard. She raised three daughters and spent the bulk of her career as an educator. An active member and past president of the Jenks Center in Winchester, Rosemary is already acquainted with many of her new neighbors. She has volunteered and traveled extensively, and especially enjoys poetry.

We extend a very warm welcome to Nancy, Jane, and Rosemary.

## HOLIDAY CRAFTS

Residents unleashed their creative talents this holiday season. Left to right: **Ginny Gimilaro** fashions sustainable decor, and **Toula Wouralis** and **Helen Sheeran** help trim the tree.



## HOLIDAY CRAFTS, continued

Pictured: **Jim Sheppard** displays his hand-decorated goodies, and **Maureen Copithorne** shows off her environmentally friendly wreath.



## NEW YEAR, NEW INFORMATION

The start of a new year is an opportune time to review and update the emergency instructions and legal documents you have on file at New Horizons. We encourage all residents to confirm that these directives contain the most current information. If you require assistance, please visit the Front Desk.

**Resident Information Sheet:** This form is used by emergency personnel in the event that a resident is transported to the emergency room. It includes emergency contact information, doctor's name, hospital of choice, and more. Although these sheets are maintained strictly as a courtesy, we encourage residents to notify New Horizons of any changes as they occur. To protect residents' privacy, the Resident Information Sheet does not contain any identifying medical insurance or Medicare membership information.

**Healthcare Proxy:** Is your agent still actively involved in your wellness? Is your alternate healthcare proxy still an appropriate backup? Does New Horizons have the name, email, and phone number of your agent so they may be reached in an emergency?

**Power of Attorney:** Is your choice still able to serve as power of attorney?

**IN MEMORIAM:** We are deeply saddened by the passing of long-time resident **Alice Hawley**. We send our heartfelt condolences to her family and her fellow residents on this great loss.



Find yourself, your family, and your friends in our posts. Come see the fun we have at **[New Horizons at Choate!](#)**